



ALEENA CHANDRAN C B

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Trivandrum, Kerala, India

aleenachandran8@gmail.com

CAREER OBJECTIVE AND PERSONAL STATEMENT

To obtain a registered nurse position in a reputed hospital, which will create opportunities to expand practical experience and knowledge, while at the same time providing quality health care and discharging duties effectively.

I will be working diligently in a professional and progressive environment in order to achieve my professional and personal goals.

I seek challenging opportunities where I can fully utilise my skills and capabilities to the best of my ability.

LANGUAGE

Hindi English
Malayalam
Hindi
Tamil
Kannada

REFERENCE

**Mrs Sofia Rani -
Principal and HOD
(Community health
Nursing dept)**
Viswa Sai college of
nursing Bangalore
viswasai@yahoo.com
+919035675678

EDUCATIONAL QUALIFICATIONS

Viswa Sai College of Nursing Bangalore (Rajiv Gandhi University of health sciences)	2017-21
Bsc.Nursing Bsc(N) 1rst year -68% Bsc(N) 2nd year-69% Bsc(N) 3rd year-74% Bsc(N) 4th year -76%	
Govt Tamil Hss (Kerala Hse board:DHSE)	2016
Plus Two 74%	
Govt GHSS Cottonhill (DHSE)	2014
SSLC 84%	

DETAILS OF PROFESSIONAL REGISTRATION

Name of Nursing council: Karnataka state nursing council
Registration number:129276
Date of Registration: 10/6/2022
Reciprocal Registration: Kerala nurses and midwives council
Registration number: KL04202301861
Date of Registration:6/6/2023

EXPERIENCE(AS PART OF COURSE WORK)

ESIC hospital Bangalore	2017 - 2021
Trainee Worked in medical ward, surgical ward, orthopaedic ward, Geriatric ward, Operation theatre, medical ICU, surgical ICU, Antenatal ward, postnatal ward, Gynaecology and Labour room, Emergency Department	
Indira Gandhi Institute Of Child Health	2019 - 2020
Worked in Neonatal ward , paediatric ward, Neonatal ICU, Paediatric ICU, Immunization unit, Dialysis unit	
kodichikkanahalli Primary health center	2018 - 2021
community Health nurse Worked in community area Vaccination, Immunization	
Agara Community Health center Bangalore	2020 - 2021
vaccinator (covid-19)	

DUTIES PERFORMED

Performed assessment, planning, implementation & evaluation of nursing care requirement of the allocated patients
Performed head to toe physical examination and systemic assessment
Performed hand hygiene according to universal standards
Identified patient needs and provided care based on priority of needs
Followed strict aseptic techniques while performing procedures
Assisted patients for doing activities of daily living
Followed infection control policies
Followed biomedical waste management protocols
Maintained confidentiality while dealing with care aspects of patients
Administered medication both enterally and parenterally under supervision
Inserted intravenous cannulas
Used various comfort devices to patients
Maintained a therapeutic environment

Provided health education to patients and families regarding healthy diet, personal care, exercises and lifestyle modification
Maintained a good communication with patients , family and team members

☀ EQUIPMENTS HANDLED

Thermometer
Pulse oximeter
Sphygmomanometer
Suction apparatus
Nebulizer
Defibrillator
Cardiac Monitor
Glucometer
Infusion pump
Syringe pump
Oxygen flow meter
ECG machine
Infantometer
Warmer
Indwelling catheter
Nasogastric tube

☀ SKILLS

Hard skills

Patient care
Basic life support
Basic procedures
Suctioning
Newborn care
Injections
IV cannulation
Patient and Family education
Computer knowledge

Soft skills

Effective communication
Problem solving skills
Time management
Empathetic approach

☀ ACHIEVEMENTS AND CERTIFICATIONS

Trained and certified for performing Emergency life support from Kims health trivandrum Kerala India
Demonstrated the proficiency and completed the clinical skills training at kims health trivandrum Kerala India
Volunteered in Pulse Polio Programme under BBMP Karnataka
Participated in 5th National conference on
"New pathways in clinical nursing practice and research:igniting spirit of exploration "at T jol college of Nursing Bangalore
Participated in International webinar on
"COVID-19 :evolving trends and dares"
(Dambi Dollo University)

☀ PASSPORT DETAILS

Passport no:X7185384
Date of Issue:29/3/2023
Place of issue: Trivandrum
Date of Expiry:28/03/2033

☀ DECLARATION

I hereby declare that the above furnished information is true and correct to the best of my knowledge. If I appointed will abide by the rules and regulations of the organisation

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