

Shabnam K

Mobile: 09845869698
Email : shabnamk126@gmail.com
Address: W/o Cdr IS Makkar,
SHRA-31, Thirunilath Road,
CUSAT P.O.,
South Kalamassery, Kochi
Kerala – 682022



WORK EXPERIENCE

- **Fellow (Oncopathology)/ Senior Resident** – Amrita Institute of Medical Sciences (AIMS), Kochi from 15.11.2021 to 14.11.2022 : 01 Year.
- **Consultant Pathologist** – Vijaya Diagnostic Centre (VDC), Visakhapatnam from 11.10.2018 to 06.11.2021: 03 Years.
- **Senior Resident** – Dept of Pathology, Lady Hardinge Medical College (LHMC), New Delhi from 18.08.2015 to 17.08.2018: 03 Years.
- **Tutor** – Dept of Pathology, MRMC, Gulbarga from 30.05.2012 to 21.05.2015: 03 Years.

EDUCATIONAL BACKGROUND

Degree	College	University/Board	Year	Percentage
PDCC (Oncopathology)	Amrita Institute of Medical Sciences, Cochin, Kerala	Indian College of Pathologists	2021-22	-
MD (Pathology)	M R Medical College, Gulbarga, Karnataka.	Rajiv Gandhi University of Health Sciences, Karnataka.	2012-15	62.3%
DNB (Pathology)	-	National Board of Examinations.	2016	-

MBBS (Including Internship)	Father Muller Medical College, Mangalore, Karnataka.	Rajiv Gandhi University of Health Sciences, Karnataka.	2005-11	66.7%
HSC	Canara Pre University College, Mangalore, Karnataka.	Karnataka Board of Pre University Education.	2004-05	92.7%
SSC	Kendriya Vidyalaya No. 1, Mangalore, Karnataka.	Central Board of Secondary Education.	2002-03	89.4%

TRAINING

- **Certified Internal Auditor/Quality Manager:** Medical Laboratories Quality Systems & Internal Audit Training as per IS/ISO 15189:2012 conducted by NITS, Bureau of Indian Standards from 19th to 22nd Jan 2021.
- **Observership:-**
 - Autopsy at Seth G S Medical College & KEM Hospital, Mumbai from 1st to 15th Mar 2014.
 - Oncopathology at Tata Memorial Hospital (TMH), Mumbai from 1st Feb to 28th Feb 2014.
- **Workshops:-**
 - Microscopy Workshop of Mid-year symposium of IAP-ID at AIIMS, New Delhi on 13th June 2014.
 - Autopsy workshop held at Seth G S Medical College & KEM Hospital, Mumbai from 5th to 8th March 2014.
 - Workshop on Liquid Based Cytology at PGIMER, Chandigarh on 16th September 2012.

RESEARCH

Topic	Clinicopathological Profile of Endometriosis associated Ovarian carcinomas
Guide	Dr. Indu R Nair, Professor
Place of Study	Dept of Pathology, AIMS, Kochi
Duration of Study	2021 – 2022

Topic	Molecular classification of breast carcinoma based on triple markers and its relation with Ki-67.
Guide	Dr. Anuradha G Patil, Professor
Place of Study	Dept of Pathology, MRMC, Gulbarga
Duration of Study	2012 – 2014

PUBLICATIONS (<https://www.researchgate.net/profile/Shabnam-Karangadan>)

1. Smita Singh, Shabnam Karangadan, Reema Bhushan, Kiran Agarwal. Type 4 Congenital Pouch Colon without fistula with anal agenesis and lower vaginal agenesis in a female fetus: a rare autopsy case report. Turkish Journal of Colorectal Disease. 2019; 29: 153-155.
2. Anuradha G Patil, Sushma Nigudgi, Shabnam Karangadan, Sainath K Andola. Association of Ki67 expression with clinicopathological parameters and molecular classification in invasive breast carcinomas. Indian Journal of Oncology and Pathology. 2019; 6(2): 207-212.
3. Preeti Rai, Shabnam Karangadan. Utility of cell block preparation for preoperative diagnosis of scar endometriosis. Journal of Medical Society. 2017; 31(3): 214-216.
4. Shabnam Karanagadan, Anuradha G Patil, Sainath K Andola. Immunohistochemical characterization of molecular classification of breast carcinoma and its relation with Ki-67. Clinical Cancer Investigation Journal. 2016; 5(5): 430-436.
5. Anuradha G Patil, Shabnam Karangadan, Sainath K Andola. Serrated Adenocarcinoma: A new look into colorectal carcinoma in Indian population. Oncology, Gastroenterology and Hepatology Reports. 2015; 4(2): 77-80.
6. Anuradha G Patil, Shabnam Karangadan, Vatsala Kishore. Congenital Cystic Adenomatoid Malformation of lung in fetus: A report of two cases with brief review of literature. The Journal of Association of Chest Physicians. 2015; 3(2): 53-56.
7. Uma S Andola, Shabnam Karangadan, Sainath K Andola, Rajashekhar Jewargikar. Chorangioma of Placenta with High Risk Pregnancy: A Case Series. Journal of Basic and Clinical Reproductive Sciences. 2014; 3 (1): 71-73.
8. Anuradha G Patil, Ashok Patil, Shabnam Karangadan. Ceruminous Adenoma of External Auditory Canal in a Young Adult: A Rare Case Report. Journal of Evolution of Medical and Dental Sciences. 2014; 3(32): 8791-8794.
9. Sainath K Andola, Shabnam Karangadan, Suresh Patil. Idiopathic Scrotal Calcinosis: A Case series. Indian Journal of Dermatopathology and Diagnostic Dermatology. 2014; 1(2): 86-89.

