

DR. ABHIJITH DANIEL

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Objective

- Seeking a challenging position as a Junior Doctor in a reputable healthcare institution, where I can apply my medical knowledge, clinical skills, and passion for patient care.
- Committed to providing comprehensive and compassionate healthcare, I aim to contribute to a multidisciplinary team, enhance patient outcomes, and continue my professional growth in a supportive environment.

Education

Under Graduate
2017-2023

Bachelor of Medicine and Bachelor of Surgery - Pushpagiri Institute of Medical Sciences and Research Centre, Thiruvalla

Work Experience

Undergone one year of internship
14/06/2023 to
22/06/2023

Pushpagiri Institute of Medical Sciences and Research Centre, Thiruvalla.

- Managed patients in the Intensive Care Unit with hourly monitoring.
- Daily rounds on patients admitted under various departments, recorded their vitals and improvements along with changes in medications.
- Prepared discharge summaries, medical certificates and death summaries.
- Assisted in major surgeries including thyroidectomy, mastectomy, laproscopic and open hernioplasty, skin grafts, internal fixation of various fractures including implant fixation and removal.
- Treated patients in the emergency departments with triaging, assisted in primary interventions and performed suturing of wounds.
- Assisted in more than 30 normal deliveries and Cesarean sections.

Junior Doctor
From 06/02/2023 to
02/03/2023

Pushpagiri Urban Health Centre, Mathilbhagam, Thiruvalla

- Conducted general and systemic examinations of patients in an OP setup.
- Recorded medical history of patients with current medications.
- Diagnosed common illnesses and prescribed medications for the same.
- Performed cleaning, suturing and dressing of wounds.

Junior Doctor
06/03/2023 to
30/03/2023

Pushpagiri Rural Health Centre, Pulicunnu, Alappuzha

- Diagnosed common illnesses and prescribed medications for the same.
- Recorded vitals of patients along with detailed history.
- Administered vaccines, IM injections, performed cannulation of vein and maintained IV infusions.
- Maintained medical records and registers of all patients visiting the facility.
- Given home care to bedridden patients in the locality.

Strengths

- Compassionate and provide patient centred care.
- Works effectively within multidisciplinary teams to optimise patient care.
- Ability to effectively communicate medical information along with maintaining good rapport with patients.
- Good at prioritizing tasks and managing a demanding workload.
- Good analytical and planning skills.
- Excellent and quick judgement according to the situation.
- Ability to thrive in dynamic and challenging situations.
- Good theoretical base.

Skills

- Catheterization
- Suturing skills (Simple, mattress and subcuticular)
- Ryles tube insertion.
- Ascitic fluid tapping.
- Analyse and interpret ECGs.
- Analyse and interpret X-rays and head CT.
- Analyse and interpret ABGs.

- Cardiopulmonary resuscitation.
- Assisted in normal deliveries.
- Immunization.
- Documented MLC and familiar with the procedures.
- IV cannulation and injections.

Research Work

- Successfully completed ICMR short term studentship under Dr. Ajith V, Associate Professor of Microbiology, Sree Gokulam Medical College for the project entitled, "A retrospective laboratory based surveillance of respiratory fungal infections during pre and post flood months in Kerala".
- Presented the paper, "A retrospective laboratory based surveillance of respiratory fungal infections during pre and post flood months in Kerala" in the Amrita Annual National Undergraduate Medical Summit 2021.
- Currently working on the project entitled Sex-based disparities in Pediatric and Adult TBI outcomes: A National Inpatient Sample (NIS)-based analysis under the guidance of Dr. Binu Tharakan, Associate Professor & Vice Chair of Research, Department of Surgery, Morehouse School of Medicine, Atlanta, Georgia, United States.
- Under submission; project entitled Matrix Metalloproteinase-9 Inhibitors as Therapeutic Drugs for Traumatic Brain Injury under the guidance of Dr. Binu Tharakan, Associate Professor & Vice Chair of Research, Department of Surgery, Morehouse School of Medicine, Atlanta, Georgia, United States.

Other Activities

- Core member of "Mithra" a charitable student initiative to help the poor and needy patients of Pushpagiri Medical College, Thiruvalla.
- Team member of Pushpagiri Mens Basketball Team and participated in 3 KUHS interzonal basketball tournaments and won various other tournaments.
- General convenor of 16th Graduation Ceremony of Pushpagiri Medical College, Thiruvalla.

Interests

- Basketball
- Video Editing
- Reading