

PROFILE

A dedicated social worker who is keen to help individuals to successfully navigate their medical care while working to achieve ultimate wellness.

PROFESSIONAL EXPERIENCE

GANGA SPINE INURY REHAB

Medical social work trainee

08/2022 – 11/2022 | coimpatore, india

- submitted 3 cases
- crisis intervention for a patient
- conduct cultural activities for patients.

HELPING HEARTS

Social work trainee

11/2021 – 01/2022 | coimpatore, india

- Being a part of rescue operation
- Intractated with mentally ill people &geriatric people.
- case taking.

COIMPATORE CANCER FOUNDATION

Medical social work trainee

01/2023 – 05/2023 | coimpatore, india

- Associated with home care team
- case taking and assesment
- case presentation
- knowledge about schemes and organaisations.

INSTITUTE OF PALLIATIVE MEDICINE, CALICUT

medical social work trainee

06/2023 – 07/2023 | calicut, india

- Being a part of A research about cancer patients and their care givers
- case sheet making
- Helped the nursing team with their proccedure .
- active participation in the out patient department
- went with the home care team
- actively participate in a fund raising programme
- compleated a WHO care givers training cource.

NAVEEN REHABILITATION HOME

PSYCHIATRIC SOCIAL WORKE TRAINEE

03/2022 – 05/2022 | COIMPATORE, INDIA

- Had an oppertunity to understand the mental disorders
- Learned about how to collect case history and M S E
- Got an idea about case management

ABDUL RAOOF R A

SOCIAL WORKER IN MEDICAL & PSYCHIATRY



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📍 THRISSUR,INDIA

📅 20/10/1999

🏳️ INDIAN

📄 244111888932

in ABDUL RAOOF R A

EDUCATION

MASTER OF SOCIAL WORK , MEDICAL & PSYCHIATRY

SRI KRISHNA ARTS & SCIENCE
COLLEGE , BHARATHIYAAR
UNIVERSITY

2021 – 2023 | COIMPATORE, INDIA

Bachelor of Arts - sociology

Distance education , Calicut
university

2017 – 2020 | Thrissur

Higher secondary education

Open school education

2015 – 2017 | Thrissur

LANGUAGES

MALAYALAM	● ● ● ● ●
TAMIL	● ● ● ● ●
ENGLISH	● ● ● ● ●
ARABIC	● ● ● ● ●

INTERESTS

WRITING

CINEMA ,SCRIPT WRITING , DRAMA, POEM

PALLIATIVE CARE

CARE GIVERS BURNOUT HANDLING

FOOTBALL

PHYSICAL STRENGTH

COURSES

FUNDEMENTAL OF INDIAN SOCIOLOGY

NPTEL

2023 – 2023

DECLARATION

SINCERELY WANT TO HELP MY CO INDIVIDUALS
BY USING MY RESOURCES AND MY OTHER SKILLS



ABDUL RAOOF R A
TRISSUR

SKILLS

TEAM WORK

LEADERSHIP & CO-ORDINATION

ADAPTABILITY

RAPPORT BUILDING

COMMUNICATION

CLEAR COMMUNICATION

OBSERVATION

ANALYSING

ADVERTISING

CONTENT WRITER

ORGANAISING

LEADERSHIP

CERTIFICATES

- TRAIN THE TRAINERS COURSE
PALLIATIVE CARE VOLUNTEERS
BY WHO
- Globalization of Health Care
Organized by the Department of
Psychology (AIHS & HEW),
AVINASHILINGM COLLEGE
Bagyalakshmi Arumugham
Institute of Mental Health &
Neurosciences (BIMHANS) Trust &
Mounam Medical Center

PROJECTS

STRESS AMONG FOOTBALL PLAYERS &IT'S IMPACT ON THEIR CAREER (01/2023 - 05/2023)

01/2023 – 05/2023

- It is problem which is should be
addressed