

RESUME

ANJU C POULOSE

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OBJECTIVE

To be associated with a progressive organization in the service industry that gives me challenges and opportunities to enhance my knowledge and sharpen my skills in accordance with the latest trends.

EDUCATIONAL QUALIFICATION

B.Sc Nursing

- University/Board : Kerala University of Health Science, Thrissur
- Institution : Canossa College of Nursing, Kannur
- Year Of Pass : 2013-2017

Plus Two

- University/Board : Board Of Higher Secondary Examination, Kerala
- Institution : St. Joseph H.S.S For Girls, Alappuzha
- Year Of Pass : 2011-2013

S.S.L.C

- University/Board : Board Of Public Examination, Kerala
- Institution : St. Joseph H.S.S For Girls, Alappuzha
- Year Of Pass : 2011

PERSONAL DETAILS

Date of Birth : 24th August 1995
Marital Status : Married
Gender : Female
Religion : Christian
Languages : English, Hindi & Malayalam

PROFESSIONAL REGISTRATION

Name of the Council	Registration No.	Valid Upto
Kerala Nursing Council	KL03201801006	30/01/2028
Delhi Nursing Council	73059	03/03/2024

PROFESSIONAL EXPERIENCE

- Name Of the Employer : K.V.M Super Speciality Hospital, Cherthala
Period Of Employment : 18/05/2021 to 05/05/2022
Area Of Work : COVID ICU/Ward
- Name Of the Employer : Fortis Escorts Hospital, New Delhi
Period Of Employment : 08/03/2018 to 09/07/2020
Area Of Work : CTVS Recovery

DESCRIPTION OF THE HOSPITAL

- Name of the Hospital : Fortis Escorts Heart institute, New Delhi
Bed Capacity : 350 Bedded
Nurse Patient Ratio : 1:1
Ward Name and Capacity : CTVS Recovery ICU
Period of Employment : 8th March 2018 to 19th July 2020

The Hospital is a 350 bedded and an ISO 9001: 2000, NABH, JCI. Certified Super Specialty Heart Institute & Research Centre, Okhla New Delhi works under Medtrack systems. It is one of the world famous cardiac institutes with well advanced diagnostics, therapeutic facilities in preventive cardiology to the most sophisticated curative technology support by state of the art diagnostic service.

PERSONAL STRENGTH & QUALITIES

- A practical and systematic approach
- Ability to accommodate myself with any joint endeavor
- Ability to motivate and inspire confidence in the team
- Enthusiastic and dedicated to the companies objectives
- Ability to perform under pressure and against targets/deadlines
- Dedicated, work smart
- A 'can do' attitude, a strong aspiration to grow within the institution
- Good communication and interpersonal skills, self motivated

KNOWLEDGE AND SKILLS

Equipment Skills

Ventilator, Cardiac Monitor (including ABG, CVP, Cardiac Output), IABP Machine, ABG Analyzer, ECG Machine, BIPAP, C-PAP, Pacemaker, etc.

CASE HANDLED

AVR, MVR, Post CABG, Angina, Pacemaker Insertion, TOF Repair, VSD Closure, ASD, Closure, post heart transplantation, pre and post left ventricular assistive device implantation, care of elderly, EOL patients and other medical Conditions.

TRAINED TO PERFORM THE FOLLOWING PROCEDURES & FUNCTION

- Cardiopulmonary Resuscitation
- Administration of Medication (Oral, Injection)
- Oxygen Therapy
- Wound Care
- Transfusion and infusion Therapy
- Venipuncture
- ECG
- Ryle's Tube Insertion
- Urinary Catheterization (Male, Female)
- Bladder Irrigation
- Total Parenteral Nutrition

PROCEDURE

- Endotracheal intubations
- Defibrillation
- Central Line Placement
- C.V.P. Monitoring
- Intercostal Drainage
- Pulmonary Artery Catheterization
- Percutaneous Tracheostomy
- Insertion of Arterial Cannula
- Pericardial Fluid Tapping
- Pleural Tapping

DETAILS OF WORK EXPERIENCE

- Receiving and admission of patient
- Assessment of Vital Signs
- Physical Examination & Diagnostic Evaluation
- Continuous Monitoring of Patients
- Following Physical rounds and carrying out the instruction prescribed
- Assisting for Diagnostics & therapeutic procedures
- Planning and Implementation of patient counseling

- Health Education, Discharge and follow up care
- Maintaining Records and Reports
- In Service Education

MANAGERIAL SKILLS

- Orientation for patients and relatives about the hospital and its functioning of co- ordination with interdepartmental and intradepartmental activities
- Preparation of emergency drugs
- Maintenance of Environmental Hygiene
- Asepsis and infection Control
- Maintenance of Records and Reports
- Maintenance ward inventory and indents
- Supervision of subOrdinates
- Laryngoscope with different sizes of blades, airways, ET tube & tracheostomy tube.

REFERENCE

MRS. SEBIA

Chief Of Nursing

K.V.M Super Speciality Hospital, Cherthala

Mob: 9446934958

MRS. JAYASREE

Assitant Nursing Superintendent

K.V.M Super Speciality Hospital, Cherthala

Mob: 9446582602

DECLARATION

I hereby declare that the above mentioned information is true to the best of my knowledge and belief.

Place :

Date :

ANJU C POULOSE