

CURRICULAM VITAE

Kuzhimullil House,
Vempally P.O.,
Kottayam – 686633
8853467073, 8921164001
bala696359@gmail.com



Sub Maj (Hony) BALACHANDRA KAIMAL K. R.

OBJECTIVE

- To take up a challenging position and work in a competitive environment that would utilize my acquired skills and hence provide a platform to grow professionally and personally and to work hand in hand with doctors for the well-being of the patients.
- To be a part of a growth-oriented institution, which provides opportunities to grow with it, and to achieve a challenging and growth oriented position in a progressive organization in managerial capacity.

PROFILE

- Worked as **OT Technician** for **30 years** in Army Medical Corps (AMC), **Senior OT Technician** for **5 years** and 9 months in Renai Medicity, Ernakulam and **Incharge of OT** from Jan 2022 to till date at SAMC, Vadasserikkara.
- Special trained in **Onco surgery, GI Surgery and Stoma care**.
- Paramedical Course for Technical Proficiency in Nursing care and OT Technique
- Consistently commended for delivering patient-centered, quality critical care.
- Known for excellent clinical skills; ability to remain calm under pressure; and strengths in making swift, correct decisions in emergency situations.

PROFESSIONAL EXPERIENCE

- Company/Organization: Indian Army (Army Medical Corps)
 - Started career as a soldier, lowest ladder of Army Medical Corps and rose to the rank of Junior Commissioned Officer.
 - **Thirty years** served across Three Military Hospitals, Three Command Hospitals, Field Hospitals and Army Hospital (Research & Referral) in Army Medical Corps.
 - Designation: Army Junior Commissioned Officer, and served in prestigious Armed Medical College.
 - **OT SUPERVISOR** (Junior Commissioned Officer)
Completed 7 years as OT Supervisor in **Army Medical Corps**.
 - **OT TECHNICIAN**
Completed **30 years** as OT Technician in **Army Medical Corps**, **5 years** and **9 months** as Senior OT Technician at **Renai Medicity, Ernakulam**, **9 months** and **still** as OT Incharge at **Sree Ayyappa Medical College, Vadasserikkara**.

SKILLS

- Working knowledge of computers.
- Trained in General & Gynae Surgery and Anesthesia.
- Trained in Oncosurgery and Stoma care.
- Trained in Endosurgery and Laparoscopic Surgery.
- Trained in CSSD.
- Trained to use Endoscopic, Laparoscopic and Anesthesia equipment.
- Adequate knowledge of positioning in LSCS, D&C, D&E, TLH, LAVH, VH, TAH, Lap Cystectomy, Ovariectomy, LS, Salpingectomy, Laparohysteroscopy, Tuboplasty, Cervical encerclage, TKR, THR, ACL, PFN, DHS, Shoulder scopy, Neuro Microdiscectomy, Craniotomy, Cervical Discectomy, FESS, Coblation adenoidectomy/Tonsillectomy, Septoplasty, Liposuction, Tummy tuck/Abdominoplasty, Penile Inversion Vaginoplasty, Ileal Vaginoplasty, Rhinoplasty, APR, LAR, Sleeve Gastrectomy, Total Lap Gastrectomy, Lap Rt and Lt Colectomy, Lap Chole, Lap Appendectomy, Esophagogastrectomy, Whipple Procedure, MRM, Endoscopic Thyroidectomy, BCS, Laparotomy, Lap & Open Hernia etc.
- Setting up of CO2 Laser, Micro electric saws, Electronic Tourniquets, Fiber optic lights, Surgical Diathermy, CUSA, Video Laryngoscope, Portable Ultrasound, Harmonic scalpel, N Seal, Covidien LigaSure vessel sealing system + Argon gas, HoLEP and TULIP Laser, DVT pump, Leica surgical microscope, Coblator, Mosculator, Irrigation electric pump, Laparoscopic cart with full accessories, Medela high pressure electric suction, Liposuction machine, Fumigation Machine, Infant radiant warmer, Trimano shoulder scopy equipment, Thompson Abdominal Retractor, Mayfield skull traction, Ortho helmet with battery, Striker drill, Patient electric warmer, Tissen spray
- Handling Situations
- Vendor management
- Motivation
- Decision making
- Counseling
- Interactive skills
- Administration
- Communication skills
- Security
- Leading
- Coordination
- Hospitality
- Man management

