

ANJANA R

Sree Narayanalayam, Aduthila, Payyangadi P.O, Kannur,
Kerala.

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OBJECTIVE

I inspire to work with a collaborative team of talented individuals and produce work that serves to fulfill the clients needs.

EXPERIENCE

- **Sunrise Hospital, Kakkanad, Kochi.**
August, 2021 - October, 2021
Dietitian Trainee.
Worked as Assistant Dietician at Sunrise Hospital, experienced in diet counseling.
- **Dhanalakshmi Hospital, Kannur, Kerala.**
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Assistant Dietician
Worked as Assistant Dietician and helped the patients adapt to dietary modification by providing diet counseling.
- **Dinesh Food Factory, Thottada, Kannur.**
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Internee
Worked as an Internee and has built knowledge and experience in coconut oil processing.
- **Malabar Institute of Medical Science, Kozhikode, Kerala..**
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Dietitian Trainee
Diet plans and diet counseling was given to the patients.

EDUCATION

- **Central Board of Secondary Education.**
2017.
The Greenhills Public School, Sulthan bathery, Kerala.
8.2
- **Mangalore University**
2020
Bsc.Food Nutrition and Dietetics.
8.2
- **Mangalore University**
2022
MSc. Food Science Nutrition and Dietetics.
7.6

SKILLS

- Communication Skills, Problem Solving, Leadership Skills.

- Experienced in giving digital presentation using MS PowerPoint.
- Excels at written communication.
- Active learning, able to control stress in difficult situations.

PROJECTS

- **Leveraging Biodegradable Articles out of Organic wastes.**
The project is an eco-friendly approach which focuses on making nature friendly packaging materials out of banana peel, tea waste and dried jackfruit leaves.

ACHIEVEMENTS & AWARDS

- Winner of Innovation program IMPETUS 2021 for the best research proposal.
- Awarded as best student for Overall Progress at St Aloysius College, Department of Food Science.
- Procured Merit Scholarship for academic achievement at Bachelors by St Aloysius College, Mangalore.
- Co-author of literature book LOVE LANGUAGE published by wordgenius publications.

ACTIVITIES

- Participated in Tedx talk hostel at St Aloysius College.
- Member of Rotary Club, Ursuline Senior Second School.
- Participated in International Conference about Nutrition and Dietetics hosted at Alvas College, Moodubidre.

PERSONAL DETAILS

- Date of Birth : 29/11/1999(23 yrs).

REFERENCE

- **Jovita Carol Soans - "St.Aloysius College, Mangaluru."**
Lecturer
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- **Ashok Kumar - "St.Aloysius College, Mangaluru."**
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