

# J S REVATHY

Physiotherapist

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## CAREER OBJECTIVE

To excel in the field of Physiotherapy, hardworking and dedicated professional who want to meet the challenges posted in Physiotherapy field and to make each and every individual fit and healthy for the greater well being of human kind.

## PROFESSIONAL EXPERIENCE

Govt.Leprosy Sanatorium,Nooranad ,Kerala

Title head : Physiotherapist - Intern

JUNE 2020 – DECEMBER 2020

Department of Physical medicine and rehabilitation  
Physiotherapy unit.

## CLINICAL POSTING

Malankara Orthodox Syrian Church Medical  
College ,Kerala

Title head : Clinical experience

April 2019 – July 2019

Govt.Leprosy Sanatorium,Nooranad ,Kerala

Title head : Clinical experience

APRIL 2018 – JULY 2018

Travancore Medical College Hospital, Kollam  
Kerala

Title head : Clinical experience

JANUARY 2017 – FEBRUARY 2017

## INFORMATION

- Age : 24
- DOB : 10 June 1996
- Gender : Female
- Nationality : Indian
- Marital Status : Married
- Blood Group : O+

## PERMANENT ADDRESS

Souparnika,  
Peroorkarazhma  
Chaarumoodu P O  
Alappuzha District  
PIN : 690505 (KERALA)

## PRESENT ADDRESS

39/1  
Kurmanchal Nagar  
Izzat Nagar  
Bareilly (UP)  
PIN- 243122

## SKILLS

- Professional Mannerism
- Effective Patient Handling
- Clinical Reasoning
- Patient Centered
- Dedicated

## AREAS OF INTEREST

- Pain Management
- Manual Therapy
- Musculoskeletal Physiotherapy
- Neurological Physiotherapy
- Pediatric Physiotherapy
- Cardiac Rehabilitation
- Posture and Ergonomic correction
- Sports Physiotherapy
- Cognitive Behavioral Therapy

## DUTIES & RESPONSIBILITIES

- Assessment and evaluation of physical disabilities caused by Musculoskeletal, Geriatric, Pediatric cases and Neurological injuries..
- Education of patient and their family about self care treatment interventions.
- Bronchial hygiene, chest physiotherapy.
- Mobilization techniques.
- Neurology and neuro-surgical rehabilitation.
- Pre and Post operative physiotherapy after joint replacement.
- Regular follow ups and reassessment for a comprehensive rehabilitation.
- Establish short term and long term treatment goals with patients based on physical diagnosis.
- Manage and treat patients with home care.
- Implement programs including therapeutic exercises, manual therapy, soft tissue technique like myofascial release, postural education

## PROJECTS

### Fracture Head of Femur

Project on Orthopedics and sports medicine

### Autism

Project on Neurology and Neurosurgery

### Deep Vein Thrombosis

Project on general medicine and surgery including Cardiothoracic conditions

## EDUCATION

### Bachelor of Physiotherapy (BPT) – School of Medical Education, CPAS, Gandhi Nagar, Kottayam.

2015 – 2020

Completed graduation in Bachelor of Physiotherapy from MG University

### V.V.H.S.S, Thamarakulam — Class XII

JUNE 2012 - MARCH 2014

Completed with Distinction and a percentage of 92.

Successfully completed the 2 year program of NATIONAL SERVICE SCHEME during the period 2012 – 14.

### St Joseph's Convent English Medium School Parayankulam Kerala– ICSC

2011 – 2012

With percentage of Mark- 89.

## STRENGTH

- Optimistic
- Keen Learner
- Time Management
- Positive Attitude

## LANGUAGES

- English
- Malayalam
- Tamil
- Hindi

## PROFESSIONAL DEVELOPMENT

### Integrated Approach on Stroke Rehabilitation

Held at PWD Rest House Alappuzha on 9<sup>th</sup> February 2019

## EXPERIENCE

Jeevandhara rehabilitation & research institute, Bareilly, Uttar Pradesh.

01 March 2021 - 10 September 2021

## REFERENCE

Mr. Deepu CB, Assistant Professor, School of Medical Education, CPAS,  
Kottayam Email ID: [deepucb@ymail.com](mailto:deepucb@ymail.com)  
Ph: +91 9947471747

## DECLARATION

I assure that the above furnished information is true according to the best of my knowledge and belief.

Place: J S REVATHY

Date: