

MARY SHEKEENA PENDURTY

Sr. PHYSIOTHERAPIST

 +91 9490087234

 shakeenasam@gmail.com

WORK EXPERIENCE

08 Years

CAREER OBJECTIVE

A career in physiotherapist position, that provides opportunities for personal and professional development as well as to contribute to the organizations effectiveness in order to take the organization to the top position where ever I work.



Education

- Bachelor in PHYSIOTHERAPY (Graduated, 06,2011), Dr. NTR UNIVERSITY OF HEALTH SCIENCES,VIJAYAWADA
- 12th BiPC (Intermediate, 03,2002), Sri Chaitanya Co.op.jr college,Visakhapatnam.
- 10th (SSC, S.F.S High school,03,2000)Visakhapatnam.
- **Fellowship in Medical Cosmetology (FMC)**



Skills

- Restore function for patients following disease or profound injury(including Traumatic brain injury, Stroke, Paralysis)
- Provided treatments, Modalities and Therapeutic Exercise programmes Encompassing Active and Passive Range of motion, Muscle re-education, massage and heat/water/ice/electrical/ light stimulation.
- Instructed patients in the safe and effective use of pulleys, weights, incline surfaces and other equipment.
- Participated in Wound care treatment and helped patients adapt to the use of wheel chairs, braces, canes, crutches and prosthetic/orthotic device.
- Helped patients maximize their success and live with in the limits of where physical capabilities.
- **Cupping Therapy**: Cupping Therapy Massage for Pain and No Red Marks

WORK EXPERIENCE:

1. Name of Present Employer: **JEETH PHYSIOTHERAPY & PAIN RELIEF CLINIC**
 - Designation: **Sr.Physiotherapist**
 - Duration of Employment: **06 Years**

2. Name of Previous Employer: **ADARSH PHYSIOTHERAPY CLINIC**
 - Designation: **Physiotherapist**
 - Duration of Employment: **02 Years 03 Months**

3. Name of Previous Employer: **CARE HOSPITALS 2**
 - Designation: **Physiotherapist(Orthopedics,INTERN)**
 - Duration of Employment: **01 Month**

4. Name of Previous Employer: **CARE HOSPITALS 1**
 - Designation: **Physiotherapist(Cardiology,INTERN)**
 - Duration of Employment: **01 Month**

5. Name of Previous Employer: **SURYA HOSPITAL**
 - Designation: **Physiotherapist(Dept of Neuro & Neuro Surgery,Community based Rehabilitation,INTERN)**
 - Duration of Employment: **02 Month**

6. Name of Previous Employer: **SUBHAM PREMA HOSPITAL**
 - Designation: **Physiotherapist(Gen.Medicine & Gen.Surgery,INTERN)**
 - Duration of Employment: **01 Month**

7. Name of Previous Employer: **PREMA HOSPITAL**
 - Designation: **Physiotherapist(Dept of Orthopedics IN & OUT patient,INTERN)**
 - Duration of Employment: **01 Month**



Computer Proficiency

- **MS WORD 2010**
- **Excel 2010**
- **Power Point 2010**



Languages

- **English**
- **Hindi**
- **Telugu**



Personal Interests

- Listening to music
- Watching web series
- Jogging
- Gym
- Badminton



Personal Details

Father's Name: Samson Pendurty
Marital Status : Single
Birthday : 10/12/1984
Nationality : Indian
Gender : Female
Religion : Christian
Address : Bhanu nagar, Krishna college
road, Mddilapalem, Visakhapatnam, Andhrapradesh.

Declaration:

I, Pendurty Mary Shekeena, hereby declare that the information contained here in is true and correct to the best of my knowledge and belief.

Place:

(PENDURTY MARY SHEKEENA)

Date: