**CURRICULAM VITAE**



**Name : DHANUSHMATHY P D**

Address : Puliyammakkil House

South Paravoor P O

Ernakulam, Kerala

Contact Number : +918891338503

Email : dhanushmathypd@gmail.com

**Educational Qualifications**

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| --- | --- | --- | --- | --- | --- |
| **Sr No** | **Course Completed** | **Institution** | **Borad/University** | **Year** | **Percentage** |
| 1 | Bsc Nursing | School of Medical Education | Mahatma Gandhi University | 2004-2008 | First Yr - 65 % |
| Second Yr - 65 % |
| Third Yr - 70 % |
| Fourth Yr - 67 % |
| Grand Total - 67 % |
| 2 | Plus Two | KPMHSS Poothotta | Government of Kerala Board of Higher Secondary Education | 2002-2004 | 84% |
| 3 | SSLC | K P M H S, Poothotta | Government of Kerala Board of Public Examinations | 2002 | 93% |

**Professional Registration**

**Name of Nursing Council : Saudi Commission for Health Specialties, KSA**

Registration Number : 12KN0042141

Date of registration : 13-01-2013

**Name of Nursing Council : Kerala Nursing and Midwifery Council**

Registration Number : 47551

Date of registration : 27-04-2009

**Employment/Work Experience**

1. Dates of employment : 18-05-2009 to 18-05-2010

Name of Hospital : Amrita Institute of Medical Sciences Research Centre

City/State : Kochi, Kerala, India

Bed Capacity : 1200

Job Title/Designation : Nurse Intern

Department/Ward Allocation : Medical Ward (6 Months) Ortho Neuro Intensive careUnit (6 Months)

**Duties and responsibilities:**

Responsible to take care of patients mainly with different neurological conditions:

* Ventilator and Bipap patient.
* Patient with neuro surgical interventions
* Assist for central line, arterial line insertion and intubation.
* Maintenance of central line and peripheral line.
* Active member in code blue team (oral, IM, IV)
* Perceptor of new staff

1. Dates of Employment : 13-8-2010 to 06-03-2012

Name of Institution : Lakshmi Hospital

City/State : Ernakulam, Kerala

Job Title/Designation : Nursing Tutor Cum Clinical Instructor

**Duties and responsibilities:**

**\*** Provides clinical instruction to students in approved health care settings, adhering to the policies of the clinical setting and the college.

\* Discuss with students their concerns and prior problems directly or indirectly related to learning experience.

\* Responsible to assist the student to develop an understanding of values, attitudes and ideals appropriate to the health care profession.

\* Establish and maintain relationships with new and existing clinical sites.

\* To participate in faculty meetings, both formally and informally with didactic and clinical faculty members.

1. Dates of employment : 13-03-2012 to 12-11-2022

**Name of Hospital : Dammam Medical Complex, Ministry of Health K.S.A.**

City/State : Dammam, Eastern Province, K.S.A.

Bed Capacity : 423

Department/Ward Allocation : Adult Intensive Care Unit

1. **Staff Nurse**

**Job Description**

* Responsible for total patient care, including medications, orders and treatments.
* Assist the physician in performing special procedures and treatment.
* Evaluate the patient’s vital signs and laboratory data to determine emergency intervention needs.
* Administer blood and blood products, monitoring patients for signs and symptoms related to transfusion reactions.
* Administer medications intravenously, by injections, orally, through gastric tubes, or by other methods.
* Monitor patients for changes in status and indications of conditions such as septic or shock and institute appropriate interventions.
* Collaborate with other healthcare professionals to develop and revise treatment plans based on identified needs and assessment data.
* Document the patient’s treatment plans, interventions, outcomes or plan revisions.
* Set up and monitor medical equipment and devices such as cardiac monitors, mechanical ventilators and alarms, oxygen delivery devices, transducers and pressure lines.
* Assists in emergency nursing procedures necessary for immediate control changes in patient’s physical condition.
* Able to perform the techniques of cardiopulmonary resuscitation accurately and effectively.
* Risk management for patient safety – Use of Braden Scale, Morse’s Fall Risk Assessment Scale, Pain Assessment Scale, RASS score, CAM score, APACHE.
* Keeps abreast of changing techniques in critical care nursing and maintains a high level of expertise in critical care.

