



Aleethiya J Mathew

Registered Nurse

Thadathil House, Cheenikuzhi P O, Thodupuzha 685595, Idukki, India

✉ aleethiyaj@gmail.com ☎ 9061962425 📅 Apr 2, 1995 🌐 Single

Profile

Ambitions and compassionate Medical Surgical Nurse aspiring practice, acquire and improve skills to promote health across the nursing care continuum. Desire to improve the health and well-being of the community using a collaborative approach for quality care. Striving to be an honest and ethical nurse who will priorities effectively and follow through on commitment.

Education

- **Bachelor's degree in Nursing from EMS college of Nursing**, EMS Memorial Co-operative Hospital and Research Centre Ltd.
BACHELOR'S DEGREE IN NURSING 2012 - 2020
- **Kerala Board of Secondary Education (12th)** from ST. Ritas Higher Secondary School, Painkulam
Higher Secondary Examination 2010-2012
- **Kerala Board of Secondary Education (10th)** from St. Joseph's Higher Secondary School, 2010

Professional Registration

Nursing Registration

Name of Council	:	Kerala Nurses and Midwives Council
Registration Number	:	KL03202100611
Date of Registration	:	09 August, 2021
Date of Expiry	:	08 August, 2026

Professional Experience

Date of Employment : 01 September 2021 – Present
Name of Hospital : S.N. Hospital (NABH Accredited)
Hospital Address : Kadapra
Niranam P O
Thiruvalla
Pathanamthitta
689621
Job Title / Designation : Staff Nurse
Department : Medical and Surgical Ward

- Assessing, Planning, implementing and evaluating patient care plan in consultation with health care professionals.
- Evaluating medical information, as well as providing direct and individualized bedside nursing care to pre and post surgery patients.
- Maintain and update patient files, medical charts and health records.
- Answer questions and educate patients and their families on surgical procedure and post surgery care.
- collaborate on discharge planning with the health care team.

Clinical Training Experience (During Course)

B .Sc First Year : Medical ward
B. Sc Second Year : Medical and Surgical Ward, Cardiology Department, CCU, ICU, Operation Theatre, Orthopedic Ward, Ophthalmology, ENT Dermatology and Plastic Surgery, Nephrology Ward & OPD, CHC & PHC.
B. Sc Third Year : Nero ICU & Ward, Psychiatric Ward, Paediatric Ward and ICU, Immunization Unit, Dialysis Unit, Oncology Ward, ICU and Chemotherapy unit in Amala Hospital, Trissur.
B. Sc Fourth Year : Private Rooms, Labor Room, Gynecological Ward, Community Health Centre & Primary Health Centre.

Skills

Communication, Decision - making, Critical Thinking, problem Solving, Teamwork, Compassion and Leadership.

Professional Strength

- Ability to connect with patients and provide them with compassion and care.
- Ability to solve problems quickly
- Strong stress management skills and flexibility
- Strong work ethics and determination to succeed

Publications

Published a research project conducted in 3rd year on “**Effectiveness of self instructional module on knowledge regarding elected first aid measures among the taxi drivers in Perinthalmanna**”.

Declaration

I, Aleethiya J Mathew hereby declare that the above mentioned information is true to the best of my knowledge and belief.

Aleethiya J Mathew



KL03202100611

Kerala Nurses And Midwives Council



REGISTRATION CERTIFICATE



This is to certify that

ALEETHIYA J MATHEW

having undergone B.Sc. Nursing programme at

College of Nursing, EMS Memorial Co-operative Hospital &

Research Centre, Perinthalmanna, Malappuram

from September 2012 to September 2020

has passed the examination conducted by the

Kerala University of Health Sciences, Thrissur

in *September 2020* and is permitted to practice as Nurse and Midwife under

the provisions of the Nurses and Midwives Act,1953.

The number assigned to her in the Register is **KL03202100611**

dated **9th August 2021** valid upto **8th August 2026**.

