



GAYATHRI K

Mob : 9207651676

Email : gayathrikhd111@gmail.com

Address : Ittammal house, Kolavayal PO,
Kanhgad, Kasaragod district,
Kerala, 671531

SKILLS

- Communication skill
- Critical thinking
- Problem solving
- Time Management
- Knowledge on microbiology, dietetics
- Diet counselling

LANGUAGES

- Malayalam
- English
- Tamil

OBJECTIVE

To work in an environment which encourages me to succeed and grow professionally ,where I can utilise my skills and knowledge appropriately

EXPERIENCE

◆ DIETICIAN TRAINEE

ASTER MIMS , KANNUR
MAY-22 TO NOV-22

- Creating healthy and nutritious diets for patients.
- Monitoring eating habits and diets of individual, family members or both.
- Compiling information and tracking client progress towards their health goals.
- Diet counselling
- Researching on various topics of health recovery and progress

EDUCATION

- **Msc Food science and Nutrition**
Manglore university
2019-2021
- **Bsc Microbiology**
Kannur University
2015-2018
- **Higher Secondary**
Kerala Board
2015
- **SSLC**
Kerala Board
2013

HOBBIES

- Singing.
- Drawing
- Violin

PROJECTS

- *Nutritional assessment of hostel boys during post lockdown*
- *Extraction and characterization of pectin from citrus fruit peel(sweet lemon) and production of jelly fortified with flaxseed*
- *A study on resistance pattern of pathogenic microorganisms causing urinary tract infection*

ACTIVITIES

- *Conducted Nutrition Education Program for children as a part of academic curriculum*
- *Conducted National Nutrition Program as a part of academic curriculum*

ACHIEVEMENTS & AWARDS

- *Participated in national quiz competition "nutribee" conducted by department of food, nutrition and dietetics and home science with IQAC in connection with national nutrition week on 2020*

DECLARATION

"I hereby declaring that the details and information given above are complete and true to the best of my belief".



GAYATHRI K