



Thrishna T S

Social Worker

CONTACT ME

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ACHIEVEMENTS

- Kerala Chief Minister's Student Excellence Award, 2022.
- Presented a paper at the International Conference Dyuti@2023 at Rajagiri College of Social Sciences
- Took Lifeskill Training session for Professional Doctors and school children

PROFESSIONAL SKILLS

- Program Organization
- Time Management
- Team Work
- Leadership
- Client follow-up
- Research Skill

PROFILE

A dedicated and responsible Social work trainee interested to work with diverse population. Problem solver with an ability to adapt to new situations and a quick learner with a desire for continuous personal growth. Possess exceptional interpersonal skills for building rapport with a diverse range of people.

WORK EXPERIENCE

Internships

SOS Children's Village, Aluva

May 2023

Social Work intern

Assisted the assistant village director, conducted group work, observed important days, performed psychosocial assessments.

St. Philomena's Hospital, Bangalore

April 2023

Medical Social Work Intern

Assistance with PRO department and psychosocial assessment done among the patients

Cardinal Specialty Hospital, Kottayam

Sept. 2022

Psychiatric Social Work intern

Assisted the psychiatric social workers throughout the field work, did case work, psychosocial assessment, counseling sessions

Rajiv Youth Foundation

May 2022

Social work intern

Being a part of Jal Jeevan Mission (Central Government Project). Oriented to take PRA and conduct awareness program in each wards of four different Panchayats, in Muvatupuzha region

Peermade Development Society

Nov. 2021

Community Social work Intern

EDUCATION

Masters in Social Work |2023

Marian College Kuttikkanam (Autonomous)

Completed Masters in Social Work

Accomplished syllabus and training successfully with field practicum experiences.

CGPA 3.44

Bachelor's in Chemistry | 2021

Deva Matha College Kuravilangad

Completed graduation on BSc.Chemistry with 9.33/10(CCPA).

Higher Secondary | 2018

St.Mary's HSS, Kuravilangad

Passed higher secondary Public Examination with 91.4%.

High School | 2016

St.Mary's HS for Girl's, Kuravilangad

Passed 10th Public examination with 100%.

Personal Skills

- Empathy
- Adaptability
- Interpersonal communication
- Nonjudgmental attitude
- Critical thinking
- Multi tasking

Language

- English
- Malayalam
- Hindi

Reference

1. Ajesh P Joseph
+91 94473 27734
Asst. Professor, School of Social Work,
Marian College Kuttikkanam
2. Dr. Hari R S -
+91 9496330297
Asst. Professor, School of Social Work,
Marian College Kuttikkanam

Research Projects

1. *"Challenges faced by overseas students from India, in UK, Canada and Australia"*
2. *"Promoting Sustainable Health through Indigenous Food Crops: A Case Study on the Strategies Employed by Peermade Development Society" (Mini Research)*