



RESHMA ELSA JACOB

PROFILE

Pharm D graduate with strong interpersonal skills and extensive medication knowledge seeking a challenging position in a reputable healthcare organization to leverage my learning, skills and knowledge and to provide better patient care.

DATE OF BIRTH

28-11-1997

CONTACT

Thadathel house, Kanjeettukara P.O.
Ayroor, Pathanamthitta, Kerala,
689611, India
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EMAIL:
Reshmaelsa97@gmail.com

LANGUAGES

English
Malayalam
Kannada
Hindi

INTERNSHIPS

Pharm D intern at Father Muller Medical College Hospital, Mangalore
January 2022 – December 2022

- Carried out prescription and antimicrobial audits.
- Reported adverse drug reactions and entered in VIGIFLOW database of Uppsala Monitoring Center.
- Involved in antimicrobial stewardship.
- Evaluated medication adherence in the patients.
- Monitored drug interactions in the patients.
- Performed blood pressure measuring, random blood sugar and oxygen saturation testing on patients.
- Counseled patients on the usage of medications and medical devices.
- Assisted doctors to document the medical records.

EDUCATION

Doctor of Pharmacy, Karavali College of Pharmacy, Mangalore
August 2016- December 2022

Affiliated to Rajive Gandhi University of Health Sciences

- Secured 77%

XII. St Mary's Central School, Ranni

May 2014- March 2016

- Secured 81%

KEY SKILLS

- Ability to multitask
- Patient counseling
- Friendly, courteous, and service oriented
- Vigiflow Entry
- Medical records documentation
- Clinical applications

Projects

Conducted a study of six months durations on "Prescribing patterns of corticosteroids in asthma patients".

Publications

Abhishek S, Reshma Elsa Jacob Sanjana P Berchmans, Nasliya Ap1 Ravikumar, "Study on prescribing pattern of Corticosteroids in the management of Asthma in a tertiary care teaching hospital", International Journal of Science and Research (IJSR), Volume 11 issue 12, December 2022, pp. 64-67

Certifications

- Introductions to pharmacovigilance.
- Practical exercise in individual case causality assessment
- Essentials of pharmacovigilance communications
- Collecting high quality ADR reports
- PV management systems and terminologies

References

Dr. Ravikumar Professor and Principal Karavali College of Pharmacy
8050431630

Mr. Sajjan Francis P assistant professor, pharmacy practice from Karavali College of Pharmacy
9496653086

Declarations

The details presented above are true to the best of my knowledge.