

## RESUME

### T.STELLAMARY

395, Kuruppamparambil,

Unichira Manathupadam Road,

Changampuzha Nagar,

Unichira - 682033

Phone No: 8072094181

### Career Objectives:

To achieve a challenging job through which I can contribute to the best of my skills and abilities for the enhancement of my career and to the institution.

### Academic Qualification:

S.No	Examination	Institution	Board of university	Year of passing	Percentage of marks
1.	M.Sc., (Food Processing and Quality Control)	V.V.Vanniaperumal College For Women, Virudhunagar.	Kamaraj university, Madurai	2017- 2019	76%
2.	B.Sc., (Nutrition and Dietetics)	Standard Fireworks Rajaratnam College for women, Sivakasi	Kamaraj university, Madurai	2014-2017	78%
3.	HSC	Sacred Heart Girls Higher Secondary School, Srivilliputtur	State Board	2014	75%
4.	SSLC	Sacred Heart Girls Higher Secondary School, Srivilliputtur	State Board	2012	80%

### Certifications

- Received certificate of six month course in Digital Photography & Photoshop
- Received Certificate of 20 days Dietecian training programme in UG – Third Year Meenakshi Mission Hospital, Madurai.

- Received certificate of 8 days On Job Training program in Jai Agency (Dhal Manufactures & Merchants), Virudhunagar.
- Received certificate of 7 days On Job Training program in T.M.M.R.Rathinasamy Nadar & Co (Pasumark Gingelly Oil), Virudhunagar.

### **Paper & Poster Presentation**

- To present paper in International seminar on “Cancer: Diet, Life style links and Newer Management” in Holy Cross Home Science College, Thoothukudi.
- To present Paper in Student Faculty Research Forum in V.V.Vanniaperumal College for Women, Virudhunagar.
- To present Poster in National Seminar on “Bringing You Nutri vision Healthy Eating for Longevity” in Sadakathullah Appa College, Thirunelveli.

### **Project Profile**

#### **Project Title**

**PG: Development and Standardization of Menstrual Stress Relief Products**

#### **Added Credential & Strong Areas**

- Willingness to learn and adapt myself to new environment.
- Comprehensive problem solving ability and positive attitude.
- Leadership Quality

#### **Personal Details**

Father’s name	:	Mr. Y. Thinagarathinam
Mother’s name	:	Mrs. T. ThangaMalar
Date of Birth	:	04.04.1996
Gender	:	Female
Marital Status	:	Married
E-mail ID	:	<a href="mailto:stellarathinam97@gmail.com">stellarathinam97@gmail.com</a>

#### **Declaration**

I hereby declare that above details are true to the best of my knowledge.

Date:	T. Stellamary
Place:	signature