1. **Also performs Team Leader Duties**

**Job Description**

* Provide daily patient assignments according to patient acuity and the nurse’s capabilities and skills.
* Providing guidance and support to the newer and less experienced staff.
* Serves as a clinical resource person and assists nurses in assessing patient/family status to plan patient care.
* Organize and supervise the Narcotic Nurse and checking the Narcotic and Crash Cart.
* Check strictly if the initial assessment of patients is done entirely by the nurses while taking over.
* Check and ensure that Doctor’s order is carried out and the patients receive the correct treatment, diet and feeding.
* Facilitates and monitors activities related to patient care and sets the standard for accurate reporting and charting of patients’ symptoms, reactions and progress.
* Collaborates with the auxiliary support services to provide a safe , clean and secure environment.
* To ensure that all infusion pumps, syringe pumps, monitoring devices and respiratory equipment are set accurately and functioning well.
* Monitor utilization of equipment and supplies.
* Responds to Rapid Response Team (RRT Calls).
* Crisis Intervention - Calling the on call staff.
* Updating the daily and monthly census.
* Perform the ICU equipment inventory.
* Report equipment that is out of order to the biomedical team.
* Performs linen and laundry inventory.
* Monitors Negative Pressure of the Isolation rooms.

**Other Skills Accomplished**

\* Proper handover of patients based on the ISBAR method.

\* Patient advocacy & patient centred care.

\* Handling of Narcotic & Controlled Drug.

\* Dressing of central line & tracheostomy care.

\* Wound care management and different types of dressings.

\* Checking of Crash Cart Trolley.

\* Inter - Hospital & Intra - Hosital Patient Transportation.

**Cases Handled**

\*Medical cases - HTN, STROKE, DM, COVID - 19, PNEUMONIA, SARS, H1N1, MERS COV..

\* Surgical Case - MAXILOFACIAL, CHEST SURGERY, ORTHOPEDIC..

\* Neurological Cases - post CRANIOTOMY, post EVD, post VP SHUNT, PATIENTS with CERVICAL/SPINE problems.

\* TRAUMA patients.

\*Infectious Cases - HIV/AIDS, MENINGITIS, MALARIA, TUBERCULOSIS, HEPATITIS B/C

**Machines and Equipments Used**

\* Mechanical & Portable Ventilator

\* Nihon Kohden Cardiac Monitors

\* ECG Machine

\* Syringe & Infusion Pumps

\* Ultrasound Machine

\* ABG Machine

\* Crash Cart and defibrillator

\* BIPAP machine

\* Warmer machine

\* Sequential Compression device machine

\* Electric & Manual Bed and Stretcher (Stryker, Hill-Rom)

\* Portable and Suction Wall Machine

\* Feeding Machines - Compact (Nestle)

\* ECMO Machine

\* Portable Hepa- filter

\* PAP-R machine

**In Service Training Completed**

\* ACLS - Course of American Heart Association on 10th January 2021 to 10th January 2023

\* Basic Life Support Course of Saudi Heart Association on 4th January 2021 to 4th January 2023

**Personal Profile**

Name : Dhanushmathy P D

Date of birth : 05-05-1987

Gender : Female

Marital status : Married

Religion/caste : Hindu, Dheevara

Nationality : Indian

Languages known : English, Malayalam, Hindi, Arabic, Tamil

Personal Interests : Reading, Singing

**Employment References**

List employment references:

**Name : Granny Dorah Mekgwe**

Organisation : Dammam Medical Complex, Ministry of Health K.S.A.

Job Title : Head Nurse

Contact Number : Ph:00966549311984

Email : GDMekgwe@moh.gov.sa

**Name : Ameera Al Salem**

Organisation : Dammam Medical Complex, Ministry of Health K.S.A.

Job Title : Deputy Charge Nurse

Contact Number : Ph: 00966541680521

Email id : ammoalsalem@moh.gov.sa

**Declaration**

I hereby declare that this Curriculum Vitae is true and correct.

**DATE : 25-07-2023 Signature :**

**LOCATION: South Paravoor NAME : Dhanushmathy P D**