



# ARCHANA ANIRUDHAN

Thulaseedhalam  
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DOB 28/ 04 /2000

## Objective

To continue my career as an optometrist that will utilize my skills to benefit growth and success.

## Experience

**Malabar medical college, Modakkallur, Kozhikode**

April 2022 - May 2023

Optometrist

Doing internship at Malabar medical college, Modakkallur (1yr duration)

## Education

**St. Joseph Public School, Pattanakad**

TENTH  
2016 —

**TD HSS, Thuravoor**

Plus Two  
2016 - 2018 —

**Kerala University of Health Science  
(Sree Anjaneya college of paramedical science)**

Bsc Optometry  
2018 - 2023 —

## Skills

- Refraction (Objective and subjective refraction)
- Lacrimal syringing
- Instrument operation (Retinoscope, AR, NCT, A scan, OCT, HFA, Fundus photo)
- Foreign body removal
- Prescribe eyeglasses
- Patient evaluation
- Patient counseling
- Contact lenses

## Projects

**Quality of life in bifocals and progressive spectacle users**

Scientific project  
Duration- 1 year

**Reduction in retinal nerve fibre layer thickness in migraine patients**

Scientific project  
Duration - 6 months

**Age related macular degeneration**

Library project  
Duration - 6 months

## Achievements & Awards

**VEEKSHA 2k 19**

Attended a CME at sree Anjaneya college of paramedical science on " An update on pediatric Optometry "

**AMET 2020**

Attended a Refraction workshop at Alshifa college of paramedical science

**AALA Optometry workshop**

Attended t at Alsalama eye hospital.

**ASCONE 2022(2nd international Optometry conference)**

Attended a workshop on " Orthokeratology " and " How Optometry students can be more productive? "

**Language** Malayalam, English, Hindi, Tamil

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**Reference**

**Sakitha V - Optometrist**

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**Lissa C K - Optometrist**

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**Declaration**

I hereby declare that the above furnished information are true and correct to the best of my knowledge and belief.

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