

PROFILE SUMMARY

Accomplished Emergency Physician with extensive experience and a profound understanding of emergency medicine procedures. Recognized for diagnosing even the most intricate cases, utilizing advanced clinical skills and astute observation to deliver accurate and timely assessments. Demonstrates unwavering decisiveness, exceptional interpersonal finesse, and an unwavering ability to remain calm under pressure, ensuring effective management of critical situations and the provision of safe, standardized, and exceptional medical care.

Complementing my medical education, which includes an MBBS from the esteemed Govt. Stanley Medical College, Chennai in 2013, and a DNB in Emergency Medicine from Baby Memorial Hospital, Calicut in 2020, I have consistently sought to enhance my knowledge and skills. Notably, I have successfully completed part A of the Membership of the Royal College of Emergency Medicine (MRCEM), further solidifying my expertise and commitment to professional excellence.

Currently serving as a highly regarded Consultant in Emergency Medicine at Rajagiri Hospital since December 2020, I have not only excelled in delivering outstanding patient care but have also assumed the responsibility of spearheading the academic development of the Masters in Emergency Medicine (MEM) program. My adeptness in management and collaborative leadership style has enabled me to drive the team toward achieving the highest medical care standards, in line with organizational benchmarks and operating procedures.

Furthermore, I am eager to pursue my passion for teaching and contribute to the next generation of medical professionals. With a strong credential as a Junior Faculty for DNB EM, as per NBE (National Board of Examinations) guidelines, I aspire to impart my knowledge and experience to aspiring doctors, nurturing their skills and instilling a deep understanding of emergency medicine principles.

My comprehensive understanding of pharmacology, combined with an exceptional knowledge of medications and their precise administration, has resulted in improved patient outcomes and enhanced treatment plans. I am known for my exceptional communication skills, allowing me to effectively liaise with multidisciplinary teams and establish a strong rapport with patients and their families.

In summary, my proven expertise, extensive experience, and demonstrated leadership qualities position me as an exceptional Emergency Physician. I am now seeking a more challenging and senior position where I can further utilize my skills and contribute to a dynamic healthcare team committed to delivering superior emergency medical services.

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| PROFESSIONAL EXPERIENCE |
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| Rajagiri Hospital | Consultant (Emergency Medicine) | (2020-Present) |
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Roles and Responsibilities

- Oversaw and managed the functioning of the Emergency Department (ED) during shifts (Normal – 8 Hrs and Night – 12 Hrs), leading a team of medical officers (5), nursing staff (15), and other healthcare professionals (10). Effectively coordinated and assigned responsibilities to the medical officers, nursing staff, and other team members, optimizing their skills and expertise to provide quality emergency medical services.
- Proficiently performed all invasive procedures, such as intubation, ICD placement, and arterial and central venous line insertions, allowing residents to observe and assist them when necessary.
- Managing up to 60 patients in a single shift ensuring smooth operations and efficient workflow within the ED to maintain a high standard of patient care and safety.
- Managing referrals of patients from other hospitals to Rajagiri ICU, coordinating their transfer, and ensuring seamless continuity. Maintained effective communication and collaboration with other departments and healthcare professionals to facilitate smooth patient transitions and continuity of care.
- Demonstrated exceptional skills in managing bystanders and ensuring patient welfare, maintaining a calm and supportive environment in high-stress situations.
- Developed and implemented an academic schedule for residents, conducting frequent exams and simulations to enhance their knowledge and skills.
- Assisted residents with case studies and thesis studies, providing guidance and support throughout the research process.

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| Baby Memorial Hospital |
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| DNB Resident |
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| (2017-2020) |
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Roles and Responsibilities

- **Triage management: Quick assessment of patients**
- Primary assessment of patients and initial medication
- **Detailed examination and bedside ultrasound - Further investigations to support clinical diagnosis**
- Appropriate and timely disposal of patients in consultation with other departments
- Patient appraisal and management of bystanders
- **Team leader for Rapid Response Team**
- Running a team in cardiac arrest
- Airway management in code team (Cardiac) & Team leader in Code blue team
- Monitoring and Management of critically ill patients during ICU ambulance transport
- Home care to seriously ill patients
- Palliative care
- Pediatric & Neonatal emergency management
- Trauma care in ED

THESIS

- An Observational Study on The Utility Of Lung Ultrasound In Preventing Hypervolemia In Hypotensive Patients Suspecting Sepsis Receiving Fluid Therapy In the Emergency Department

CASE STUDIES

- "An Unusual Case of Recurrent Syncope In A Young Male - Due To Takayasu Arteritis" - presented at ACEM, Jaipur,2017
- "Iatrogenic Obstructed Hernia causing GI Sepsis" Presented at Calicut Medical College, KEMS, 2019
- "Acute lumbago with radiculopathy and monoplegia following trivial trauma - Rare presentation of a common disease" presented at Aster Emergenz, 2023

ONGOING STUDY

- A Survey to Assess the Knowledge of Basic Life Support and Advanced Cardiac Life Support (BLS & ACLS) Amongst the Doctors and Nurses of Rajagiri Hospital

ACHIEVEMENTS & CERTIFICATIONS

- Emergency management of COVID patients
- Prehospital Management of mass casualty at Karipur airport during the Karipur airplane crash, in 2019
- Mass casualty management due to various political strikes
- ACLS, ATLS, PALS, NALS & AUTLS certifications

AWARDS & RECOGNITIONS

- Poster presentations at ACEM-Jaipur-2017,
- Poster presentations at EM-KERALA 2018
- Poster presentations at EMCON New Delhi-2019
- Seminar presentation at KEMS 2019 at Calicut

EDUCATION

| Qualification | Year | University/Board | Percentage |
|---------------------------|-----------|---|------------|
| DNB in Emergency Medicine | 2017-2020 | National Board of Education | 65% |
| Internship | 2013-2014 | Stanley Medical College, Dr. MGR Medical University, Chennai, Tamilnadu | _____ |
| MBBS | 2008-2013 | Stanley Medical College, Dr. MGR Medical University, Chennai, Tamilnadu | 65.32% |
| Class 12 | 2008 | Kerala state board | 99.33% |
| Class 10 | 2006 | Kerala state board | 94.73% |

EXTRACURRICULAR ACTIVITIES

- Drawing and Dancing

