



SHOBHIKA C.G.

CONTACT

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OBJECTIVE

Physiotherapist(MPT-NPD) with good interpersonal skills seeking a challenging position in a reputed organization where I can learn new skills, expand my knowledge and to utilize my skills to provide a professional service to the clients and to get an opportunity where I can make the best of my potential and contribute to the organization's growth.

SKILLS

Problem solving
Team building
Decision making
Documentation

CLINICAL EXPERIENCE

BPT Internship

30/12/2019 - 30/07/2020

PRS Neuroscience and mechatronics Research, Bangalore

1/10/2021 - 31/12/2021

Internship

K C General Hospital, Bangalore

Internship (July 2021)

ESIC Hospital, Bangalore

Internship (May 2022)

ACHIEVEMENTS & AWARDS

1st Prize for paper presentation(Mangalore Physiocon 2022) Title- Prevalence of Burnout Syndrome among Information Technology Professionals who are working from home during COVID-19 Pandemic.

LANGUAGES

English
Malayalam
Tamil
Hindi (Elementary)
Kannada(Elementary)

EDUCATION

Padmashree Institute of Physiotherapy, Bangalore

2020-2022

MASTER OF PHYSIOTHERAPY (Neurological and psychosomatic disorders)

72.4%

Srinivas college of Physiotherapy, Mangalore

2015-2020

BACHELOR OF PHYSIOTHERAPY

71%

RESEARCH WORKS

Neuroplasticity in Stroke Rehabilitation

BPT

Effect of Music Therapy on Fear of Fall and Gait in chronic Stroke Subjects

MPT

CONFERENCES, SEMINARS AND WORKSHOPS ATTENDED

- MANGALORE PHYSIOCON 2017
- DRY NEEDLING COURSE -1 Foundation and practice of dry needling.(workshop) 2017
- BASIC OF ICU CARE & PHYSIOTHERAPY IN CRITICAL CARE.
at Kanachur Hospital, Mangalore 2018
- National workshop on 'PULMONARY REHABILITATION' at Manipal school of allied health sciences 2018
- National level conference on 'SHOULDER SYMPOSIUM 2019'
- National level conference on 'NEUROTRAUMA AND REHABILITATION' 2019
- Workshop on 'VISCERAL MANIPULATION' 2020
- Workshop on 'ASSESSMENT AND HANDLING OF CHILDREN WITH CEREBRAL PALSY THROUGH CONCEPTS OF NDT' 2019
- MANGALORE PHYSIOCON 2022

PROFESSIONAL ENHANCEMENTS

- Leval (A) KCAT
Certified in 2019
- INDIAN ACADEMY OF FITNESS TRAINING
Attended 125 hour workshop (04/02/2020 to 28/02/2020) and certified for:-
Advanced Fitness/Gym instructor training
Fitness- Diet and Nutrition
Aerobics Instructor Training
Spinning Instructor Training
Primary and Advanced Pilates Instructor Training
Pre and Postnatal Fitness Instructor Training
- COMT- FIMT 2021

DECLARATION

- I hereby declare that the details and information given above are complete and true to the best of my knowledge.