

Jerry P. Mathew, Clinical Psychologist

Sex: Male | Date of birth: 27/10/1995 | Nationality: Indian



B.Sc. Psychology, M.Sc. Psychology (Clinical), SET

M.Phil. Clinical Psychology (RCI Recognized)-AIMS, Kochi

Ph.D. Scholar in Psychology (Part time), Shri Venkateshwara University, Gajraula, UP

Contact:

+919048495697, +917012074654

jerrymathews14@gmail.com

An ambitious and diligent professional looking forward for enriching experiences of clinical/Academic practice in the field of Clinical Psychology.

Professional Experience

- Consultant Clinical Psychologist, Department of Clinical Psychology, Marian Medical centre, Pala (From June 1st 2022 – Present)

Leading the department and working as a full-time consultant. Engaged in Individual and family/couple therapy as well as psychological assessments. Started Public mental health programme in the hospital that gives free programmes related to the promotion of mental health.

- M.Phil. Clinical Psychology Trainee, AIMS, Kochi (August 2019- April 2022)
2-years clinical practice in AIMS as part of the M.Phil. course, Kochi which consisted on the intensive training and practice of psychological evaluation, assessment and psychotherapy

- Assistant Professor, Department of Psychology, Presentation College of Applied Sciences, Puthenvelikkara- Affiliated to Mahatma Gandhi University, Kottayam (From October 2018 to August 2019)

Worked as an Assistant professor of the department. Proven to be hard working and result oriented in those duties assigned to me. Promoted as the head of the department from June 2019. Resigned from the post to pursue higher studies

Internships

Organization	Designation	Duration
St. Gregorios Multi Specialty Hospital, Parumala	<i>Clinical Psychology Intern</i>	24 th April 2017 - 06 th May 2017
Govt. General Hospital,Ernakulum	<i>Clinical Psychology Intern</i>	09 th April 2018- 14th May 2018

Educational Qualification

Year	Institution	Course	CGPA/%
2022	Amrita School of Medicine, Kochi	<i>M.Phil. Clinical Psychology (RCI recognized)</i>	First Class
2018	Union Christian College, Aluva	<i>M. Sc Psychology (Clinical)</i>	3.40/4.00
2016	Union Christian College, Aluva	<i>B.Sc. Psychology</i>	7.69/10
2012	Abraham Mar Thoma Memorial Higher Secondary School, Edayaranmula, Pathanamthitta	<i>HSE (Kerala State)</i>	85%
2010	Abraham Mar Thoma Memorial Higher Secondary School, Edayaranmula, Pathanamthitta	<i>SSLC (Kerala State)</i>	>90%

Additional Qualification

- RCI Registered Rehabilitation Professional Reg No. A81804
- Qualified State Eligibility Test- Feb 2018

Research Experience

- Post PG Level (M.Phil. Clinical Psychology)

Title

Personality, perceived social support psychological well- being and excessive smart phone use among emerging adults

Description

M.Phil. Dissertation submitted to Amrita Vishwa Vidyapeetham University, under the guidance of Mr. Sreehari R., Clinical Assistant Professor, AIMS, Kochi

Duration

October 2019 – April 2022

- Post Graduate Level (M.Sc. Psychology specialized in clinical psychology)

Title

Psychological correlates of drug abuse among young adults

Description

PG Dissertation submitted to Mahatma Gandhi university, Kottayam under the Guidance of Dr. Malini R, Assistant Professor, Department of Psychology, Union Christian college, Aluva

Duration

November 2015 - March 2017

- Graduate Level (B.Sc. Psychology)

Title

Emotional Maturity and Loneliness as Correlates of Life Satisfaction among Adolescents

Description

UG Dissertation submitted to Mahatma Gandhi university, Kottayam under the Guidance of Dr. Seena M. Mathai (Assistant Professor, Department of Psychology, Union Christian college, Aluva)

Duration

November 2015 - March 2017

Research Guidance

Guided Students in the given below dissertations submitted as the UG dissertation to Mahatma Gandhi University, Kottayam

- Emotional Intelligence and Social Adjustment of Adolescents in Relation with Working Status of Mothers (2018)
- Personality Correlates of Marital Satisfaction Among Young Adults (2018)

Publications

Published a paper on [Emotional Maturity and Loneliness as Correlates of Life Satisfaction among Adolescents](#) in the international journal of management and social science

Link: <http://dx.doi.org/10.21013/jmss.v3.n3.p16>

Conferences and Presentations

- Attended the conference and presented an academic research paper on “Emotional Maturity and Loneliness as Correlates of Life Satisfaction among Adolescents” in Bangalore university
- Attended the conference and presented an academic research paper on “Life satisfaction, affectivity and love attitude among adolescents” in the 4th international and 6th national psychological science congress held at Punjab University
- Attended the conference and presented an academic research paper titled "Personality and Problematic Smartphone Use Among Emerging Adults: An Online Survey" at the 3rd APSPA International Conference 2022 Organized by the Graduate School of Human Sciences, Assumption University in Association with the Asia Pacific School Psychology Association

Achievements and Awards

Second Rank in the Mahatma Gandhi University M.Sc. Psychology (2016 -18 Batch)

Extra-Curricular Activities

Served as the Volunteer Secretary of National Service Scheme Units of Union Christian College, Aluva (2014)

Personal Skills

- **Language Skills**

Malayalam (Professional Proficiency)

English (Professional Proficiency)

- **Computer Skills**

Statistical Package for Social Sciences (SPSS) MS Word, MS PowerPoint, MS Office, MS Excel

- **Job-related Skills**

- ❖ Excellent skills to design and coordinate programme related to the field of Clinical Psychology
- ❖ Expert in diagnosis and management of different psychiatric disorders
- ❖ Expert in Counselling and Psychotherapy
- ❖ Expert in Neuropsychological assessment and rehabilitation
- ❖ Expert in Intellectual assessment

- ❖ Expert in Personality assessment
- ❖ Able to teach effectively, the various fields of Psychology
- ❖ Excellent communication skills
- ❖ Excellent Interpersonal skills
- ❖ Excellent group leadership Skills
- ❖ Skills to maintain a visionary outlook and the ability to tackle situations with empathy, flexibility, warmth, and critical thinking

Areas of Interest

Cognitive behaviour therapy, Acceptance and commitment therapy, Marital/Couple therapy, Motivation enhancement therapy, Relapse prevention and Psychosocial Rehabilitation

Declaration

I hereby declare that the details furnished above are true and correct to the best of my knowledge and belief and I undertake to inform you of any changes therein, immediately.

case any of the above information is found to be false or untrue or misleading or misrepresenting, I am aware that I may be held liable for it.

Jerry P. Mathew

References

Dr. Gitanjali Natarajan

Clinical Professor and Head, Department of clinical Psychology, AIMS, Kochi

Email: gitanjalin@aims.amrita.edu

Mr. Sreehari R

Clinical Assistant Professor, Department of clinical Psychology AIMS, Kochi

Email: sreeharir@aims.amrita.edu

Dr. Seena M Mathai

Assistant. Professor, Research and Post graduate Department of Psychology

Union Christian College, Aluva

Email: seenaby2000@gmail.com

Dr. Marikkutty P.J

Asst. Professor & Clinical Psychologist, Research and Post graduate Dept. of Psychology, Union Christian College, Aluva

Email: marykuttypj@yahoo.com