#### 8111841714

# Adona Elza Joseph

**BSC Nursing Graduate** 

Seeking a challenging and progressive Career using my skills and creative thinking to gain future exposure, Strength and Experiences also probing opportunities for further development of my abilities with long term growth possibilities and contribute to the Organization on its progress.





### **EDUCATION**

### **BSC Nursing**

T. John College of Nursing

09/2018 - 09/2022

Bangalore

### 12th

### St Thomas Higher Secondary School

06/2016 - 02/2018

Kozhencherry

Courses

- Bio Science

### 10th

St Mary's GHSS

06/2015 - 02/2016

Kozhencherry

### **PROJECT**

#### Research

A study to assess the knowledge regarding Premenstrual syndrome among female college students of T John group of institution with a view to develop an instructional video.

### **INTERNSHIP**

### Nurse

Manipal Hospital

08/2022 - 09/2022

Bangalore

### SKILLS

Good at managing and working with people.

Multilingual with good communication skills

Have the capability to Grasp things quickly

### **ACHIEVEMENTS**

Coordinated student nurses Association programme

### **CERTIFICATES**

National conference on Invovations and challenges in nursing: Streamlining nursing practice

International society of Gene and Cell Therapy Convention 2019 at Bangalore Medical College and Research Institute on 11th and 12th November 2019, Bangalore

National conference on New pathways in clinical nursing practice and research: Igniting a spirit of exploration

Clinical Experience in Psychiatric Nursing at Cadabam's Institution Bangalore

Simulation Lab training in IHHC at Bangalore

## LANGUAGES

**English** 

Native or Bilingual Proficiency

Kannada

Full Professional Proficiency

Tamil

Professional Working Proficiency

Malayalam

Native or Bilingual Proficiency

Hindi

Native or Bilingual Proficiency

### INTERESTS

Music

Dance

Singing

Travelling