WORK HISTORY

INDIAN PEACE KEEPING FORCE, FIELD HOSPITAL, SRI LANKA

1987 – 1988

BASE HOSPITAL, BAGDOGRA, WEST BENGAL

1988 - 1992

OT TECHNICIAN

BASE HOSPITAL, BAGDOGRA, WEST BENGAL

1988 – 1992

MILITARY HOSPITAL, AMBALA, HARYANA

1992 – 1993

MILITARY HOSPITAL, BHOPAL, MADHYA PRADESH

1993 – 1995

**ORTHOPAEDIC AND ARTIFICIAL LIMP CENTRE,
MILITARY HOSPITAL, KIRKEE, PUNE, MAHARASHTRA**

1995-1996

BASE HOSPITAL, SRINAGAR, JAMMU & KASHMIR

1996 – 1999

ARMY HOSPITAL (RESEARCH & REFFERAL), DELHI

1999 – 2004

COMMAND HOSPITAL, PUNE, MAHARASHTRA

2004 – 2008

SENIOR OT TECHNICIAN AS JUNIOR COMMISSIONED OFFICER

COMMAND HOSPITAL, KOLKATTA, WEST BENGAL

2008 – 2011

COMMAND HOSPITAL, LUCKNOW, UTTAR PRADESH

2011 – 2015

SENIOR OT TECHNICIAN

RENAI MEDICITY, ERNAKULAM, KERALA

2016 – 2021

OT INCHARGE

SREE AYYAPPA MEDICAL COLLEGE, VADASSERIKKARA, KERALA

2022 –

EDUCATION**OT TECHNICIAN COURSE**

Army Hospital (R&R), Delhi (1988)

Command Hospital, Pune (Various years)

NURSING

AMC Centre & College, Lucknow, Uttar Pradesh (1985 – 1987)

BASIC MILITARY TRAINING

Lucknow, Uttar Pradesh (1985)

PRE-DEGREE

Devamatha College, Kuravilangad, Kottayam, Kerala (1981 – 1983)

SSLC

Govt. High School, Kanakkary, Kottayam, Kerala (1981)

PERSONAL DETAILS

Date of Birth : 28/12/1965

Place of Birth : Vempally, Kottayam

Gender : Male

Marital Status : Married

Languages known : Malayalam, Hindi, English

CERTIFICATES



INDIAN ARMED FORCES (ARMY) TRADE PROFICIENCY CERTIFICATE FOR EX-SERVICEMEN

1. In terms of Govt of India, Min of Labour & Employment, Dte Gen of Employment & Training letter No. DGET-5 (12) 7-TC dated 03 Mar 1978 & DGET-07/36/2012-CD dated 04 Mar 2013 for equation of trades taught & practised in the Army, Air Force & Navy with the corresponding trades in the Industrial Training Institutes under the craftsman/apprenticeship training scheme, this certificate is issued to No. JC696359N Rank SUB Name BALA CHANDRA KAIMAL K R of Army Medical Corps who is class 1 by ORA trade, which is equivalent to civil trade Operation Theatre Technician (Code 3211.40) and Nursing Attendants (3231.30)

as per The National Council of Training for Vocational Trades (NCTVT)/National Apprentice Certificate (NAC).

2. In view of above equation, this certificate shall be treated at par with the certificate issued by NCVT/NCTVT and for employment purposes by all states and Central Govt Departments.

3. This certificate is issued to the individual based on his trade proficiency acquired during 30 Years 0 Months 2 Days of service in the Army.

(Rajender Singh)
Lt Col
SRO
for OIC Record

20 APR 2016



(A K Gupta)
Maj Gen
Dy Comdt & CI
AMC Centre & College



Surg Capt Bernard Fanthome

Senior Advisor (Surgery & Surgical Oncology)

Army Hospital

Research & Referral

Delhi Cantt - 110 010

To Whom It May Concern:

This is to certify that Mr. Balachandran Kaimal has been assisting me in the operation theater from 29 Sep 1999 to 08 Dec 2003.

