



Akhila Chalil

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Objective

An empathetic and trustful psychology graduate with superior verbal communication and social skills. Capable in the field of counseling and psychotherapy. Also interested to work in the field of educational settings. I have worked as consultant psychologist for two year at Multidisciplinary centre Malappuram, Kerala and have been doing online counseling services. Have also worked with children with special needs. And experienced in psychometry. Attended cases with behavioral, nuero developmental and mental disorders. Empathize with a wide range of people which make me to provide unconditional regards, focusing on Behavioral therapy, Cognitive therapy and Humanitarian therapies.

Experience

- **Multidisciplinary centre for children** 2020 - 2023
Consultant Psychologist
I have worked as a consultant psychologist at Malappuram, Kerala for two years. And i got immense knowledge and understanding regarding children with disability, need of special care and support. I could able to handle different cases of Neurodevelopmental disorders and taken awareness classes for parents. And i also able to take counselling for teenagers and early adults.
- **Gender Resources centre, District mission, Kudumbashree, Malappuram** January, 2023 -
Community counselor
Working as community counselor under government Gender Resource centre, District mission, Malappuram, Kerala. I have handled gender sensitization classes and counseling for people under panchayath and block panchayath.

Education

- **Central University Of Karnataka** 2019
M.Sc(Hons) psychology, clinical and counseling
B

Skills

- Client centered focus
- Focused Behavior therapy and cognitive behavior therapy
- Superior communication skill and listening skill
- Ability to do Multi task
- Good in team work

Projects

- **Research work**
Dissertation on "An association of personality traits and apathy on recidivism among juvenile delinquents" in Kerala and Karnataka.
 - Domestic violence among married couples during COVID -19 lockdown in an urban setting: A cross-sectional survey
 - Project on "A comparative study of Achievement Motivation" among PG students in Central and State Universities of Karnataka.
 - Project on 'self-efficacy of mobile gamers and non -gamers' among under graduate students in Central University of Karnataka.
 - Project on 'signal detection capacity in teenagers' among undergraduate students in Central University of Karnataka.

Achievements & Awards

- Qualified Kerala State Eligibility Test (2022) for Assistant professor

Languages

- Malayalam, English, Tamil, Hindi