

From,

Ms. ReshmaRaveendran

RaveendraVilasam,

Njettoor,

Kulanada PO,

Pathanamthitta Dist.

Kerala - 689503

Ph:+91-8086430610

Email: reshmaraveendran786@gmail.com

To,

Dear Sir/ Madam,

Sub: Application for the Post of Staff Nurse.

I wish to submit my Resume for your kind consideration and early favorable orders. Please consider my resume, and give me an Opportunity to work in your esteemed organization. If given an opportunity to work. I shall endeavor to satisfy my superiors to best of my knowledge ability and earn your esteemed confidence and remain grateful to you.

Thanking you,

Yours Sincerely

Place:

Date:

Ms. ReshmaRaveendran

CURRICULUM VITAE



MS. RESHMA RAVEENDRAN

Permanent Address

Ms. Reshma Raveendran
Raveendra Vilasam,
Njettoor,
Kulanada PO,
Pathanamthitta Dist.
Kerala - 689503
Ph :+91-8086430610

Email:

reshmaraveendran786@gmail.com

Date of Birth : 05-05-1996
Gender : Female
Nationality : Indian
Religion : Hindu
Mother Tongue : Malayalam
Marital Status : Married
Height : 153cm
Blood group : B+ve
Father's Name : Raveendran

❖ **CAREER OBJECTIVE**

Aim to be associated with the organization that provides me an opportunity to show my skills and improve my knowledge with latest trends and to be the part of the team that works dynamically towards the growth of the organization

❖ **LICENSES / CERTIFICATES**

Registration NO : 661430042

PRESENT NURSING EXPERIENCE

Brief Details about my experience in “Yashoda Group of Hospital”

Yashoda Hospital is a group of 1200 Bedded multi-Super Specialty with modern facilities of state of art a personal expertise.

I worked in the “LiverICU” from 18/09/2018 to till date this Hospital which made efficient and excellent in managing cases like Acute Kidney injury, DM, Chronic liver failure, RTA, Shock, Sepsis, Oncology, CVA, GI Bleed, fluid over load, Hypertension, Respiratory and Cardiac Arrest, Respiratory & ARDS, Cardiac arrest, Hypertensions, COPD, Communicable Diseases, Chronic Liver Diseases, Chronic Kidney Diseases, Poisoning Cases, Pneumonia, I have experience in live donor liver transplant, diseased donor liver transplant.

Date of Joining & period	:	18-09-2018
Position	:	As a Staff nurse
Department	:	LiverICU
Emp.No	:	N64009
Hospital capacity	:	1200 Bedded NABH Reaccredited Hospital

Experience in Shalini Hospital, Hyderabad

Staff Nurse in the department of Nursing (ICU) from 16th August, 2021 to 31st January 2023
Total 4 year Experience.

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PATIENT CARE WHICH I CAN

- Care of Patients in mechanical Ventilator in all modes.
- Well versed in the cardio pulmonary resuscitation (as per ACLS protocol)
- Maintenance of good nurse patient relationship
- Patient assessment and reassessment and nurses notes.
- Check the vitals of the patient every hourly along with date and time (Eg. B.P., R.T. Feeding, drainage etc.) Including pre and post operative care and documentation.
- Maintenance of intravenous fluids and lonotropes (Eg. Dopamine.)
- Administrations of Medications in time (Eg. OD, BID, TID, QID, State, SOS etc.)
- Monitoring of C.V.P. & I.C.P.
- Hot & Cold Application (Eg. Ice Bag, Hot Water Bag, Cold Compress, Sterile hot compress and cold sponge).
- Personal hygiene including assist in Activities of daily living.
- Tracheostomy care of the patient (Eg. Suctioning, Tracheostomy dressing)
- Care of pressure sore (Eg. Frequent Back care & positioning)
- Maintenance of physical, social, psychological, spiritual & rehabilitative needs of the patients (Eg. Religious guidance)
- DVT Prophylaxis
- Care of Dialysis Patients
- Prevention of aspiration
- “MORSE”- Fall risk assessment
- Colostomy care
- GCS monitoring and close Neuro observation
- Steam inhalation
- Naso Gastric and PEG Tube feeding
- Care of ICD
- Blood Transfusion
- Management of Pain scale Adult and Pediatric
- Care of invasive catheters (Eg. Central line, Arterial line, IV cannula, Foleys's catheter, epidural catheter,)

- Care of Chest Drains.
- Care of patient with dialysis Catheter and AV Fistula and graft
- Patient with temporary and permanent pace maker.
- Maintaining records and reports
- Supervision and orientation of student and new trainees.
- Follow-up Treatment.
- Care of Dialysis patients

EQUIPMENT USED

- | | |
|-------------------------|-----------------|
| • Ventilator | • NIBP |
| • AMBU | • ECG |
| • Defibrillator | • Syringe Pump |
| • Pulse Oxymeter | • Steam inhaler |
| • I.C.U. Monitor | • Glucometer |
| • C.V.P. Monitor | • Humidifier |
| • Nebulizer | • CPAP Machine |
| • ABG Machine | • BIPAP Machine |
| • Closed Suction System | |

SPECIAL PROCEDURES I ASSISTED

- Resuscitation
- Endotracheal intubation and extubation.
- Arterial Canulation.
- Tracheostomy
- Bronchoscopy
- Pigtail catheterization
- Endoscopy
- Lumbar puncturing
- Central Venous Catheterization
- Ascetic tapping
- Pericardiocentesis

PARTICIPATED IN

- Attended BLS (Basic Life Support) and ACLS (Advanced Cardiac Life Support) from American Heart Association in Medline Academy, Hyderabad.
- Attended IV Cannulation (peripheral and central access) conducted by BD Company.
- Attended D.V.T Management Class.
- Successfully completed the nurses orientation training programme Conducted by Yashoda Hospital, Secunderabad.

QUALIFICATION EDUCATION

Academic

Exam Passed	Name of school & Institution	Name of Board & University	Year	Division
SSLC	GPHSS, Kulanada, Kerala	Board of Secondary Examination, Kerala	March 2012	First
+2	PHSS, Mezhuveli, Kerala	Board of Higher Secondary Examination Kerala	2014	First
BSC Nursing	Global College of Nursing, Kanyakumari	Dr. MGR Medical University, Chennai	2018	First

DECLARATION

I hereby state that the above mentioned information is true to the best of my knowledge submit my resume for your kind observation and favorable order. Hope my skills are sufficient for your requirement. I humbly request your good self to permit a chance to work in your esteemed hospital.

Place:

Date:

Ms. Reshma Raveendran