He is a quiet and efficient worker with a pleasant temperament and gets on well with his colleagues.

He is exceptionally proficient in all routine Operation Theater procedures including layout of trolley for major oncological resections, assisting during surgery, preparation and administration of anesthetic drugs under anesthesiologist's supervision.

He is also trained in the maintenance of latest anesthesia machines and the hooking up of invasive and non-invasive monitors.

During his tenure at Army Hospital (Research and Referral) he has picked up the setting up of Nd YAG Laser, CO2 Laser, Micro electric saws, Electronic Tourniquets, Gamma Probe, Fiber optic lights, C-Arm, and Laproscopic surgery equipment.

He will be an asset to any surgical unit that he joins and I wish him all the best in his future endeavors.

13 Dec 2003

B. Fanthome
Surgeon Captain
Senior Adviser & Professor
Surgery & Oncosurgery
Army Hospital (Research & Referral)



मेजर जनरल मनोमौय गांगुली

सेनानायक एवं मुख्य अनुदेशक

Maj Gen Manomoy Ganguly

Prof & Consultant (Surgery & Oncosurgery), CH (CC) Lko
Commandant & Chief Instructor

अफसर प्रशिक्षण कॉलेज

सेना चिकित्सा कोर केन्द्र एवं कॉलेज

लखनऊ - 226002

Officers Training College

AMC Centre and College

Lucknow - 226002

e-mail : manomoyg@hotmail.com

Tele : (O) 0522-2296408

: (R) 0522-2296409

: Civ-0522-2483391

: (M) 8004207447

TO WHOM SO EVER IT MAY CONCERN

1. JC-696359N Sub/ORA Balachandran Kaimal KR has completed 30 years as OT Technician in Army Medical Corps. He has been specially trained in Oncosurgery and is working as a trained Oncosurgery ORA (Operating Room Assistant) since 27 years, in four Oncology Centres of the AFMS, including at Command Hospital (Central Command) Lucknow and Army Hospital (Research & Referral) Delhi Cantt.
2. He is also trained in Endosurgery and Laparoscopic Surgery and is very efficient in maintaining costly Endoscopic / Laparoscopic equipment. He is an extremely efficient Senior OT Technician who has worked as first assistant in all major Oncosurgical procedures in Head & Neck Oncosurgery, Thoracic Oncosurgery, GI & Hepatobiliary surgery, Gynae & Uro Oncosurgery, reconstruction and Laproscopic Oncosurgery.
3. He is a well read, well mannered pleasant individual who is great asset to any surgeon especially a Surgical Oncologist. He is an excellent team member and manages to get alongwith everybody in any Surgical team.
4. I wish him the best in his future career after retirement from the Army Service.

Station : Lucknow

Dated : 5 Sep 2014

(M Ganguly)
Major General
Commandant & CI



Col V Baskaran, MS PhD

Professor
Senior Advisor (Surgery & GI Surgery)

Department of Surgery
Armed Forces Medical College
Pune - 411 040.

Tel. : 020-26306016 / 18

CERTIFICATE

I have had the pleasure and privilege of knowing 13962665-P Hav/ORA Balachandra Kaimal for more than 8 years. He worked with me at Delhi and Pune as per his posting dates shown below, which corresponded to that of mine:

From 10 May 1999 to 25 Dec 2003 Army Hospital (Research & Referral),
Delhi Cantt-110010

From 29 Dec 2003 to 31 Dec 2007 Command Hospital (SC), Pune-411040


Hav Balachandra Kaimal is a trained Operating room assistant (ORA) and has undergone the all three training courses on operating room techniques conducted by the Indian Armed Forces. These courses include both theoretical knowledge and practical experience and he has been working as an operating room assistant for very many years. By virtue of his knowledge and skills he was posted to superspeciality centres including the two hospitals mentioned above where he was specially trained in oncosurgery and GI surgery.

He has always impressed me by his knowledge, skills and enthusiasm. His interest in his chosen field is admirable. He can independently organize the running of OT, prepare trolleys both for drugs and instruments as well as assist in place of a trained OT sister. He also acquired adequate skill set required for laparoscopic OT.

He has a pleasant disposition and is willing to put in hard work. He is a good team player as well as a manager of his subordinate staff. I have observed him to be in command of the men placed under him and simultaneously look after them. His capabilities both in technical areas as well as in administration have been appreciated by his seniors and by virtue of the over all excellence, I expect that he will be approved for promotion to the rank of Nb/Sub, a Junior Commissioned rank of the Army. I am confident that he will do well where ever he goes.

I have no hesitation in recommending him to any hospital which is looking for a senior ORA both for technical and administrative capabilities. I expect that he will prove to be an asset to any hospital he is likely to join.




Col V Baskaran
Professor &
Senior Adviser (Surg & GI Surg)
Armed Forces Medical College
Pune - 411 040

ARMED FORCES MEDICAL SERVICES



MILITARY HOSPITAL KIRKEE ORTHOPAEDIC CENTRE

Certificate Of Technical Proficiency Operation Theatre Technician

This is to Certify that No. 13962665-P Name Bala Chandran Kaimal
P. Sh. Ramakrishna Pillai of A.M.C. has undergone Operation Theatre
 Technician Class I (one) Course of study and Practical training in General
 Surgery, Orthopaedic, Otorhino Laryngology, Ophthalmology, Re-constructive, Gynaecology / Obstetrics
 Anaesthesiology, and Central Sterilization Supply Department (Gde-I) conducted at Military
 Hospital from 03-07-95 to 10-08-96 and successfully passed.

For purpose of employment of ex-servicemen to civil post, "The Certificate of Technical
 Proficiency Operation Theatre Technician" awarded in Army Medical Corps,
 has been recognised by Govt., of India Ministry of Health and Family Welfare vide their letter
 No. F.28015/52/81 dated 15 June 1982.

The course is recognised equal to diploma by central Government Ministry of Health
 D.M. No. J 28/67/61 M.L. M.P.I. Dated 30th Dec. 1964.

He has qualified in Technical Testing Board held in accordance with provision
 of qualification Regulation of Armed Forces Medical Services of India for
 Soldier's 1958.

Authority for Course (i) Army Medical Corps Record Letter No. 330093C/03 St. May 12, 95
 (ii) Army Headquarter Letter No. Director General Medical Service (Army) :
 B/J/4001/87-88/DGMS-3D.

Presiding Officer
 of Technical Testing Board

H. H. KANB
 LT. COL. AMC.
 CLASSIFIED SPECIALIST (ANAESTHESIOLOGY)

Dated
 Station



(Counter Sig)

Registrar & OC Troops

ARMED FORCES MEDICAL SERVICES



MILITARY HOSPITAL, AMBALA CANTT.

Certificate of Technical Proficiency Operation Theatre Technician

This is to certify that No. 3962665P Name Balachandran
S/o Sri. K. P. M. Rama was a student of Operation Theatre Technician
Krishna Pillai
 Course of this Institute. The study including the previous period are as follows:

Class two courses full time conducted MH AMBALA at the year of 26th Aug 1992 - 5th June 1993

He has successfully completed the courses/studies & passed the Examination in :-

- | | |
|-----------------------------|------------------------|
| 1. General Surgery | 2. Orthopaedic Surgery |
| 3. Otorhino Laryngology | 4. Ophthalmology |
| 5. Gynaecology / Obstetrics | 6. Anaesthesiology |

And is hereby awarded a Technical Proficiency Operation Theatre Technician on this 05th day of June '93

Presiding Officer

Member

- 1.
- 2.

[Signature]
 P O S Saha
 Lt Col AMC
 Chief of Specialist Surgery
 MH Ambala Cantt

[Signature]
[Signature]

Counter Sign by

[Signature]
 (AK Bhatnagar)
 Colonel
 Sr Lecturer & OC Type
 MH Ambala Cantt



0478

ARMED FORCES MEDICAL SERVICES



GRADUATION CERTIFICATE

1. This is to certify that No. JC-696359 N Rank Sub
Name Bala Chandra Kaimal K R was enrolled in the Indian Army on
30 Apr 1985 and is being retired from Service on 30 Apr 2015. He
will be completing 30 of service at the time of his retirement.

