

JAFLA NAZIR

PHYSIOTHERAPIST

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Kerala, India

EXPERIENCE

PHYSIOTHERAPIST (CRITICAL CARE ICU)

03/2019 - 03/2020

BABY MEMORIAL HOSPITAL, CALICUT - KERALA

- Performed Physiotherapy interventions in Critical Care ICU and Out-Patient Department according to patient's needs.
- Interpreted results and proposed intervention plans including short-term & long-term goals.
- Supervised Clinical students and Support staff.

CARDIAC PHYSIOTHERAPIST

01/2019 - 03/2019

METROMED INTERNATIONAL CARDIAC CENTRE, CALICUT - KERALA

- Carried out therapeutic interventions for cardiac patients in Cardiac ICU and In-Patient Department.
- Educated patients, families and caregivers on home exercise program that compliment therapy sessions.
- Provided Post-op counselling for patients and families.

EDUCATION

BACHELOR OF PHYSIOTHERAPY

2018

KERALA UNIVERSITY OF HEALTH SCIENCES - INDIA

Percentage - 61%

HIGHER SECONDARY SCHOOL CERTIFICATE

2013

CBSE - Ideal Indian School - DOHA, QATAR

Percentage - 84%

SKILLS

Acute care therapy

Interpersonal skills

Pain Management techniques

Time management

Patient Education

Documentation & Communication

LANGUAGES

ENGLISH

Fluent

ARABIC

Intermediate

MALAYALAM

Native

HINDI

Intermediate