



# Litty Mary Joseph

Masters in Psychology

Seeking a challenging career with a progressive organization for capitalizing my skills and abilities.

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📍 Kottayam, Kerala, India

## EDUCATION

### Master of Science (MSc) in Psychology (CGPA - 3.27 Positioned as the 10th rank holder in Mahatma Gandhi University)

Union Christian College, Aluva

2018 - 2020

Kerala, India

### Bachelor of Science (BSc) in Psychology (CCPA - 7.68)

Union Christian College, Aluva

2015 - 2018

Kerala, India

### 12th grade (CBSE) (88.8%)

Indian High School

2013 - 2015

Dubai, UAE

### 10th grade (CBSE) (CGPA - 8.6)

Indian High School

2012

Dubai, UAE

## INTERNSHIP EXPERIENCE

### Intern under a Behavior Therapist

Paripalana Rehabilitation Centre

12/2019

Companypady, Ernakulam, Kerala

### Intern under a Psychiatrist

Bethsada Hospital

04/2019 - 05/2019

Vengola, Perumbavoor, Kerala

### Intern under a Psychologist

Santhula Trust Hospital

01/2018

Koottattukulam, Cochin, Kerala

## SKILLS

Personality Assessments

Intelligence tests

Behavioral Assessments

Neuropsychological Testing

Mental Status Examination

Case history taking

## PERSONAL PROJECTS

Dissertation on Memory, finger dexterity and reaction time among internet addicted adolescents (2020)

Project on locus of control and self esteem among orphans (2018)

## CERTIFICATES

Dr. V.K. Alexander Memorial National Seminar. Union Christian College, Aluva (02/2020)

Family Therapy: Scope, Techniques and Challenges

Middents Endowment Workshop. Union Christian College, Aluva (01/2020)

Soft Skills Enhancement: Training for Psychologists

Dr. V.K. Alexander Memorial National Seminar. Union Christian College, Aluva (03/2019)

Scope and Limitations of Counselling Psychology

School of business studies and social sciences. Christ, Bangalore, India (03/2019)

Presented a paper on Service Learning: An Experiential learning Process in India. National Conference

Know your Mind (02/2019)

A Mental health Talk series for College Students

National seminar on Youth Mental Wellbeing Indian Association of Clinical Psychologists - Kerala (11/2018)

National seminar on youth and Mental Health (10/2018)

## LANGUAGES

English

Native or Bilingual Proficiency

Malayalam

Full Professional Proficiency

Hindi

Professional Working Proficiency

## EXPERIENCE

Working as a psychology school teacher in Carmelagiri CMI Public School from Sept 2021 till date