His specimen signature is affixed in box.

Balan

The education qualification of the individual at the time of enrolment was
Pre Degree and his date of birth as per his service
document is 28 Dec 1965.

2. In terms of Govt. of Indian Ministry of Personnel, Public Grievances and Pension (Dept of Personnel & Training) letter No. 150128/82/ Est (D) dt. 12 February 1986, an Ex-serviceman who has put in 15 years of service in the Armed Forces and having minimum qualification of Matriculation/Army Special Certificate Examination may be considered for appointment to the posts for which the essential qualification prescribed is Graduation.

3. Under the provision of the above Govt. of India letters since the individual has put in more than 15 years of service and having qualification Pre Degree he may be considered as eligible candidate for appointment to any reserved vacancy having educational qualification as 'GRADUATION'. For this purpose the individual may be considered as a "GRADUATE", for which this graduation certificate is being issued under my seal.

Authority: The Gazette of India notification No 9, New Delhi.
Saturday, March 1, 1986/Phalguna 10, 1907, Part II Section-
3-Sub Section-(1).

Office Seal
Lucknow
Date 30 Apr 2015

Nehraj Yadav
(Nehraj Yadav)
Major
कमानो बख्तरवा / Coy Cdr
कुल कमान अधिकारी
For Commanding Officer

Dinesh Chandra
(Dinesh Chandra)
Colonel
कमान अधिकारी
Commanding Officer

S.No. 10743/2015

ARMY MEDICAL CORPS RECORDS LUCKNOW



सर्वे सन्तु निरामयाः

CHARACTER CERTIFICATE

(TO WHOM SO EVER IT MAY CONCERN)

This is to certify that Army Number JC696359N
Rank..... SUB Name..... BALA CHANDRA KAIMAL K R
of Army Medical Corps has served in the Army from..... 30 Apr 1985
to..... 30 Apr 2015

It is confirmed that his conduct both military and personal
is..... EXEMPLARY and he had no criminal record
while in service.

Army Medical Corps Records
Lucknow-2

Date : 22 Apr 2015

(Jasvinder Singh)

Lt Col


SRO

For Officer-in-Charge Records



Certified that No. JC 696355-N Rank Sub/02A
Name BALACHANDRA KAIMAL. K.R
has under-gone training in ONCOLOGY SURGERY & STOMA CARE
at COMMAND HOSPITAL (C) Lucknow from 15/06/1999
to 14/06/2000 and passed with credit / distinction.




Col S Kapoor
कर्नल संजय कपूर
Senior Advisor Surgery and
Onco Surgery CH (CC) Lucknow
वरिष्ठ सलाहकार शल्य एवं कर्ण शल्य
कमान अस्पताल (कॉमंड) लखनऊ

Signature..... Col S Kapoor
कर्नल संजय कपूर
Name..... Senior Advisor
Onco Surgery CH (CC) Lucknow
Rank..... कर्नल संजय कपूर
Designation..... कमान अस्पताल (कॉमंड) लखनऊ

REFERENCES

➤ **MAJOR GENERAL MANOMOY GANGULY**

Professor & Consultant (Surgery & Oncosurgery), Command Hospital, Lucknow

Commandant & Chief Instructor, Officers Training Institute, AMC, Lucknow 08004207447, manomoyg@hotmail.com

➤ **BRIG. R. K. SRIVASTAVA**

Professor & HOD (Surgical Division & Oncosurgery), Command Hospital, Lucknow

07525090588

➤ **BRIG. RAJNEESH TALWAR**

Professor & HOD (Surgical Division & Oncosurgery), Army Hospital (R&R), Delhi

08826885553

Declaration:

I hereby declare that above mentioned information is correct to my knowledge and I bear the responsibility for the correctness of the above mentioned particulars.

Place: Ettumanoor

Date: 10/11/2022

BALACHANDRA KAIMAL K. R.