



abinsabu1094@gmail.com



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Kollam, Kerala India

EDUCATION

BE in Mechanical Engineering, Graduated from Anna University, Chennai) A.R College of Engineering And Technology, Kadayam, 2016

HIGHER SECONDARY (SCIENCE), SN Trusts Higher Secondary School, Punalur, 2012

SSLC, St. Goretti High School Punalur, Kollam, 2010

CERTIFICATION

NEBOSH-International General Certification

- Diploma in Fire & Safety Management
- Certification in First Aid (HABC UK)

ABIN SABU

HSE OFFICER

PROFESSIONAL SUMMARY

Knowledgeable professional eager to leverage knowledge in occupational health and safety. Qualified to create safety policies, conduct inspections and deliver training. Smart and efficient with relevant software and technology for data analysis and reporting. To seek and maintain full-time position that offers professional challenges utilizing interpersonal skills, excellent time management and problem-solving skills.

KEY SKILLS

- Safety Inspections
- Emergency Protocol
- Preventing Incidents
- Occupational Health Hazards
- Preventive Measures
- Risk Identification
- Document Review

WORK HISTORY

June 2021 - December 2022

Bharat Petroleum Company Limited - Health and Safety Officer, Kerala, India

- Directed post-accident investigations and prepared reports to identify possible accident causes and hazards.
- Conducted job safety analysis and personal protective equipment analysis to identify hazards for elimination and select proper safety equipment to protect employees from hazards of job.
- Trained staff and contractors on company procedures and OSHA and EPA requirements such as blood borne pathogens, respiratory protection and waste management.
- Recommended measures to help protect workers from potentially hazardous work methods, processes and materials.
- Developed recommendations to reduce hazards by improving gear, behaviors and procedures.

CERTIFICATION

- QA/QC Mechanical
- NDT Level – 2, QC Welding, Piping & Engineering.
- Radiographic Testing, Ultrasonic Testing, Liquid Penetrant Testing.
- Magnetic Particle Testing.

LANGUAGES

English

Advanced (C1)

Malayalam

Bilingual or Proficient (C2)

Tamil

Intermediate (B1)

Hindi

Intermediate (B1)

SOFTWARE PROFICIENCY

MS Office

Word | Excel | PowerPoint

PERSONAL INFO

Nationality : Indian.

Gender : Male

DOB. : 10-04-1994

Marital Status : Married

Passport No: P5375164

Date of Issue : 03-04-2017

Date of Expiry : 02-04-2027

- Optimized new employee training on gear and procedures to maximize team safety.
- Collected samples of materials and coordinated testing for hazardous conditions.
- Determined nature of code violations and issued written notices of violation.
- Provided new-employee health and safety orientations and developed materials for presentations.
- Identified accident causes and optimal prevention strategies by conducting thorough investigations and analyses.

October 2018 - April 2021

HAMAD MEDICAL CORPORATION - Health and Safety Officer, Doha, Qatar

- Directed post-accident investigations and prepared reports to identify possible accident causes and hazards.
- Conducted job safety analysis and personal protective equipment analysis to identify hazards for elimination and select proper safety equipment to protect employees from hazards of job.
- Trained staff and contractors on company procedures and OSHA and EPA requirements such as blood borne pathogens, respiratory protection and waste management.
- Determined nature of code violations and issued written notices of violation.
- Provided new-employee health and safety orientations and developed materials for presentations.
- Identified accident causes and optimal prevention strategies by conducting thorough investigations and analyses.
- Recommended measures to help protect workers from potentially hazardous work methods, processes and materials.
- Developed recommendations to reduce hazards by improving gear, behaviors and procedures.
- Optimized new employee training on gear and procedures to maximize team safety.
- Collected samples of materials and coordinated testing for hazardous conditions.

July 2017 - August 2018

Padam Interior Construction - HSE Officer, Bangalore, India

- Communicated safety and environmental training material to employees and coached individuals on safety regulations and compliance.

HOBBIES & INTEREST

- Music
- Travel
- Sports
- Movies

- Prepared and implemented health and safety plans to protect employees and materials for construction projects.
 - Created customized care plans, working with hospital staff and families to assess and meet individual needs.
 - Designed and introduced leadership development, coaching and team management model, resulting in promotion of employees into increased levels of responsibility.
 - Implemented best practice standards for billing resulting in substantial reduction of accounts receivable delays.
 - Scheduled surgeries, managed pre-certifications and verified insurance coverage.
 - Evaluated patient care and initiated procedural changes for increased benefit.
 - Reviewed work procedures and operational problems to determine ways to improve service, performance and safety.
 - Organized and directed worker training programs to resolve personnel problems, hire new staff and evaluate employee performance.
 - Recruited, hired and trained all staff, providing direct supervision, ongoing staff development and continuing education to employees.
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STRENGTHS & QUALITIES

- Commercial Awareness
 - Teamworking Skills
 - Caring about other people.
 - Collaborating and working well together with others.
 - Comforting people when they need it.
 - Conflict management and resolution skills.
 - Encouraging and inspiring people to do their best.
 - Flexibility in thinking and operating style.
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DECLARATION

I hereby declare that the above written particulars are true and correct to the best of my knowledge and belief.

ABIN SABU