

## CURRICULUM VITAE

### MANJU LUKOSE

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### CAREER OBJECTIVE

Seeking a challenging career in nursing education where I can utilize my existing skills to the fullest and to acquire and improve my expertise in the field of nursing.

### HIGHLIGHTS OF EXPERIENCE

- Admission & Discharge Procedures
- Vital Signs checking [Temperature, Pulse, Respiration, BP etc.]
- Identifying patient problems and set priorities [Planning Process]
- Surgical Dressing, Catheterization, Medical Administration.
- Care of patients with endotracheal tube, tracheostomy, ICD Care, EVD Care & ICP Management.
- Assessing life threatening conditions in patients and timely intervention by assisting physicians in emergency and elective intubation and other invasive procedures
- Health education to family

### CORE STRENGTHS

- Ability to handle emergency situations
- Knowledge of general nursing duties
- Profound ability to diagnose and treat patients in serious conditions
- Strong critical thinking and qualitative decision making ability
- Possess strong communication skills

### SUMMARY OF QUALIFICATION

- ❖ Course : **Diploma in General Nursing**  
Institution : Sree Bahubali School of Nursing, Hassan District, Karnataka  
Board : Rajiv Gandhi University of Health Science  
Period : 2010
- ❖ Course : **Plus Two**  
Institution : O.L.L.H.S.S. Uzhavoor  
Board : Kerala Higher Secondary Board  
Period : 2001
- ❖ Course : **S.S.L.C.**  
Institution : Govt.H.S.S.Pala  
Board : Board of Public Examination, Kerala, India  
Period : 2003

### PROFESSIONAL REGISTRATION DETAILS

✚ Kerala Nursing & Midwives Council Reg, No. : KL002202000682

## **RELATED TRAINING / WORKSHOPS**

1. Basic Life Support (BCLS)
2. Arterial Blood Gas Analysis ( ABG)
3. Fire & Safety

## **PROFESSIONAL EXPERIENCE (More than 9 years).**

- 1) Has been worked as a Staff Nurse in Neuro Intensive Care Unit at RLKC Hospital and Metro Heart Institute New Delhi (NABH Accredited Hospital) for the period from 04<sup>th</sup> June 2012 to 15<sup>th</sup> June 2016.
- 2) Has been worked as Staff Nurse at Sri Balaji Action Medical Institute New Delhi at Surgical Intensive Care Unit (NABH Accredited) for the period from 23<sup>rd</sup> August 2016 to 10<sup>th</sup> December 2017.
- 3) Has been worked as Staff Nurse in Neuro Intensive Care unit at Asian Medical Institute of Medical Science, Faridabad (NABH Accredited Hospital) for the period from 26<sup>th</sup> June 2018 to 25<sup>th</sup> June 2019.
- 4) Has been worked as a Staff Nurse in Neuro Intensive Care Unit at Hope Well Multi Speciality Hospital, Maharashtra (NABH Accredited Hospital)for the period from 27<sup>th</sup> June 2019 to 27<sup>th</sup> 2020.
- 5) Has been worked as a staff nurse in Neuro Intensive Care unit at Khoula Hospital (MOH) Muscat, Oman for the period from 28<sup>th</sup> October 2020 to 29<sup>th</sup> October 2022.

## **JOB RESPONSIBILITIES in HOSPITALS**

- Experience in Managing Critically Ill Patients.
- Nursing Care of Patient in Ventilator
- Collecting samples for investigations
- Maintenance of records and census, Assist tapping
- Assessing Glasgow Coma Scale
- Cardiac monitoring, vital signs monitoring
- Attending doctors Rounds
- O2 administration (Simple Face mask, high flow Mask, Venturi Mask) cannulation of peripheral line
- Arterial blood Gas sampling
- Care of tracheostomy patients
- Care of wound drains
- Suctioning (closed Suctioning)
- Monitoring of intake & output chart
- Administration of medications

- Assisting doctors for procedures like central line cannulation, intubation, extubation, venisection, arterial line cannulation, ICD insertion and EVD insertion
- Surgical wound care
- Assistance and instruction to patients Comprehensive Nursing
- Bed making and feeding
- Preparing administration of Medications and injections
- Vital signs monitoring and recording
- Maintenance of records and reports.
- Round with doctors and carry out orders.
- Ventilator care
- Tracheostomy care
- Assist the doctor in Procedures
- Providing psychological support to minimize anxiety
- Administration of infusion and transfusion
- Management of emergency condition
- Emergency blood transfusion in trauma cases.
- Random blood monitoring
- Check and Monitor ECG
- Maintain cleanliness & order lines of the units
- Management of supplies and equipments

### **AUXILIARY**

Braden Score for checking skin integrity, FALL prevention measures, Proper Hand washing techniques

### **ADMINISTRATION RESPONSIBILITIES**

- Co-Ordination of nursing activities
- Assigning & Delegation of duties and responsibilities
- Stock Maintenance
- Reporting, recording and documenting intervention and procedures

### **EQUIPEMENT USED**

- ECG Machine
- Glucometer,
- Pulse-Oxymeter,
- Waterbed
- Alpha Bed
- Laryngoscope spirometer

- Ambubag with Mask
- Suction Apparatus
- Nebulizer
- Cardiac Monitor
- Defibrillator
- Arterial blood gas Machine
- Infusion pump
- Closed suctioning system
- Cardiac monitor pulse oxymeter, syringe pump
- Glucometer
- Invasive BP Monitor
- CVP Monitori
- BIPAP Machine
- Computerized Monitors

**PERSONAL INFORMATION**

Name : Manju Lukose  
 Age & Date of Birth : 03-03-1983  
 Gender : Female  
 Religion : Christian  
 Marital Status : Single  
 Nationality : Indian  
 Languages Known : English, Hindi, Malayalam & Tamil, Kannada

**PASSPORT DETAILS**

<b>PASSPORT NO.</b>	<b>DATE of ISSUE</b>	<b>DATE of EXPIRY</b>	<b>PLACE of ISSUE</b>
<b>U 6868602</b>	<b>13/10/2020</b>	<b>12-10-2030</b>	<b>Cochin</b>

**DECLARATION**

I do here declare that the above given information are connected to the best of my knowledge and belief.

**MANJU LUKOSE**

Place: Mookkanoor  
 Date: