

# Dr. Asha Alexander

MBBS, MS ENT

Patient-focused Physician specializing in ENT, providing high quality, personal levels of healthcare to patients in all clinical environments. Excellent assessment, examination and intake skills. Develops customized treatment plans to address both symptoms and underlying causes of diverse conditions. Devoted to providing compassionate and warm caring approach to patients and persistent in finding best treatment options available.

## Work History

2020-06 - 2021-11	<b>Junior Consultant</b> <i>Tiruvalla Medical Mission Hospital, Tiruvalla</i>
2019-10 - 2020-05	<b>Consultant</b> <i>Lifeline Polyclinic Kannur Mangalore , Mangalore</i>

## Other Experience

- Internship done at Pushpagiri Institute of Medical Science and Research Centre, Tiruvalla.
- Worked as a Junior Resident(P.G) at A.J.Institute of Medical Sciences and Research Centre, Mangalore
- Worked in department of Head and Neck Oncology in Kidwai Memorial Institute of Oncology Bangalore
- Completed one month of observer ship at Renai Medicity Hospital, Ernakulum

## Job Profile

Managed outpatient department, Emergencies, Ward patient management, Post op patient management

- Conducted all minor outpatient procedures like Diagnostic nasal endoscopy, Indirect Laryngoscopy, Video Laryngoscopy, Foreign body removal, Syringing, Suture removal, Biopsies etc.
- Conducted minor OT procedures like Keloid excision,



## Contact

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## Languages

English, Malayalam, Hindi & Kannada

Mucus retention cyst removal, Epidermoid cyst removal, Suturing lacerated wounds, Ear lobe repair, Anterior nasal packing, Posterior nasal packing, Foreign body removal, Pseudocyst excision, Incision and drainage etc.

- Conducted surgical procedures like Septoplasty, Sub mucous resection, Polypectomy, Uncinectomy, Myringotomy and Grommet insertion, Tympanoplasty, Keloid excision, Tonsillectomy, Tracheostomy, Adenoidectomy, Biopsies, Direct Laryngoscopy, Vallecular cyst excision, Pre-auricular cyst and fistula excision, Branchial fistula and cyst excision, Nasal bone fracture repair, Tracheostomy closure etc.
- Assisted major surgical procedures like Thyroidectomy, Superficial Parotidectomy, Sub mandibular gland excision, Thyroglossal duct cyst excision, Neck dissection, Hemi glossectomy, Medial Maxillectomy, Rhinoplasty, Caldwell luc Procedure, Zygomatic fracture repair, Cortical mastoidectomy, Modified Radical Mastoidectomy, Micro laryngeal surgery, Lymph node biopsy etc.

## Poster Presentation

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Presented in 33rd AOIKCON 2015 held from 18th – 20th September 2015 on “Extranasopharyngeal Angiofibroma of the nasal septum”

## Paper Presentation

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Presented in 34th AOIKCON 2016 held from 8th – 11th September 2016 on “A case series on Capsular dissection-A preferred technique in total thyroidectomy.”

## Publication

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Submitted a paper entitled “Extranasopharyngeal Angiofibroma-Report of three cases and review of literature”.

Conferences Attended:

- 34th AOIKCON 2016 held from 8-11 Sept 2016 at SIMS, Shivamogga.
- 33rd AOIKCON 2015 held from 18-20 Sept 2015 at NIMHANS, Bangalore.

- Association of Otolaryngologists of India 11th South Zone and 14th Kerala State Annual Conference held at Lulu International Convention Center, Thrissur from 9th to 11th October 2015.

## Education

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2014-06 - 2017-05	Master of Surgery: ENT <i>A.J Institute of Medical Science &amp; Research Centre - Mangalore, Karnataka</i>
2007-09 - 2014-01	MBBS <i>Pushpagiri Medical College - Tiruvalla, Kerala</i>
2006-03 - 2007-03	HSC <i>Sharjah Indian School - Sharjah, UAE</i>
2004-03 - 2005-03	SSC <i>Emirates National School - Sharjah, UAE</i>

## Certification of Achievements

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- 1) Basic Life Support (BLS) Certification from American Heart Association (AHA)
- 2) Advanced Basic Life Support (ACLS) Certification From American Heart Association (AHA)
- 3) Good Computer Knowledge of MS tools, office and Internet

## Reference

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- Dr. Sheirly Varghese, MBBS, DLO, Consultant ENT Surgeon at Tiruvilla Medical Mission Hospital, Tiruvalla
- Dr. Devan P.P, MBBS, MS ENT, HOD and Consultant ENT Surgeon of AJ Institute of Medical Sciences and Research Centre
- Dr. Divya Damodar, MBBS, MS ENT, Medical Director of Lifeline Kannur Polyclinic, Kannur, Mangalore