

CURRICULUM VITAE

CHRISTY JAMES

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OBJECTIVES:

To be a proficient performer in the field of nursing, delivering high quality of health care utilizing my skills, experience and professionalism.

EDUCATIONAL QUALIFICATIONS:

SSLC	Holy family higher secondary school, Rajapuram	2013- 2014	83%
Higher secondary	Holy family higher secondary school, Rajapuram	2014- 2016	70.5%

PROFESSIONAL QUALIFICATIONS:

Bsc. Nursing – Nitte Usha Institute Of Nursing Sciences, Mangalore

Bsc. Nursing 1 st year	2016- 2017	56.75%
Bsc. Nursing 2 nd year	2017- 2018	60.71%
Bsc. Nursing 3 rd year	2018- 2019	64.5%
Bsc. Nursing 4 th year	2019- 2020	63%

PROFESSIONAL EXPERIENCE:

Registered Nurse from 25/10/2021 to 31/01/2023

SREECHAND SPECIALITY HOSPITAL, KANNUR, KERALA
. Area of working: Neuro intensive care unit (Neuro Icu)

TYPES OF PATIENTS AND CASES:

- . ROAD TRAFFIC ACCIDENT/Brain Trauma
- . Guillain -Barre Syndrome (GBS)

- . Stroke
- . IC Bleed
- . COVID 19
- . Subdural Hematoma
- . Subarachnoid Hemorrhage
- . Craniotomy
- . Craniectomy
- . Snake Bite

TRAINING UNDERGONE

- . Attended CNE of in-service Education on various nursing protocols including BLS(Basic life support) training.

PATIENT CARE RESPONSIBILITIES

- . Assess the physical and neurological condition of patient (Glasgow Coma Scale).
- . Admission, transfer and discharge of patient.
- . Assisting doctors rounds and carry out their orders.
- . Maintenance of good nurse- patient relationship.
- . Care of patient on ventilator.
- . Maintain aseptic techniques.
- . Providing emergency patient care (Cardiac pulmonary resuscitation).
- . Administration of medications with rights.
- . Administration of emergency drugs.
- . Record informative, accurate and concise statement on nursing care rendered.
- . Provide adequate health education.
- . Maintain physical, social, spiritual, psychological and rehabilitative needs of patient.
- . Maintain nutritional status.
- .Aseptic techniques for speciman collection.

EXPERIENCE OF PROCEDURE

- . IV cannulation
- . Intubation care
- . RT insertion
- . Feeding and gastric lavage
- . Foleys catheterization
- . ABG / Blood collection
- . Blood transfusion
- . Nebulization, steam inhalation, oxygen administration
- . Tracheostomy care ,back care
- . Dressing
- . Central line and femoral line removal
- . Colostomy and ICD care
- . CPR

TYPES OF ASSISTING PROCEDURE

- . Endotracheal intubation and extubation
- . Central line and arterial line insertion
- . Tracheostomy
- . Suprapubic catheterization
- . Ascetic fluid aspiration
- . CSF study

EXTRA CURRICULAR :

- NSS Volunteer ○ Participated in school and college level events ○ Health education programs ○ School health programs
- Drug exhibition ○ Nutritional Programs ○ In Service education.

SEMINARS AND CONFERENCE PARTICIPATED :

- Attended a workshop on Assessment, Resuscitation and stabilization of Children at Nitte Usha Institute of Nursing Sciences, Mangalore.
- Participated in the CME-An Update on Neuropsychiatric Disorders at K S Hegde Medical Academy, Mangalore.
- Participated in the International Nursing Symposium on The Future of Nursing: Learning Change, Advancing Health at A B shetty Memorial of Dental Sciences, K S Hegde Hospital, Mangalore.

PERSONAL DETAILS

NAME : MS CHRISTY JAMES
GENDER : FEMALE
AGE : 25
DATE OF BIRTH : 25/03/1998
NATIONALITY : INDIAN
RELIGION : CHRISTIAN
CIVIL STATUS : SINGLE

LANGUAGES PROFICIENCY : MALAYALAM, ENGLISH, HINDI, KANNADA
NAME OF THE FATHER : MR . JAMES MJ
NAME OF THE MOTHER : MRS . LISSY JAMES

PERMANENT ADDRESS : MADATHANIL(H.O), MANADUKKAM(PO), BEEMBUKAL,
CHENGALA(VIA),KASARAGOD(DIST),KERALA,
PIN : 671541
CONTACT NUMBER : 9513296451

EMAIL ID : christyjames253@gmail.com

REFERENCE:

Under The Guidance of,

- **Dr. Prof. Fathima D'Silva**
Principal
Nitte Usha Institute of Nursing Scineces, Mangalore.
Ph:9945064006
- **Dr. Sripada G Mehandale (MD, DA) HOD and Professor**
Depatment of Anaesthesiology
K.S Hegde Medical Academy
Ph: 9845278880

DECLARATION:

I hereby declare that the above furnished details are true and correct to the best of my knowledge and my belief.

Place: Kasaragod

Yours Faithfully,
Christy James