

## CURRICULAM VITAE

Hridya Alias

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### OBJECTIVES

- Seeking for a position in the field of Physical Therapy as CLINICAL PHYSIOTHERAPIST that will provide a wide experience.
- To work in an organization offering a challenge, friendly atmosphere, appreciation of initiative and independent working and an opportunity to utilize the skills attained through past experiences and scope for growth.

### EDUCATIONAL QUALIFICATION

- **Graduation** : Bachelor of physiotherapy(BPT) with 68 % marks from Medical Trust Institute of Medical Sciences Kochi under Kerala University of Health And Allied Sciences(KUHS).
- **HSE** : 95% mark in 2015, Rajarshi Memorial Higher Secondary School Vadavucode.
- **SSLC** : 90% marks in 2013, Rajarshi Memorial Higher Secondary School, Vadavucode.

## **INTERNSHIP**

Six months of Internship training from **23. 10. 2019 to 08. 08. 2020** at **Medical Trust Hospital, Ernakulam.**(NABH accredited)

During the period of internship the following departments are Covered:

- *Physiotherapy department and sports medicine*
- *Orthopedics*
- *Cardio-Thoracic Unit*
- *Neurology and Neurosurgery*
- *Pediatrics*
- *Obstetrics and Gynecology*
- *General medicine*
- *General Surgery*
- *Various Intensive Care Units*
- *Orthotic and Prosthetic department*
- *Radiology Departments (M.R.I ,C.T)*
- *E.C.G,E.E.G,P.F.T, N.C.V departments*
- *Differentially abled children School postings*

Worked with Senior Physical Therapists and other Department Heads in Medical Trust Hospital Ernakulam to mould my skills in various areas.

## JOURNAL AND CASE PRESENTATION

- **JOURNAL** : Physiotherapy in Seborrhic Dermatitis.
- **CASE PRESENTATION** : ACL injury and its physiotherapy management.

## PROJECT DETAILS

- A Project on *EFFECTIVENESS OF PHYSICAL ACTIVITY IN PRIMARY DYSMENORRHEA AMONG COLLEGE STUDENTS* has been published in International Journal of Science and Research (*IJSR*) as a part of curriculum.

## ACTIVITIES

- I was a part of medical team in Ernakulam District Badminton championship 2019 at RSC kadavanthra.
- Part of medical team in IDBI Federal Life Insurance spice coast marathon 2018 at Cochi.

## CME'S AND WORKSHOP ATTENDED

- *QINETICS 2018* Physiotherapy Conference at Little Flower Institute Of Medical Sciences And Research Angamaly.

## EXPERIENCE

- **PHYSIOTHERAPIST TRAINEE**  
Private Physiotherapy Clinic [ Aug 2020 - Dec 2020 ]  
In continuation of Internship
- **JUNIOR PROJECT ASSISTANT (STROKE MEDICINE)**  
Amrutha Hospital, Ernakulam [ Dec 2020 - Dec.2021 ]
- **PHYSIOTHERAPIST TRAINEE**  
M O S C Medical Mission Hospital Kolenchery [ Jan 2022 - Mar 2023 ]

**PERSONAL DETAILS**


Name : **Hridya Alias**  
Gender : **Female**  
Date of birth : **04-12-1996**  
Marital Status : **Married**  
Religion : **Christian**  
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**PIN – 682305**

**Declaration**

I hereby declare that above facts given by me are true to the best of my knowledge and belief.

Place : Kureekkad

Date : 15-05-2023

  
**HRIDYA ALIAS**