

# STEPHY MATHEW

To achieve a position where get experience and expand my academic knowledge while contributing creative solution toward the problems of people. I am willing to work as a key player in challenging and creative environment.



## INTERNSHIP

### • Louise Mount Hospital Wayanad (June 2023 to July 2023)

Completed 30 days of block placement, learned about different psychotic and substance use disorders and conducted many activities including case work and group work. Assisted with social worker and played the role of team leader. Learned about psychiatric illness and how to take case history and MSE of a patient.

### • Victoria Hospital Bangalore (January 2023 to April 2023)

Completed 24 days of field work, learned about different psychiatric disorders. Assisted with psychiatric social worker and conducted psycho social assessment for patients. Conducted case work and group work. Conducted Community visit.

### • Kidawai Memorial Institute of Oncology Bangalore (September 2022 to November 2022)

Completed 25 days of field work, learned different schemes and polices for the beneficiaries provided by government, Conducted case work and group work. Learned about each department and role of social worker in medical setting. Detailed understanding about pain relief Centre.

### • PEOPLE'S Trust Bangalore (June 2022)

Completed 25 days of field work, learned various aspects of project formulation for socio-economic programs, conducted and volunteered Homeopathy and eye camp for the community. Conducted group work with school children and volunteered in vocational training programs. Maintenance of various programs records at grass root level

### • World Vision Bangalore (March 2021 to April 2021)

Completed 25 days of internship under World Vision, work with children and women led projects. Conducted socio-ecomic status survey in the community to identify the demographic profile of the beneficiaries of the project. Conducted and Volunteered a community birthday program for children, Documented and filed details of the beneficiaries for updating database.

### • Talaash Association Bangalore (February-2020)

Completed one-month internship under women and child protection wing especially for Child rights and Combating Trafficking in persons.

### • National Health Mission Idukki (21st June 2019 To 07th September-2019)

Completed internship under National Health Mission at Taluk Head Quarters Hospital Peermade and Learned Organization Structure. Conducted a Medical Camp and Awareness Class as Community Programme. Moreover, conducted a Project Proposal and Case Study and a Group Activity.

### • Shreyas Organization for Sustainable Development And Justice (January-2019)

Completed one-month placement, learned Administrative Structure Organizational Profile, conducted Group Work for persons with disability and Tribal Children. Conducted Recovery phase activities for the victims of Kerala Floods 2018, Conducted social experiment survey at Bathery Municipality and Conducted survey among tribal community for mini research. Moreover, conducted Community Programme for tribal community and Awareness programme about cancer in school.

### • Welfare Services Ernakulam (16th July To 10th August-2018)

Completed one-month field placement and learned Organization Structure and take part in all activities in the NGO. Activities such as data collection, Group Work Sessions, House Visits, Community Organization and SHG formation of Community Based Rehabilitation programmers of the differently abled (CBR) and also made interactions with PRIs, Anganwadis and the related other Govt. institutions to understand and Govt. Schemes. Moreover, conducted PRA to identify needs and resources of the community and Volunteered Senior Citizens Forum meeting. As a part of 'Karidaka Varacharanam' visited Old Age Home and interacted with its inmates and volunteered. And actively involved in data entry of Vidyarthi Suraksha Insurance programme and learnt the functioning of Child Line Programme and volunteered in Child Line Help Desk at South Railway Station at Ernakulam.

### • Divine Providence Trust Rajakad (16th April to 1st May-2018)

Completed a Voluntary Internship of 14 days under Divine Providence Trust Rajakad and conducted individual Case Studies, conducted awareness class for adolescents in Trust and assisted office and organization jobs.



