



Hamna Aboobacker

Social worker

About Me

To work in an organization which can provide me with varied opportunities to expand my knowledge and improve my skills and learn and grow both professionally and personally while working for the organisational goals.

My Contact

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☎ 9847592850131

📍 Panakkaparambil house
thrissur, Thalikkulam
680569

Hard Skill

- Communication skill
- problem solving skills
- leadership skills
- decision making skills
- organisation skills
- basic computer skills
- research skills
- Observation
- Decision making
- Communication
- Multi-tasking

Education Background

- Master of social work
Specialisation in medical and psychiatry
2018-2020 Gems arts and college
Ramapuram.
- Bsc
Psychology

2015-2018 Noble womens college Manjeri,
- +2 Biology science
2013-2015 VPMSNDPHSS Kazhimbram

Professional Experience

Project Assistant
2023- present
AIMS kochi
department of community medicine

Assistant professor
2022-2023
department of social work
ideal arts and science college cherpulassery

counsellor
2021-202
forever education and charitable trust cherpulassery

Language proficiency

Malayalam -Speak, Read, Write

English-Speak, Read, Write

Hindi-Speak, Read

Internships

Psychiatric social worker

Manassanthi hospital ramanattukara, Calicut January 2021- March 2021

1. During this period involved in taking MSE and case history of patients
2. Psycho educating patient and bystanders
3. Patient counselling
4. Discharge planning

Medical social worker

DM WIMS WAYANAD July 2020

Activities done include

1. ICTC counselling
2. Discharge planning
3. Patient advocacy
4. Feedback collection of patients

Psychiatric social work

National institute of mental health and neuroscience (NIMHANS)

Activities done include

1. Social Case work
2. Social group work
3. Worked in sections including child psychiatry, adolescent psychiatry, adult psychiatry, addiction and rehabilitation psychiatry, family psychiatry

Welfare services Ernakulam April 2019

Activities including:-

1. Documentation
 2. Organising programmes
 3. Conducting awareness classes
 4. Organising balasangam meetings
- Kudumbashree district mission 15 days (October)

Activities included:-

1. Organising programs
2. Documentation