## CURRICULUM VITAE

#### PERSONAL INFORMATION

Ann mary joseph D/Joseph Antony Moozhoor[house] Bethel PO bethel Idukki ,kerala -Pin:685514 9137652388 annannaj24@gmail.com

Sex : Female Date of Birth : 24/07/1993 Nationality : Indian

## **CAREER OBJECTIVE**

I Would like to take up a challenging position in the organization where my skills, creativity, Positive attitude and responsibility will be utilized. This will allow me to significantly contribute to your mission as well as develop my career as a Staff Nurse.

### WORK EXPERIENCE

**Organization** :Fortis Hospital, Mumbai, India [Accredited by **Joint Commission International And NABH**]

Duration :28/10/ 2016 to 28/10/2019 Designation :Staff Nurse (pediatric) Bed strength:252 Organization :Amrita instituteof medial science and research,cochin,India [Accredited by NABL,NAACAnd NABH] Duration :01/01/ 2021to 09/04/2022 Designation :Staff Nurse (pediatric) Bed strength:1450

Course	College/Institute	University/Board/Percentage
B.S.C Nursing	Abhaya College of Nursing	Rajiv Gandhi University of Health Science *First year B.sc Nursing 67.6% *Second year B.sc Nursing 70% *Third year B.sc Nursing 72.6% *Fourth Year B.sc Nursing 70%
H.S.C	Govt. Higher Secondary School Thoprakudy	Kerala State 73%
S.S.C	Govt. Higher Secondary School Thoprakudy	Kerala State 68%

### EDUCATION QUALIFICATION



# AREA OF INTEREST Staff nurse

## PERSONAL ATTRIBUTES

- Self Motivated& Proactive with a good sense of responsibility.
- An effective communicator with excellent relationship building & interpersonal skills.
- Hardworking
- Positive Attitude
- Possess a Flexible & Detail Oriented Attitude
- Punctual
- Disciplined

## DUTIES AND RESPOSIBILITIES EXPERIENCED

- □ Function independently in providing care to specific number of patients
- □ Set priorities and implementing nursing care based on process approach
- **EGG** interpretation including identifying dominant rhythms, arrhythmias etc.
- □ Assist physicians with diagnostic procedures.
- Helping in smooth functioning of health care team with appropriate communication and proper handling of facilities.
- □ Maintenance of records and reports.
- □ Orientation clinical teaching.
- Giving mobilization, stomach wash, sponge bath etc.
- □ Maintaining input and output chart.
- Giving CPR and experience in using defibrillator .
- □ Recording vitals and collection of blood samples.
- Giving emotional support to the patient and relative
- □ Handling emergencies with advanced cardiac life support instruments



- □ Ward management
- Continuous assessment of nursing needs and making plans to meet the nursing needs of the clients.
- Meeting the psychological, social, spiritual, economic and rehabilitation needs of the clients.
- □ Imparts health education to clients and their relatives.
- Assists in the direct care of clients as and when required. This will include administration of medicines, injections, catheterization, bladder wash, Ryles tube

## **CO – CURRICULAR & EXTRA CURRICULAR ACTIVITIES**

. Achieved Patient delight award in 2016 at Fortis Hospital Mulund.

# INSTRUMENTS HANDLED

\*ECG Machine \* PulseOxymetry \*Suction Apparatus \* CardiacMonitors \* Infusion Pumps \*Syringe Pumps\* Glucometer \* Sphygmomanometer \*Laryngoscope\* Defibrillator \*Doppler

\*Thermometer \* Nebulizer \* Steam inhaler \* Oxygen System \* Ambu bag\* Crash cart \*Alpha bed\*Radient warmer\*phototherapy \*

# PROCEDURES PERFORMED

- cannula insertion
- blood extraction
- NG Tube insertion and feeding,
- catheterization,
- CPR & Defibrillation
- Blood transfusion
- Nasal, oral and tracheal suctioning,
- Assigning lumbar puncture
- Oxygen administration,
- Checking of blood sugar by glucometer
- Blood pressure monitoring
- Care of baby with warmer and phototherapy



- IV &IM injections
- ECG
- Suctioning(open \$ closed)
- TPN
- Dressing
- Newborn care

### REFERENCES

Mrs. Mini mole Varghese
 Chief of Nursing
 Fortis Hospital Ltd ,Mumbai, India
 Tel: +91 9867039856 / +91 22 679944444

Mrs.Elsiekappen
 incharge maternity and pediatric
 Fortis Hospital Ltd ,Mumbai, India.
 <u>Tel:+02249254541/02249254540</u>

Δ Ms sai Bala m Nursing Director Nursing service AIMS PH:914842851842 Email: nursing@aims.amrita.edu

### PASSPORT DETAILS

Passport No	: R3534519
Date Of Issue	: 05/09/2017
Date Of Expiry	:04/09/2027
Place Of Issue	: cochin

### LANGUAGES KNOWN

\*English

\*Hindi

\*Malayalam

\*Tamil



## INDIAN NURSES ASSOCIATION REGISTRATION

- Registered Nurse And Midwife Karnaka Nursing Council
  Registration No :. 076418Date of Registration :-12thMay2016
- Registered Nurse And Midwife Maharashtra Nursing Council
  .Registration No :. :XVII-18021Date of Registration :-10thNovember2016
- Registered Nurse And Midwife Kerala Nursing Council
  .Registration No :. :KL04202000484 Date of Registration :-3<sup>rd</sup> February 2020

## DECLARATION

I Consider myself familiar with staff nurse aspects. I am also confident of my ability to work in a team. I hereby declare that the information provided is true to the best of my knowledge.

Place : Idukki

Date : 14/02/2020

Ms. Ann mary joseph

