



## SHARON ELIZEBETH RAJI

9686947429  
sharonraji2000@gmail.com  
10/08/2000

### OBJECTIVE

My goal is to attain a fulfilling position in the field of mental health where I could utilize my skills, education and experience to help the patients in need.

### SKILLS

- Communication
- Rapport Building
- Active Listening
- Problem Solving
- Empathetic

### LANGUAGE

- English
- Hindi
- Malayalam

### EDUCATION

- 2021- till date Christ University, Bengaluru**  
MSW (Clinical and Community Practice)
- 2021 Kristu Jayanti College, Bengaluru**  
BSc ( Physics Mathematics Electronics)  
9.13 grade point
- 2018 Navy Children School, Port Blair, Andaman and Nicobar Island**  
12th standard  
83.4%
- 2016 Navy Children School, Port Blair, Andaman and Nicobar Islands**  
10th Standard  
9.4 CGPA

### EXPERIENCE

- Oct, 2021 - Nov, 2021 Sanjeevani- Life Beyond Cancer, Mumbai**  
Internship
- Worked as trainee clinical social worker in the organization and was part of many awareness session on Cancer.
  - Hosted a few session on Cancer awareness and prevention.
  - Acquired skills: Management skills, Speaking skills
- Feb 1, 2022 - March 31, 2022 Spandana Health Care and Rehabilitation Centre, Bengaluru**  
Internship
- Worked as trainee psychiatric social worker. I was exposed to the following during internship:
- Social skill training for the patient
  - Case study
  - Exposure to patient with various psychiatric illness like BPAD, Schizophrenia, Depression
  - One on one interaction with the client and formulating MSE.
  - Conducted Psychoeducation on substance use, schizophrenia and depression.
  - Hosted a cultural activity for the ones away from home.
- Jun 1, 2022 - Jun 30, 2022 Kusumagiri Mental Health Centre, Kakkanad, Kerala**  
Internship
- Worked as trainee psychiatric social worker. I was exposed to the following during internship:

- Exposure to occupational therapy
- Took MSE of different patients and made diagnosis
- Exposure to children with Autism and other developmental disorder.
- Exposure to Child Psychiatry
- Social skill training
- Group work with patients with low motor activity.
- Street play on substance use and addiction
- Psychoeducation on Myths and Facts of psychiatric medication

**30 July, 2022 Childline India**

volunteer

Was part of flash mob, street play on the occasion of observance of World Day against Trafficking in person, conducted in Majestic railway station, Bengaluru, was part of the mass rally as well.

**Feb 1, 2023 - Feb 28, 2023 TRED- Deaddiction and Counseling Centre, Bengaluru, Karnataka**

Trainee Psychiatric Social Worker

- Worked closely with alcohol and substance dependant patients.
- Learned screening test.
- Conducted counseling for the patients.
- Carried out activities for the cognitive development of the patients.
- Observed marital counseling and family counseling.
- Did casework and groupwork
- Psychoeducation on various topics like barriers of recovery, relapse prevention and disease aspect of substance use.
- Observed special classes for children with ADHD.

**March 1, 2023 - KJ Somaiya Hospital and Research Centre, March 31, 2023 Mumbai, Maharashtra**

Trainee Medical Social Worker

- Provided financial assistance to indigent population and other weaker section.
- Learning how documentation works.
- Exposure to psychiatric unit of the hospital, learned how to plan intervention and psychoeducate the family.
- Exposure to ART unit of the hospital, observed counseling for patients infected with HIV-AIDS.
- Exposure to blood bank, took part in blood camps conducted by the hospital.