



Dr Gopika Aravind

MBBS

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Kochi, Kerala

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PROFILE

A dedicated and compassionate doctor with a strong academic background and extensive clinical experience in diagnosing and treating a wide range of medical conditions. Skilled in conducting comprehensive patient assessments, developing effective treatment plans, and communicating clearly with patients and their families. Committed to providing compassionate and personalized care to each and every patient, with a focus on promoting health and wellness. Seeking a challenging position in a dynamic healthcare environment where I can utilize my skills and expertise to make a positive impact on the lives of patients.

MEDICAL REGISTRATION

- Tamil Nadu Medical Council - 119207
- Travancore Cochin Medical Council - 59005

WORK EXPERIENCE

Feb 2021 - Nov 2022

Chief Medical Officer

Mercy Hospital, Payyavoor, Kannur

- Conduct thorough medical assessments, develop effective treatment plans, and provide high-quality patient care
- Diagnose and treat a range of medical conditions, including acute and chronic illnesses
- Perform physical examinations, order and interpret medical tests
- Prescribe medications and perform medical procedures
- Maintain accurate and up-to-date medical records
- Communicate effectively with patients and their families

Sep 2016 - Jan 2018

Casualty Medical Officer

Thrikkakara Municipal Co-Operative Hospital, Kakkanad

- Provide medical care to patients in both outpatient and inpatient settings
- Work collaboratively with healthcare professionals, including nurses, pharmacists, and other physicians
- Conduct patient assessments and develop treatment plans
- Prescribe medications and perform medical procedures
- Maintain accurate and up-to-date medical records

April 2016 - Aug 2016

Duty Medical Officer

National Hospital, Chennai

- Conduct patient assessments, develop treatment plans, and monitor patient progress
- Work collaboratively with healthcare professionals to ensure optimal patient outcomes
- Maintain accurate and up-to-date medical records

Mar 2015 - Mar 2016

House Surgeon

Govt. Stanley Hospital, Chennai

- Work under the supervision of senior medical professionals to provide medical care to patients
- Conduct patient assessments, develop treatment plans, and monitor patient progress
- Assist in surgical procedures and other medical interventions
- Manage patient records and maintain accurate documentation
- Collaborate with other healthcare professionals, including nurses, pharmacists, and other physicians
- Participate in medical rounds and case discussions with senior medical staff
- Participate in continuing medical education programs to enhance medical knowledge and skills
- Adhere to medical ethics and standards of practice

EDUCATION

- Aug 2010 - Mar 2016

Bachelor of Medicine and Bachelor of Surgery

Govt. Stanley Medical College, Chennai

SKILLS

- **Medical expertise:** Demonstrated proficiency in diagnosing and treating a range of medical conditions, as well as knowledge of the latest medical advancements and treatments.
- **Patient care:** Ability to provide compassionate and patient-centered care, including conducting thorough patient assessments, developing effective treatment plans, and communicating clearly with patients and their families.
- **Clinical skills:** Strong clinical skills, including the ability to perform wound suturing, incision and drainage, venepuncture, intravenous cannulation, assisting in complex surgeries and other medical procedures, order and interpret medical tests, and prescribe medications.
- **Leadership:** Proven leadership skills, including the ability to lead and mentor junior medical staff and contribute to the development of healthcare policies and procedures.
- **History taking:** Ability to take a detailed and accurate medical history from patients, including information on their past medical history, family history, and lifestyle habits.
- **Physical examination:** Proficiency in performing a thorough physical examination of patients, including vital signs, general appearance, cardiovascular, respiratory, and neurological examination.
- **Diagnosis:** The ability to interpret and analyze patient symptoms, medical history, and test results to accurately diagnose medical conditions.
- **Medical procedures:** Proficiency in performing medical procedures such as venipuncture, intravenous cannulation, lumbar puncture, and other invasive procedures.
- **Prescribing medications:** Ability to prescribe medications and dosages appropriately, taking into account a patient's age, medical history, and other medications they may be taking.

- **Communication:** Effective communication with patients and their families, including the ability to explain medical conditions, treatment options, and potential side effects of medications.
- **Emergency response:** Ability to recognize and respond to medical emergencies promptly and effectively, including administering emergency treatments and stabilizing patients until more advanced care can be obtained.