## PERSONAL

- Name**  
STEPHY MATHEW
- Address**  
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Pallikavala, Idukki, Kerala  
685511 KATTAPPANA
- Phone number**  
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- Email**  
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## INTERESTS

- Drawing, Arts and Crafts, Cooking,  
Listening Music

## LANGUAGES

- ENGLISH ★ ★ ★ ★
- Malayalam ★ ★ ★ ★
- Tamil ★



## ACTIVE PARTICIPATION

- International conference on Climate Curriculum on February 7th and 8th by Department of Social Work, Kristu Jayanti College International conference on Climate Curriculum on February 7th and 8th by Department of Social Work, Kristu Jayanti College
- Social Work Practice with Migrant and Refugees International Conference on February 22nd and 23rd by Department of Social Work, Kristu Jayanti College
- National workshop on Social Innovation on the theme 'Sustainable Development of Women and Children' on 15th and 16th February At School of Social Work, Marian College Kuttikanam.
- Organizational Involvement MOCHANA conducted by Childline Idukki on 30th November 2019.
- POCSO Awareness Class conducted by Childline Idukki on October 26th 2019.
- Social Work Practice with Migrant and Refugees International Conference on February 22nd and 23rd by Department of Social Work, Kristu Jayanti College
- National workshop on Social Innovation on the theme 'Sustainable Development of Women and Children' on 15th and 16th February At School of Social Work, Marian College Kuttikanam.
- Organizational Involvement MOCHANA conducted by Childline Idukki on 30th November 2019.
- POCSO Awareness Class conducted by Childline Idukki on October 26th 2019.



## EDUCATION AND QUALIFICATIONS

- Nov 2018 - Jul 2018 **Master of Social Work**  
Kristu Jayanti College (Autonomous), Bengaluru, Bengaluru, North University
- Sep 2018 - Jul 2020 **Bachelor of Social Work**  
Marian College, Kuttikanam, Affiliated to Mahatma Gandhi University
- Sep 2023 - Jul 2023 **HIGHER SECONDARY**  
Auxilium School, Kattappana, Government of Kerala, Board of Higher Secondary Examination, Thiruvananthapuram
- Sep 2023 - Jul 2023 **SSLC**  
Ossanam English Medium School, Kattappana, Government of Kerala



## CERTIFICATE COURSES

- Aug 2022 - Aug 2022 **Disaster Management, Value Added Course**  
Kristu Jayanti College Certificate of Participation  
Aug'22 Offered by Dept. of Social Work - Kristu Jayanti College Certificate of Participation
- Aug 2021 - Aug 2021 **Frontiers of Social Change**  
Kristu Jayanti College Grade 'O' (Outstanding)  
Value Added Course Aug'21 Offered by Dept. of Social Work - Kristu Jayanti College Grade 'O' (Outstanding)
- Nov 2017 - Nov 2017 **Integrated Child Development Services**  
Kristu Jayanti College  
Workshop on 17th November 2017 Grade A (Excellent)



## ACHIEVEMENTS

- Student membership on Kerala Association of Professional Social Workers (KAPS) – (2017-2020)
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## LEADERSHIP ROLE

- **Hospitality Head** for National Conference of Climate Curriculum of MSW batch 2021-23, Kristu Jayanti College.
  - **Team Leader** for Minor Project of MSW batch 2021-2023, Kristu Jayanti College.
  - **Food Committee Leader** for the Social Work Camp of MSW batch 2021-23, Kristu Jayanti College.
  - **Food Committee Leader** for National Conference on Migrant and Refugees of MSW batch 2021-23, Kristu Jayanti College.
  - **Working Committee Leader** for the Social Work Camp of BSW batch 2017-2020, Marian College Kuttikanam.
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## COMPUTER PROFICIENCY

MS Excel

MS Word

MS Power Point

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## PERSONAL STRENGTHS

- Acceptance
  - Advocacy
  - MS Excel
  - MS Word
  - MS Power Point
  - Active listening
  - Active communication
  - Adaptive
  - Critical Thinking
  - Conflict resolution
  - Cultural Competence
  - Dedicated
  - Determinate
  - Flexible
  - Individualization
  - Inter personal skills
  - Non-judgmental attitude
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## REFERENCES



Centre for Life Skills  
Education Kristu  
Jayanti College

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