

# SHEENU MOHAN

## OBJECTIVE

To work in an environment which encourages me to succeed and grow professionally where I can utilize my skills and knowledge appropriately and to bring my strong sense of dedication and responsibility to my profession.

## EDUCATION

<b>Bachelor of Physiotherapy</b>	2017- 2022
Sree Anjaneya College of Paramedical Sciences, Calicut (affiliated to KUHS - Thrissur)	
<b>Higher secondary</b>	2014- 2016
SMTGHSS Chelakkara, Thrissur	
<b>SSLC</b>	2004- 2014
LFGHSS Chelakkara, Thrissur	

## CLINICAL EXPERIENCE

<b>Physiotherapist</b>	-
Jeevodaya Mission Hospital, Chelakkara Currently working	
<b>Physiotherapy Intern</b>	Jul 2022 - Nov 2022
Malabar Medical College Hospital, Calicut	
<b>Physiotherapy Intern</b>	Nov 2022 - Jan 2023
Elite Mission Hospital, Thrissur Under the guidance of Physio Gigy George - Indian National Foot Ball Team Physiotherapist	

## PROJECTS

**The effectiveness of early mobilization in ICU - A literature review**

## CONFERENCE AND WORKSHOPS

International Physiotherapy conference organized by South Canara Physiotherapy Teachers association (MANGALORE PHYSIOCON 2018)

Chartered Society of Physiotherapy Teachers National Conference - 2018

"Wheelchair assessment and prescription" workshop as per WHO guidelines (2019)



## CONTACT

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## PERSONAL DETAILS

Date of Birth : 18/11/1998  
Marital Status : Single  
Gender : Female

## LANGUAGES

Malayalam  
English  
Tamil  
Hindi

## INTERESTS

Yoga  
Traveling  
Reading  
Dance  
Journal

Workshop on 'Radiological rationale for Physical Therapy treatment in musculoskeletal disorders' (2023)

## PRESENTATIONS

Presented a scientific poster titled TURTLE NECK POSTURE - ERGONOMIC ADVICES in the CSPT National Conference-2018

## RESPONSIBILITIES

- To be professionally and legally accountable for all aspects of own work, including the management of patients in your care.
- To undertake an assessment of patients, using clinical reasoning skills and manual assessment techniques to provide a physiotherapy diagnosis of their condition.
- With appropriate support, to formulate prognosis and recommend the best course of intervention, developing discharge plans.
- To formulate and deliver individual and group physiotherapy treatment programme based upon knowledge of the evidence of the treatment options available.
- To evaluate a patient's progress, reassess and alter treatment programmes if required, developing reflective practice.

## DECLARATION

I hereby declare that all the information given above is true and correct to the best of my knowledge.