

Relna Raveendran

CONTACT

+91 8891327988
relnaravi08@gmail.com
Kozhikode, Kerala

EDUCATION

Bsc Nursing
Mims college of nursing
KUHS
2012–2016

SKILLS

- Emergency room care
- Patient centric care
- Clinical practice
- Acute care
- Admission & discharge planing
- Risk assessment
- Staffing schedule
- Leadership
- Communication
- Medication administration
- ACLS BLS

LANGUAGES KNOWN

ENGLISH ,MALAYALAM ,KANNADA

PROFILE

Compassionate healthcare professional with five years of experience, committed to providing high quality patient care. Collaborates successfully with team to meet needs of busy units.

PROFESSIONAL EXPERIENCE

Senior staff Nurse , 09/2022 -06/2023
GMC orthopedic Hospital | Kozhikode Kerala |

Responsibility

- Conducted rounds with physicians to assist with treatment and patient care.
- Evaluated existing infection control and prevention practices to identify areas of improvement.
- Managed progression of care coordination between teams and across areas.
- Consistently monitored patient health and wellbeing to recognise deterioration and initiate appropriate action.
- Created staff rotas to guarantee optimal coverage on all shifts.

Covid care duty nurse , 3/2020 -10/2021
Primary Health Centre | Kozhikode Kerala |

Responsibility

- Used oral, topical and IV medications to manage patient symptoms
- Assisted team with developing balanced care plans incorporating physical, mental and social needs.
- Participated in health education programmes and nurse education activities in clinical and community settings.

Registered staff nurse , 9/2018 -5/2019

Meitra hospital | Kozhikode Kerala |

Responsibility

- Administered medication with meticulous attention to detail.
- Prepared patients for surgery by following strict hygiene and fasting procedures.
- Thoroughly disinfected and correctly stored hospital equipment to safeguard health of staff and maintain order within ward.
- Trained and mentored junior team members, strengthening high-functioning, efficient clinical teamwork.

Registered staff nurse ,4/2017- 9/2018

Columbia Asia hospital | Bangalore Karnataka

Responsibility

- Quickly responded to medical emergencies, working calmly and professionally under pressure.
- Administered medication in line with stringent drug regulations.