

Hridhi S Shibu
 +91-6282783071
hridhishibu11@gmail.com



CAREER OBJECTIVES

A prospective clinical social worker specialized in proficient in counselling in substance abuse cases, mental health, underprivileged rights and domestic violence, and with good advocacy skills and people skills, coupled with an ability to manage multiple priorities and solve problems in teams and handle responsibility independently, seeking a role to contribute and grow with the organization in the long-term.

EDUCATION

- **Master of Social work** **2021-2023**
 Deemed University, Amrita Vishwa Vidhyapeedam,
 Ettimadai, Coimbatore.
Mark/Percentage: Pursuing
- **BA. English and Literature** **2018-2021**
 Deemed University, Amrita School of Arts and Sciences,
 Kochi
Mark/Percentage: 75%
- **Grade 12** **2018**
 St. Marys. Higher Secondary School, Kayamkulam
Mark/Percentage: 72%
- **Grade 10** **2016**
 Sree Buddha Central School, Karunagapally.
Mark/Percentage: 84%

KEY TECHNICAL SKILLS

- Case Management
- Crisis Intervention
- Rehabilitation Therapy
- Community Outreach
- Individual & Group Therapy
- Learning from adverse situation

OTHER SKILLS

- MS Excel (advanced), MS PowerPoint (advanced) & MS-Word (Advanced)

INTERNSHIPS

- **Youth Guidance and women self-employment counselor** **16/05/2022 to 16/06/2022**
Samaja Seva Samithi, Hayavadana Rao Road, Bangalore.

Responsibility:

- Providing various types of training with the view of enhancing employment options and help the recipients become self-sufficient and enterprising.
- Responded to students' education and career goals: attended IEP meetings, helped them apply for jobs and college

- **Clinical Intern** **27/06/2022 to 18/07/2022**
Kancare Senior Care.

Responsibility:

- Develop measurable treatment plans as per the requirements and laid out procedures.
- Hold both individual and group therapy sessions.

- **PSW Intern** **01/06/2023 to 30/06/2023**
Institute of Mental Health and Neuro Sciences (IMHANS)

Responsibility:

- Provided individual, and group psychotherapy services to socio-culturally diverse population of adults with chronic mental illness including bipolar disorder, anxiety disorder, OCD, and PTSD.

FIELDWORK TRAINING

- Kasturba Gandhi De-addiction, Rehabilitation and Research Centre, Coimbatore

Period: 18/08/2022 to 01/12/2022

- Ganga Spine Injury and Rehabilitation Centre, Coimbatore

Period: 24/01/2023 to 16/05/2023

AREAS OF INTERESTS

- Clinical Psychology
- Advocacy
- Counselling
- Critical Patient Care

SIGNIFICANT ACHIEVEMENT

Volunteered at National level ICSSR Seminar

LANGUAGE PROFICIENCY

Languages	Read	Write	Speak
English	Yes	Yes	Yes
Malayalam	Yes	Yes	Yes
Tamil	No	No	Yes

PERSONAL DETAILS


Date of Birth: 11/02/2000

Hobbies / Interests: Painting, Sketching, Singing, Dancing, Photography.

Contact Address: Navamadam pallickal naduvilemuri PO, Kayamkulam

Place: Alappuzha

Date: 07/03/2023

Signature: 

(Name: Hridhi S Shibu)