

DR.GOPIKA KRISHNAN

MBBS



PERSONAL DETAILS

Name

Dr. GOPIKA KRISHNAN

Date of Birth

29.05.1996

Gender

Female

Nationality

Indian

Marital Status

Unmarried

Address

Gokulam , kulakkada east P.O
Kottarakara, Kollam Dist.
691521

Phone

+91 6238 139 784

Email

gopikakrishnan8289@gmail.com

Interests

Reading
Dancing
Cooking

Languages

English
Malayalam
Tamil
Russian

ABOUT ME:

A professional and adequately Junior doctor who is passionate about delivering exemplary patient care.Experince of house surgency in hospital and community based placements. Excellent communication skills, inspiring confidence in patients.regularly asked to step up by senior colleagues, owing to my calm and competent approach.

CAREER OBJECTIVE:

Looking for position of junior doctor in reputed hospital to learn about new skills and to gain more knowledge to enhance my personal growth as an excellent medical practitioner.

EDUCATIONAL QUALIFICATION:

Bachelor of Medicine and Bachelor of surgery (MBBS) from Smolensk State Medical University , Russia (2015 -2021)

HSC (Biology Science , CBSE) from Mar Gregarious Memorial Residential Public School (2012- 2014)

SSLC from Padmasree Central School (2012)

WORK EXPERIENCE:

House Surgency:

General hospital Alappuzha (01.06.2022 – 31.03.2023)

Department of Ophthalmology

Supervisor Dr. Abhishek
01/06/2022 – 15/06/2022

Department of Dermatology

Supervisor Dr. Shyju
16/06/2022 – 30/06/2022

Department of Emergency Medicine

Supervisor Dr. Priyadarsan C.P
01/07/2022 –15/07/2022

Department of E.N.T

Supervisor Dr. Mumtaz
16/07/2022 – 31/07/2022

Department of General Medicine

Supervisor Dr. Rejith Kumar
01/08/2022 – 30/09/2022

Sub Dept.: Psychiatric Medicine

Supervisor Dr. Shalima
01/09/2022 – 15/09/2022

Department of Obstetrics and Gynecology

Supervisor Dr. Pushpa
01/10/2022 – 30/11/2022

Department of Pediatrics

Supervisor Dr. Sreedevi
01/12/2022 – 31/12/2022

Department of Orthopedics

Supervisor Dr. G.Venugopal
01/01/2023 – 30/01/2023

Department of Anesthesia

Supervisor Dr. Mini .R
31/01/2023 – 14/02/2023

Department of Surgery

Supervisor Dr. Jeena / Dr. Silbi
15/02/2023 – 31/03/2023

COMMUNITY MEDICINE : (RURAL POSTING)

**Government Community Health Center ,
Thanneermukkom ,Alappuzha (01/04/2023 – 31/05/2023)**

Handled as Rural Posting:

- Acquired Clinical competence for diagnosis and common ailments, use of bed side investigation and primary care techniques.
 - Gained Information on Essential Drugs and their usages.
 - Recognize medical emergencies, resuscitate and institute initial treatment and refer to suitable institution.
 - Acquired quality of being professional with dedication, resourcefulness and Leadership.
 - Acquired managerial skills delegation of duties to paramedical staff and other health professional
-

REGISTRATION WITH PROFESSIONAL BODIES

Kerala State Medical Council
Temporary Reg # 71158 valid till 10.03.2024.

CLINICAL SKILLS AND EXPERTISE (HOUSE SURGERY)

OPHTHALMOLOGY:

- Able to diagnose and manage common ophthalmology conditions such as acute conjunctivitis, allergic conjunctivitis, cataract, corneal ulcer, myopia, and hypermetropia.
- Carried out removal of supervision foreign body from the eyes.

DERMATOLOGY:

- Able to conduct clinical examination elicit and interpret physical findings and diagnose common disorders and emergency.

EMERGENCY MEDICINE:

- Able to identify acute emergencies in various disciplines of medical practices.
- Manage acute anaphylactic shock.
- Emergency management of poisoning and seizure.
- Emergency management of Bronchial asthma.
- Emergency management of Hyperpyrexia.
- Administered emergency management of burns.
- Emergency management for various trauma victims.
- Identified medico legal cases and learned filling up of forms as well as complete other medico legal formalities in case of injury intoxication, assault etc.

E.N.T:

- Acquired skill in first line management of common Ear, Nose, throat problems.
- Able to carry out minor surgical procedure such as ear syringing, packing of the nose for epistaxis, removal of foreign body from the ear, observed various endoscopic procedures.

GENERAL MEDICINE:

- Acquired competence for clinical diagnosis based on history, physical examination and relevant laboratory investigation and institute appropriate line of management.
 - Conduct Urethral catheterization.
 - Insertion of Ryle's tube.
 - Interpret an ECG.
-

OBSTETRICS AND GYNECOLOGY:

- Learned diagnosis of early pregnancy and providing of antenatal care.
- Management of normal labor, performing and suturing episiotomy.
- Assisted in Cesarean section.
- Able to perform papsmar collection, urethral catheterization.
- Suture removal in post-operative cases.

PEDIATRICS:

- Diagnosis and manage common child disorders and acute emergencies, examine a sick child and making a record of information.

ORTHOPEDICS:

- Able to diagnose and suspect presence of fracture and dislocation.
- Perform plaster slab for the purpose of emergency splintage.
- Figure of Eight bandaging.
- Manual reduction of common fracture – Colles.
- Assisted in various operations such as TKR, Open reduction & internal fixation of bones and implant removal.

SURGERY:

- Institute first line management of acute abdomen – Appendicitis.
- Monitor patients of Head –Chest injuries.
- Apply dressing.
- Assisted in Cyst removal.
- Done rectal examination.
- Suturing of superficial wound.
- Drain superficial abscesses.
- Assisted in open Hernia repair.

PERSONAL STRENGTHS:

- Excellent communication skills.
- Excellent theoretical knowledge
- Adaptive and eager to learn.
- Decisions making.
- Work Ethics.
- Active listening.

DECLARATION:

I authorize the verification of the above information & any other necessary enquiries that may be required to determine my ability for the employment.

GOPIKA KRISHNAN