10. Anuradha G Patil, Anita M, Shabnam Karangadan, Sainath K Andola. Sirenomelia: Mermaid Syndrome-A Rare Autopsy Case Report. Indian Journal of Forensic Medicine and Pathology. 2014; 7(2): 85 – 88.
11. Patil Anuradha G, Karangadan Shabnam, Kumar Neelabh, Andola Sainath. Splenic metastasis: Really Rare? Indian Journal of Pathology: Research and Practice. 2013; 2(3): 113-115.

ACHIEVEMENTS

- Presented Paper on ‘Pathologic ultrastaging of sentinel lymph nodes in Endometrial carcinoma for detection of micrometastases’ at 70th Annual Conference of IAPM, APCON 2022 at MS Ramaiah Medical College, Bangalore in Dec 2022.
- Successfully coordinated two external NABL Assessments (2019 and 2021) as Consultant Pathologist at Vijaya Diagnostic Centre, Visakhapatnam.
- Presented Poster on ‘Scar Endometriosis: A Diagnostic Dilemma’ at 31st Annual DAPCON (Delhi chapter of IAPM) State Conference held at V P Chest Institute, Delhi in February 2016.
- Secured first position at college level in MD Pathology University examination (RGUHS) held in May 2015.
- Presented Paper on ‘Immunohistochemical characterization of molecular subtypes of invasive breast cancer using triple markers and Ki-67’ at 63rd Annual Conference of IAPM, APCON 2014 held at AFMC, Pune in Dec 2014.
- Presented Poster on ‘Chorangioma of Placenta – A Case Series’ at 40th Annual KCIAPM (Karnataka chapter of IAPM) State Conference held at BLDEU, Bijapur, Karnataka in September 2013.
- Participated in 2nd State Level Intercollegiate Post Graduate Pathology Quiz, ABHEDHYA 2013 held at KIMS, Bangalore in March 2013.
- Presented Poster on ‘Solitary Fibrous Tumor of Pleura’ at 61st Annual Conference of IAPM, APCON 2012 held at M P Shah Medical College, Jamnagar in Dec 2012.

CONFERENCES ATTENDED

- CME on Recent updates on salivary gland tumours – clinicopathological perspectives held by SRM Medical College Hospital & Research centre, Kancheepuram on 15 Feb 2022.
- CME on Cytoscan, an eagle eye held by MR Medical College, Kalaburagi on 12th Feb 2022

