

Salina Anusha

Dietician

Goal oriented dietician and wellness Professional focus on conducting detailed nutrition consultation and creating personalized meal plans to meet the nutritional needs of each client.



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PERSONAL INFO.

Date of Birth : 05,May,2001

Gender : Female

Nationality : Indian

WORK EXPERIENCE

Dietician (Internship)

Medicover hospitals, visakhapatnam

Feb,2023 - Apr,2023

EDUCATION

MSC Home science

St. Joseph's College for women,
visakhapatnam

Feb,2021 - May,2023

Bsc Food science, nutrition and dietetics

Loyola academy degree and pg college,
secunderabad

Jun,2018 - Apr,2021

SKILLS

Meal planning

Counselling

Self

confident

Punctual towards work

LANGUAGES

Telugu

Hindi

English

PROJECTS

Incorporation of beetroot powder in cookies to reduce cholesterol levels in cholelithiasis patients

Cookies are made with incorporation of beetroot powder to reduce cholesterol levels in patients who had cholelithiasis which different variations and sensory evaluation was done by panels. This project was a part of thesis work.

CERTIFICATIONS

Organic farming

Loyola academy

2018

Intership

Medicover hospitals

2023

Internship

Nutrilicious diet clinic

2021

INTERESTS

Drawing

Cooking

Gardening