

Ravi Kumar

Physiotherapist, M.I.A.P ; Q.P.S

Experienced and dedicated Accomplished Physical Therapist possessing strong clinical assessment and evaluation skills. Distinguished client-facing skills and experience working closely with health care professionals to assess and treat complex conditions. Communicative and reliable professional well-versed in collaborating with practitioners and adhering to treatment instructions.

Work History

- 2023-01- -** **Now I am working with Portea Medical Healthcare Pvt Ltd as a Respiratory Therapist**
- 2023-03** **Represented 1st Straight Drive Women & Patron**
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- 2017-09 - 2020-02** **Sports Physiotherapist**
Bihar Cricket Association, Patna, Bihar
- Helped in healing numerous sports injuries such as Achilles tendon rupture, Rotator cuff injury, Dislocations, Knee Injuries, Tennis elbow etc.
 - Constructed physiotherapy treatment plans to increase functionality and strength.
 - Supported athlete's progress and physical health by prescribing and demonstrating at-home exercises. Observed and recorded athlete's responses to therapies and exercises to report to practitioners and recommend adjustments to treatment plans.
 - Planned individually-designed treatment programs to restore, maintain and improve physical functioning, alleviate pain and prevent disability. Planned and administered range of treatments and therapeutic exercise programs involving active and passive ranges of motion and muscle reeducation.
- Physiotherapist**
Apollo Clinic, Patna, Bihar
- 2013-05 - 2015-05** Performing complex treatments on chronic patients such as musculoskeletal physiotherapy, cardiorespiratory
- physiotherapy, neurological physiotherapy, rehabilitation and pain management.
- Constructed physiotherapy treatment plans to
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Contact

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Phone

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Skills

- Trained in motor and cognitive skills therapy 
- Orthopedics specialist **Very Good** 
- Bone conduction testing **Very Good** 
- Trained in diagnostics and prognostics **Good** 
- CAPD expert **Very Good** 
- Articulation therapy **Good** 

increase functionality and strength.

- Taught patients uses of wheelchairs, braces, canes, crutches and prosthetic devices.
- Communicated pertinent results, progress or challenges to target and restore mobility for patients.
- Delivered home care therapy to home bound and long-term care patients.
- Recorded detailed prognosis, treatment, responses and progress notes in patient charts.
- Aided and counseled patients adjusting to permanent physical disabilities.

Physiotherapist

2011-07 -
2013-07

Aditya Hospital, Patna, Bihar

- Aided and counseled patients adjusting to permanent physical disabilities.
- Conducted clinical assessment and evaluation to determine patient needs.
- Educated patients and family members regarding diagnosis, injury prevention and therapeutic treatments.
- Managed acute and chronic conditions with full understanding regarding complex therapy needs.

Physiotherapist

2010-05 -
2011-06

Orthi Tec International Clinic, Bangalore, Karnataka Constructed

- physiotherapy treatment plans to increase functionality and strength.
- Supported patients' progress and physical health by prescribing and demonstrating at-home exercises. Planned individually-designed treatment programs to restore, maintain and
- improve physical functioning, alleviate pain and prevent disability.

Education

2020-2022

Master of Physiotherapy in Sports

Sikkim Professional University at Gangtok (Sikkim)

2003-08 -
2009-09

B.P.T: Physiotherapy

Padmashree Institute of Physiotherapy - Bangalore

Certifications

2007-01

Qualified Physiotherapy Society (QPS)

2008-03

M.I.A.P (Member Indian Association of Physiotherapy)

2009-05

Workshop on "Manual Therapy Over Lumbar Spine by Various Techniques (Maitland, McKenzie, Cyriax, Butler)