

## TINSU TITUS

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### Objective

Seeking a challenging career in nursing where my existing skill can be utilised for the fullest to acquire and improve my experience in the field of nursing

### Strength

Excellent communication skills offers a commitment to work and sense of responsibility. Time management, punctuality and confidence Sincerely and hard working Emotional stability,Care giver

### Experience

#### Aster Medcity Kochi

06-12-2021 - 31-01-2023

Registered staff Nurse

Aster Medcity

Staff Nurse with 1.1year experience in urology OT

ASTER MEDCITY Is a 850 bed super speciality hospital. Its keralas first JCI ACCREDITED HOSPITAL.

#### Yenepoya Medical college Hospital

20-09-2019 - 25-11-2020

Registered Staff Nurse

Staff Nurse with 1.2year experience in operation theatre (general surgery and gynaecology)

### Education

#### Yenepoya medical College hospital

2015-2019

Bsc nursing

80 percentage

### Skills

Microsoft applications ( word,power point, excel) to produce innovative and creative documents

### Languages

Malayalam

English

Kannada

### Duties And Responsibilities

● Ensure all team members deliver quality patient care by providing appropriate clinical and managerial leadership. Develop and enhance the skills and knowledge of others and self, encouraging team members to expand and which are used for surgeries and maintaining records.

● Pre-operative

Patient Assessment

Communicating between OT and WARD, regarding scheduling for procedure/ surgery (name, diagnosis, procedure, schedule, timing, surgical site).

Understanding of surgery or consent

Emotional aspects

Read and interpret lab results

● Intra operative

\* Performing sign in, time out and sign out

\* Setting-up the sterile table

\* Assist the surgeon and the surgical associates during the operation.

\* Make sure that all surgical instruments, equipments and swabs counted throughout the operation so that nothing is lost or left inside the patient.

\* Wound dressing

\* Charting

● Postoperative

-Monitoring the patient until they recover from the effects of surgery and the anaesthetic.

✓ -Checking for complications such as blood loss, breathing problems or shock.

✓ - Arranging OT for emergency re- exploration including co-ordinate of all required staff.

✓ -Giving treatment during the recovery phase if necessary.

Reopening the surgical site.

✓ - Communicating with Referring doctors and relatives regarding progress of the patient.

✓ - Explaining discharge medications, dressing, physiotherapy, Diet counseling

✓ - Maintaining clear records for follow ups

✓ - Communicating patient condition with surgeons and referring Doctors and Nurses and patient relatives.

- Managing patient specimen and Body fluids accordingly.



● **Certificates**

Attended a simulation based course on "Basis of ECG and ACLS algorithm" organised by Yenepoya Medical College Hospital held on 27 July 2019.

Attended a simulation based course on "paediatric advanced life support" on 27 July 2019



● **Reference**

Sr.Aileen Mathias - Yenepoya Medical college Hospital, Derelakkte, Mangalore ,575018  
Chief Nursing officer



## Declaration

I hereby state that the above mentioned information is true to the best of my knowledge. I submit my resume for your kind observation and favorable order hope my skills are sufficient for your requirement.

Place:..

Signature:

Date: