#### ROVEENA GRACE ANTONY



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West Chalakudy

Chalakudy P.O

Thrissur Dt.
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**Career Objective**

Seeking challenging employment in an organization where excellence, honesty and integrity are foundation for success. To obtain a position that would be sensitive to the needs of an experienced nurse. I would like to get an employer who is willing to utilize my knowledge and experience as well as my academic accomplishments.

**My skills**

I am self-motivated. I can communicate reasonably well. I have a good level of emotional intelligence to get along with different types of patients and colleagues and I can keep myself cool in hard times. I am trained to be proactive, highly initiative responsible in execution, hard working in endeavors, ability to comprehend effectively, assertive in resolution.

**Personal Details**

Name : Roveena Grace Antony

Father’s Name : P.P Antony

Mother’s Name : Nishi Antony

Age : 23

Date Of Birth : 21st July 1998

Sex : Female

Marital Status : Single

Religion & Caste : CHRISTIAN, R.C

Nationality : Indian

Languages Known : English, Hindi and Malayalam

Hobbies : Reading, Singing&Dancing

**Work Experience**

Worked in St.James Hospital Chalakudy as full time registered staff nurse from 16-5-2020 (Still Working)

**Professional Qualification**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Qualification** | **Institution** | University | Year | **Remarks** |
| General Nursing and Midwifery | St. James school of Nursing, Chalakudy,Kerala, India | Kerala Nurses and Midwives Council | 2016-2019 | 76% |

**Academic Qualification**

|  |  |  |  |
| --- | --- | --- | --- |
| Qualification | Institution | Year | Percentage |
| Secondary School leaving certificate | S.H.C.G.H.S.S,Chalakudy | 2014 | 74% |
| Higher Secondary School Certificate | St Antonys H.S.SMala | 2014-2016 | 76% |

**Computer Skills**

Basic Computer Knowledge : Micro Soft Office (Word, Excel)

**Job Knowledge**

Nursing Diploma from accredited school of nursing committed to high professional standard, communication skill, and ability to function as a team, ability to maintain discipline, knowledge about philosophy, Objectives and goals of the hospital, nursing department, define policies and procedures of the hospital department and unit.

**Duties and Responsibilities**

* Nurse is responsible for ensuring that all patients including critically ill receive optimal care and accomplishment of this goal through adherence of standards of nursing care of the critically ill and through a commitment to act in accordance with ethical principles.
* Encompass the diagnosis and treatment of patient responses to life threatening health problems
* Co-ordinate care delivered by various health care providers
* Use independent, dependent and interdependent interventions to restore stability, prevent complication and achieve and maintain optimal patient responses.
* Provide holistic approach that expresses human warmth and caring.
* Maintain competency in critical care nursing through an outgoing education concurrent with an expanding base of experience
* Admission and discharge procedures
* Maintaining Records
* Total patient care include assessing, planning and implementing medicine administration
* IV Cannula insertion
* Catheterization procedure
* ET tube intubation
* Ensuring the safety of patient
* Assisting in lumbar puncture
* Assisting in Orotracheal And Nasotracheal intubation
* Assisting in extubation
* Managing patients with mechanical ventilator(Drager ,High Frequency)
* Health talk in the ward.

**Equipment Handled**

* Glucometer
* Pulse Oxymeter
* Oxygen Cylinder
* Cardiac monitoring
* Blood Gas Machine
* CTG Machine
* Syringe Pump
* Infusion Pump
* Crash Cart
* Incubator
* Mechanical ventilator, Ambu bag
* Thermometer
* Stethoscope
* Sphygmomanometer
* Suction apparatus
* Laryngoscope
* Autoscope, Endoscope
* Nebulizer
* Steam inhale

**Reference**

1. Sr Reema CMC

 GNM,PBSC

 Tutor-Principal

 St james school of nursing,

 Chalakudy

 Phone :8606807404

**Declaration**

I hereby declare that the details furnished above are true and correct to the best of my knowledge and belief.

**Place:Chalakudy**

**Date: Roveena Grace Antony**