



# Deena Sabu

Kanjikara(H) Ramankary P.O Ramankary, Alappuzha District Pin: 689595  
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## ABOUT ME

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- A resourceful professional social worker with a strong commitment to serve in both clinical and community settings. Proven successful work experience in the field of psychiatric rehabilitation and medical setting, also have internship track record of working with children, youth, groups and elderly people. Specialized in medical and psychiatry social work, able to provide services in fields like medical, psychiatry, geriatry, community, and oncology.  
Skilled in assessment, counseling, case history taking, communication, leadership, public speaking, and team work.  
I am very hardworking individual and prefer working effectively, efficiently, and creatively.

## OBJECTIVE

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To enhance my professional skills, capabilities and knowledge in an organization which recognizes the value of hard work and trusts me with responsibilities and challenges.

## EDUCATION

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- **MSW (Medical and Psychiatry)**  
Assumption College (Autonomous), Changanacherry.  
A-
- **Bsc Botany**  
MG University  
B
- **Higher Secondary**  
St.Joseph's HSS School, Pulincunoo  
75%
- **SSLC**  
St.Joseph's GHSS, Changanacherry  
84%

## WORK EXPERIENCE

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- **Coordinator - Travancore Institute of Cancer Care (TICC)**  
Travancore Medical College Hospital (Medicity),Kollam  
Travancore Medical College is an NABH accredited Hospital in Kollam, Kerala. I am working as the Coordinator of Travancore Institute of Cancer Care (TICC). Oncology Coordinator who monitors and coordinating the daily activities of the department. Coordinates and directs the department works as per hospital rules.  
Providing individual and family counseling to oncology patients. Coordinates the chemo schedules and follow ups.  
Coordinates drug purchasing process. Psychoeducation providing to both patients and their caregivers about the treatments and care after chemotherapy.  
Coordinate the insurance procedures and discharging process for oncology patients. Ensure inpatient and outpatient wellbeing.  
Coordinates the documentation and billing process.

Helping the families of patients from financially poor for their medicines and insurance policies.

Arrangement of medicines. Organizing programmes on Important days. Supervising all the process of department.

22/10/2020

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07/11/2021

- **Psychiatric Social Worker**

Chaitanya Institute for Mental Health,Pune

I have one year experience in Chaitanya Institute for Mental health.CIMH is established for the acute management community based psycho social rehabilitation of the mentally ill. Chaitanya provides residential care facilities for patients suffering from various psychiatric disorders such as Schizophrenia, Mood disorders, Personality disorders, Substance related disorders, and Geriatric disorders. Here, I am experienced for conducting therapeutic meetings, Individual and Group Interventions such as Counselling, Group Therapy, Art Therapy, Recreational Therapy etc. Also experienced to take Family sessions, Case history taking, Feedback giving in psychiatric and general medicine consultation with doctors, learnt about medicines etc..

## FIELDWORK EXPERIENCE

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- **First Semester**

- 1.Seven day Rural camp at Kudamurutty Village in Patahanmthitta District.
- 2.Veliyanadu Panchayat ( Concurrent Field)

- **Second Semester**

**District Child Protection Unit( DCPU), Alappuzha ( Concurrent Field)**

Sevanikethan( NGO), Changanacherry. (Summer Placement).

- **Third Semester**

Pushpagiri Medical College Hospital, Thiruvalla(Medical Setting- One month Block Placement)

- **Fourth Semester**

National Institute of Mental Health and Neuro Sciences ( NIMHANS) ( Psychiatric Setting- One month Block Placement)

- **Final Audit Placement**

ACCEPT- IRCA De addiction Center, Punnapra and CHASS (Changanacherry Social Service Society).

## PROFESSIONAL SKILLS

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- Casework
- Groupwork
- Individual and Group Counselling
- Case History Taking
- MSE
- Programme Organizing Skill
- Family Sessions
- Documentation Skill
- Community Mobilization
- Interventional Group

## PERSONAL SKILLS

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- Good Communication Skills.

Ability to establish rapport and team work.  
Strong willingness to learn new skills.  
Initiative to take new responsibility.  
Helping Mentality.  
Public Speaking.  
Leadership Quality.  
Assessment Skill  
Observation Skill  
Confidentiality

#### CERTIFICATE COURSE

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- Successfully Completed the Three Day Training Programme on Forensic Science and Criminal Psychology organized by IPCAI.
- Certificate course on Positive Psychiatry and Mental health by University of Sydney. (Coursera).
- Certificate Programme on Disaster management and Psychosocial intervention and Risk reduction organized by Assumption College Changanacherry.
- Successfully undergone a course of Legal literacy conducted by Kerala State Legal Services Authority (KELSA).

#### ADDITIONAL QUALIFICATION

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- Successfully completed the Course on "Basic and Traditional Hand Embroidery" conducted by Dept.of Fashion Technology Assumption College, Changanacherry.

#### ACHEIVEMENTS AND AWARDS

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- Successfully coordinated the Cancer Center of America (CCA) Oncology Nursing Trainig Programme in association with TICC at Medical Oncology Department, Travancore Medicity Hospital Kollam in the 2023.
- Counsellors Council of India Life Membership Acheivement.
- Student Coordinator at the Fourth Kerala Social Work Student Congress Organized by KAPS in the year 2019.

#### PROJECT

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- **A Comparative Study of Decision making skil among Social work students with special reference to Social Work colleges in Kottayam District.**

#### HOBBIES

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- Watching Movies
- Listening Songs
- Drawing and Acrylic Painting
- Cooking
- Traveling

#### VOLUNTEERING

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- UNICEF November 2018 Flood analysis survey among children at Kuttanadu region in collaboration with Loyola college,Trivandrum.
- World Vision India October 2019 It was conducted to give a psycho social support to the children who are the survivors of flood in Kuttanadu region. Activities mainly done for strengthen their mental health by individual and group counselling.

#### LANGUAGES

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- English
- Hindi

- Malayalam
- Tamil

## REFERENCE

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- **Dr.Hashim Ismail Kunju MD, DNB, MRCP UK(Internal Medicine), DM, DrNB, MRCP UK  
SCE(Medical Oncology) - "Travancore Medical College Hospital (Medicity), Kollam"**  
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- **Mr Prince Jose - "Chaitanya Institute for Mental Health, Pune"**  
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- **Sr.Shalini CMC - "Assumption College (Autonomous), Changanacherry "**  
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+91 82899 52461

## DECLARATION

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- I hereby declare that the information furnished above is correct to best of my knowledge. I promise you that I shall provide my best services for you as per your requirement & satisfaction with my hard work, knowledge & skill for the growth of the organisation.  
DEENA SABU