Digitally signed by
DR SALEENA SHAH
Date: 09.08.2021 14:02:47 IST

Registrar

Kerala Nurses and Midwives Council

Dr. SALEENA SHAH
REGISTRAR

Kerala Nurses and Midwives Council
Red Cross Road
Thiruvananthapuram-695011

0292763

0080341



KERALA UNIVERSITY OF HEALTH SCIENCES
THRISSUR, KERALA 680596

Faculty Of Nursing

The Governing Council,

Kerala University Of Health Sciences,

Hereby Makes It Known That

ALEETHIYA J. MATHEW

Has Been Admitted To The Degree Of

BACHELOR OF SCIENCE IN NURSING

*She / He Having Been Certified By Duly Appointed
Examiners To Have Qualified To Receive The Same At*

The Examination Held In September, 2020

WITH SECOND CLASS

GIVEN UNDER THE SEAL OF THE UNIVERSITY

VICE CHANCELLOR

REG.NO: 120100793

DATE: 28-01-2021





S.N. Hospital

Reff. No.14867

Date: 12/05/2023

TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Ms. Aleethiya J Mathew** is working as a **Staff Nurse** in **S. N Hospital** from 01/09/2021 in **Medical & Surgical Ward**.

She is conscious and well motivated individual with a good sense of professional responsibility who is willing to provide her best of all times. She has a pleasant personality and she is well liked by Doctors, Patients and Colleagues. She is familiar with all the equipments used in the treatment and care of the patients.

Her attitude and approach towards the patients is commendable. She has worked sincerely in this unit and I have no hesitation in giving her this certificate. She will be an asset wherever she works

I wish her Good Luck

Dr. (Mrs.) Madhu. H. Pillai, M.B.B.S, D.C.H
MEDICAL DIRECTOR



Sujatha Santhosh
NURSING SUPERINTENDENT
ns@snhospital.in

Contact us @
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Medical Director : medicaldirector@snhospital.in
HR Manager : hr@snhospital.in
Nursing Superintendent : ns@snhospital.in
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Kadapra, Niranam P.O.
Thiruvalla, Pathanamthitta Dist.
Kerala, India-689 621
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S.N. Hospital

Reff. No.14867

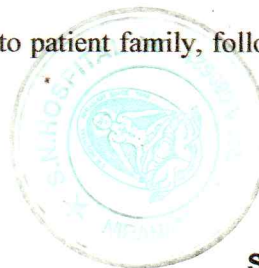
Date: 12/05/2023

TO WHOM IT MAY CONCERN

This is to Certify that **Ms. Aleethiya J Mathew** is working in this hospital in **Medical & Surgical Ward** as a Full time Registered Staff Nurse from 01/09/2021. During this period she worked 48 hours per week.

Her Job Descriptions are :

- 1 – Admission procedures of patient.
 - 2- Provide tender loving care and assist the client for activities of daily living.
 - 3- Asses plan, implement and evaluate individualized care.
 - 4- Maintain accurate record of observations, nursing care administered and patient response.
 - 5- Perform nursing procedures in accordance with policies specified by the Hospital.
 - 6- Asses and monitor patients condition and report to the unit in charge and on call doctor and implement orders.
 - 7- Diagnose and develop a treatment plan in collaboration with other health care team members.
 - 8- Accurately and safely administer prescribed medications and treatments using correct method of administration and adherence to policy.
 - 9- Knowledgeable of action, side effects, proper dosage and contraindication of drugs being administered.
 - 10 - Initiate first aid and CPR to manage emergency situation accordingly and prioritize care based on critical nature.
 - 11- Maintain and demonstrate clinical compliance using evidence based practice in all aspects of patient care including complex care.
 - 12 – Assist the doctors in performing procedures.
 - 13 – Explain to the patients, the need for performing specific procedures to obtain cooperation and allay under fear anxiety.
 - 14- Pre and post – operative care.
 - 15- Urinary catheterization and Ryles tube insertion when ordered.
 - 16- Application of dressing and packing as and when necessary
 - 17- Perform required diagnostic tests as and when necessary
 - 18 - Ensure all documentation is clear, concise and timely, utilizes appropriate clinical terminology
 - 19 – Exhibit flexibility and adaptability to meet the needs of the patients and the unit.
 - 20-Maintain a regular communication with the multidisciplinary team and working relationship with co-workers, supervisor and allied discipline.
 - 21- Maintain privacy and confidentiality of patients information as per hospital policy.
 - 22- Adhere to infection control policies and protocol to prevent cross infection.
 - 23- Comply with safety regulations as per legal requirements.
 - 24 – Prepare patient for discharge and provide health education to patient family, follow up instructions and referral if needed.
 - 25 – Secure clean, safe environment to patient and family.
 - 26 – Maintain proper function of medical equipments.
- We Wish her Good Luck



Sujatha Santhosh

NURSING SUPERINTENDENT
ns@snhospital.in

Contact us @
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Nursing Superintendent : ns@snhospital.in
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