

## **CONTACT ME**

- \$ 9591435098
- riyaroy.7457@gmail.com
- Kidangan Manalookaran (H), St. Antony's Church Road, Kunnathangadi, Veluthur P.O, Thrissur, Kerala, 680012

## PROFESSIONAL QUALIFICATION

Master of Physiotherapy (MPT) Neurological and Psychosomatic Disorders

Nitte Institute of Physiotherapy, Nitte (Deemed to be) University, Mangaluru, Karnataka

2021-2023

#### **Bachelor of Physiotherapy (BPT)**

Nitte Institute of Physiotherapy, Nitte (Deemed to be) University, Mangaluru, Karnataka

2016-2021

# LANGUAGE SKILLS

- English (Fluent)
- Malayalam (Fluent)
- Hindi (Fluent)
- Kannada (Comprehensive)
- Tamil (Comprehensive)

# Riya Roy

#### **NEURO PHYSIOTHERAPIST**

## **CARRIER OBJECTIVE**

Seeking an interesting and challenging role as an Academician and Clinical Physiotherapist enabling me to utilize my education and develop new therapeutic skills. I am a very committed, caring and friendly Physiotherapist with a great passion of helping people of all ages. I have excellent communication skills – both written and oral, and possess an analytical approach to assess conditions and recovery goals. I enjoy working with a variety of different people and I am able to handle direct care and planning functions to help individuals succeed in treatment. I am greatly dedicated to learning more and have high aspirations to excel in my carrier and develop as a practitioner.

# **AREA OF EXPERTISE**

Master of Physiotherapy in Neurological and Psychosomatic Disorders.

# SKILLS AND QUALITIES

- · Evaluation of cases
- Excellent documentation management
- Conduct clinical assessments and tests
- Treatment planning, monitoring and re-assessment of effectiveness of treatment
- Exercise demonstration and therapy interventions
- Working in collaboration with multidisciplinary team
- · Coordinating direct care
- Interpersonal skills
- Presenting cases, regular preparation of case notes and report of patients
- · Coordinating referrals and attending rounds with consultant staffs
- · Handling other tasks of importance given by the department
- Extensive knowledge of new technologies and electrotherapy modalities

#### **EXPERIENCE**

- Private Physiotherapy Home Consultation upon reference and consultation of Orthopedic and Neuro Surgeons for about 2 years.
- Extensive COVID 19 services in COVID ICUs and wards during peak pandemic time.

#### **CERTIFICATION**

Certification for Yoga Therapy

## **BPT THESIS**

Rehabilitation for Patients with Spinal Muscular Atrophy: A Literature Review

#### MPT DISSERTATION

Analysis of Fall Incidence Rate and Risk Factors in an Inpatient Neurological Tertiary Care Hospital Setting using Morse Fall Scale: An Observational Study

# **ADDITIONAL SKILLS**

- · Computer skills
- Proficient knowledge about Microsoft Office, Word, PowerPoint, Excel.
- Database Software applications such as C++, Java, MySQL, HTML, Net Beans and various other applications.

### **CONFERENCE PRESENTATION**

- Poster Presentation Sports Connect 4 National Sports Conference, Punjab, Amritsar -2021.
- Paper presentation Nitte Physio Panacea 2022 International Physiotherapy Conference - Mangaluru, Karnataka.

#### CONFERENCE ACHIEVEMENT

 2nd Prize - Poster Presentation - Sports Connect 4 - National Sports Conference

### **EXTRA CURRICULAR**

#### **VOLUNTEERING:**

• Volunteered for National Service Scheme - 2016-2021

#### CONFERENCE/WORKSHOPS

- International Physiotherapy Conference- 2017
- BLS Workshop Certification course 2018
- Update on Neuropsychiatric Disorders 2018
- Preconference Scientific Workshop 2019
- Sports Connect 4 Incisive and Inclusive Rehabilitation 2021
- An Insight into Scientific Writing 2022
- Sensory Integration Approach in Sensory Processing Disorders 2022
- Physio Panacea 2022 International Physiotherapy Conference

#### **WEBINAR**

- Physiotherapy in Geriatric Care 2020
- Stroke Rehabilitation 2020

### ACADEMIC EXCELLENCE -

- Academic Topper Award MPT 1st Year
- University Topper Academic Year 2021- 2023

## **PERSONAL PROFILE**

Date of Birth : 13 March,1998 Gender : Female Marital Status : Single Nationality. : Indian

#### **DECLARATION**

I, hereby declare that the data furnished above are true to the best of my knowledge and understanding and willing to give best for the prosperity of this institution.

## **REFERENCE**

#### Prof. Dr. Dhanesh Kumar K.U

#### Principal

Phone: 9019431417

Email: principal.nipt@nitte.edu.in