



# SREELEKSHMI.M

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- 📅 April 15, 1999
- 📍 Aluva
- 🚗 Yes
- ♀ Female
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- > Marital Status: Unmarried

## SKILLS

Interpersonal and Communication Skills

Confident and Determined

Team Work

Quick Learner

Basics of MS office

## LANGUAGES

English

Hindi

Malayalam

Tamil

## HOBBIES

■ Yoga

## EDUCATION

**Master's in Clinical Nutrition and Dietetics** Aug 2020 - Dec 2022

St.Teresa College, Ernakulam

**Bachelor's in Food Service Management and Dietetics** Jun 2017 - Jun 2020

Avinashilingam Institute for Homescience and Higher Education For Women, Coimbatore

**Senior Secondary** 2016 - 2017

Sivagiri Vidyaniketan, Valmiki Hills, Aluva, Ernakulam

**Secondary School** 2014 - 2015

Sivagiri Vidyaniketan, Valmiki Hills, Aluva, Ernakulam

## INTERNSHIPS

**Clinical Dietitian** Jun 2022 - Nov 2022

Apollo Hospitals, Chennai, Tamilnadu

- Ward Rounds and Monitoring
- Nutritional Assessment and Diet Advice for in-patients
- Preparing Customized Diet Charts
- Observing Diet Plans in ICU and meeting Nutritional Goals through enteral feeds and parenteral nutrition.

**Clinical Dietitian** May 2019 - Jul 2019

Kongunad Hospitals private limited, Coimbatore, Tamilnadu

- Ward Rounds with clinical dietitian
- Nutritional assessment and monitoring
- Gained Knowledge on different types of diet

**Management Intern** May 2018 - Jul 2018

Hotel Presidency, Ernakulam, Kerala

- Guiding clients along their journey
- Supervising and helping with other services

## COURSES

Value added Course on Nutrition and Physical Fitness 2019

General Awareness 2019

## EXTRACURRICULAR ACTIVITIES

Volunteer 2017 – 2020  
National Service Scheme, Coimbatore, Tamilnadu

## AREAS OF INTEREST

- Quality Assurance /Quality control
- Research and Development
- Dairy Technology
- Nutritional Value of foods
- Product Development
- Nutritionist/Dietitian

## PROJECT

Thesis - Study on Premenstrual Syndrome among college going young women in kerala with reference to Dietary and lifestyle habits.

Institute- St.Teresa's college , Ernakulam

## DECLARATION

I do hereby declare that all of the information given above is true to the best of my knowledge and belief