- CME on CHETPATHCON -2021 lymphoproliferative disease- An overview and updates held by Chettinad Hospital & Research Institute, Kanchipuram on 18th December 2021.
- 34th Annual Conference of Indian Association of Surgical Oncology (NATCON IASO 2021) held on October 2021.
- Online CME 2020 on Bone and Soft tissue tumors held by IAPM (UP Chapter) on 26th December 2020.
- CME on Lab Diagnosis and Management of Anemias held by Oxford Medical College, Bangalore on 18th December 2020.
- Virtual Cytopathology CME 2020 held by IAC – UP Chapter on 13th December 2020.
- 33rd Annual Conference of IAPM (Delhi Chapter) held at VMCM, New Delhi in February 2018.
- 32nd Annual Conference of IAPM (Delhi Chapter) held at LHMC, New Delhi in March 2017.
- 27th Annual Conference of Delhi Society of Haematology held at BLK Super Speciality Hospital, New Delhi in September 2016.
- 5th Annual Conference of Delhi Chapter of IAC held at PGIMER, RML Hospital, New Delhi in September 2016.
- 31st Annual Conference of IAPM (Delhi Chapter) held at UCMS & GTB Hospital, New Delhi in February 2016.
- 26th Annual Conference of Delhi Society of Haematology held at Indraprastha Apollo Hospitals, Delhi in December 2015.
- 63rd Annual Conference of IAPM, APCON 2014 held at AFMC, Pune in Dec 2014.
- Mid-year Symposium of IAP-ID held at AIIMS, New Delhi in June 2014.
- Second Autopsy workshop held at Seth G S Medical College & KEM Hospital, Mumbai in March 2014.
- 54th Annual Conference of ISHBT, Haematocon 2013 held at Hotel Taj Mahal Palace & Tower, Mumbai in November 2013.
- 40th Annual KCIAPM (Karnataka chapter of IAPM) State Conference held at BLDEU, Bijapur, Karnataka in September 2013.
- 61ST Annual Conference of IAPM, APCON 2012 held at M P Shah Medical College, Jamnagar, Gujarat in Dec 2012.
- CME on Recent Advances in Cytology & Gynaecological Pathology held at PGIMER, Chandigarh in Sept 2012.

TEACHING EXPERIENCE

- Participated and presented in Clinicopathological conferences and Tumour board meetings across disciplines like Urology, Neurosurgery, Gastrointestinal surgery, Gynaecology, Endocrinology, Orthopedics etc. (at AIMS, Kochi).
- Regularly conducted ISO 15189:2012 compliant monthly subject (Pathology) and Quality Management System (QMS) trainings in accordance to NABL accreditation requirements (at VDC Visakhapatnam).
- Conducted theory and practical classes followed by table discussions with the undergraduate students on various topics in Pathology (at AIMS Kochi, LHMC New Delhi, and MRMC Gulbarga).
- Presented seminars and interesting cases in Pathology to postgraduate students and faculty (at AIMS Kochi, LHMC Delhi and MRMC Gulbarga).

PROFESSIONAL EXPERIENCE

- Undertook grossing of variety of specimens ranging from small biopsies to large and complex specimens at one of India's leading oncology hospitals (AIMS).
- Reporting independently Histopathology, Immunohistochemistry, Haematology, Cytopathology, Clinical Pathology, Immunoematology and Molecular Pathology cases.
- Part of an NABL accredited laboratory for 3 years (VDC), with state-of-the art diagnostics equipment, which is a branch of a leading diagnostic chain in South India.
- Steered and coordinated setting up of advanced lab at new premises in Visakhapatnam (VDC) with establishment of protocols and equipment, and cleared the NABL audit for the same.
- Hands-on experience on high-end diagnostic equipment – Leica Cryostat, ThinPrep/SurePath/EziPrep for LBC, GeneXpert, RT PCR with ABI III, Beckman DXH 800 Haematology Analyser, Cube 30 touch ESR analyser, SQA Vision Semen Analyser, Clinitex Advantus Urine Analyser, Stago Startmax Coagulation Analyser etc.
- Ensuring Quality Monitoring of the lab by daily QC checks, LJ Chart reviews, SOPs preparation/adherence compliance, conduct of Verification Studies and participation in EQAS programs.

PROFESSIONAL AFFILIATIONS

- Member (MNAMS), National Academy of Medical Sciences (India), 2018.
- Member, Indian Association of Pathologists and Microbiologists (IAPM), 2012.
- Medical Council of India (MCI), 2011.

PERSONAL DETAILS

Date of Birth : 12th June 1988.
Sex : Female.
Marital Status : Married.
Languages Known : English, Hindi, Malayalam, Kannada and Telugu.

REFERENCES

Name	Designation	Organization	Contact No. and Email
Dr Indu R Nair	Professor	Department of Pathology, Amrita Institute of Medical Sciences, Cochin, Kerala	9495901883 indurn@aims.amrita.edu
Dr Bindhu M R	Professor	Department of Pathology, Amrita Institute of Medical Sciences, Cochin, Kerala	9961284085 bindhumr@aims.amrita.edu
Dr Neelamani Murthy	Ex- Lab Director	Vijaya Diagnostic Centre Ltd., Hyderabad	9963495477 neelumurthy@gmail.com
Dr Sainath K Andola	Director	M R Medical College, Gulbarga, Karnataka.	9448881818 drskandola@gmail.com
Dr Sunita Sharma	Director Professor and Head of the Department	Department of Pathology, Lady Hardinge Medical College, New Delhi	9811125193 sunitasharmanoida1991@gm ail.com