



MINNAMOL THOMAS

D/O Benny Thomas,
Puttanickal (H),
Ezhukumvayal (PO), Thooval,
Idukki, Kerala,
Pin :685553

P : +916238957793
E : minnabenny780@gmail.com

OBJECTIVE

To serve in an esteemed Hospital with challenging responsible position in the field of Nursing, whereby my skills & Knowledge can be enhanced and utilized effectively and ensuring creditable performance.

PERSONAL DETAILS

Name : Minnamol Thomas
Father's Name : Benny Thomas
Age : 24
Sex : Female
Date of Birth : 25 May 1998
Nationality : Indian
Marital Status : Single
Profession : Registered Nurse
Address : Puttanickal (H), Ezhukumvayal (PO), Thooval, Idukki, Kerala, Pin:685553
Linguistic proficiency : English, Malayalam, Kannada
Computer proficiency : Basic Knowledge Windows & MS Office

PASSPORT DETAILS

Passport No : V4102526
Date of issue : 27/10/2021
Date of expiry : 26/10/2031
Place of issue : Cochin

EXPERIENCE

FATHER MULLER MEDICAL COLLEGE HOSPITAL, MANGALORE. ACCREDITED BY NABH, 1250 BEDED HOSPITAL. **1/01/2020 - 2/03/2022**

Registered Nurse - MICU

Enthusiastic and compassionate nursing professional with 2 years of experience being a 20 bedded MICU nurse at Father Muller Medical College Hospital Mangalore.

SRI SIDDHARTHA MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE, TUMKUR, KARNATAKA. **2015 - 2019**

Trained in Medical, Surgical, Paediatric, Midwifery and Obstetrical wards.

CADABAM'S GROUP OF PSYCHO-SOCIAL REHABILITATION **1/07/2018 - 15/07/2018**

Trained in Mental Health Nursing

EDUCATION

SRI SIDDHARTHA COLLEGE OF NURSING, TUMKUR / RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALORE **2019**

Bsc Nursing
Grades - **First class**

ST. SEBASTIAN'S HIGHER SECONDARY SCHOOL, NEDUMKANDAM **2015**

Board of Higher Secondary Examination, Government of Kerala

ST. SEBASTIAN'S HIGH SCHOOL, NEDUMKANDAM **2013**

Board of Public Examinations, Kerala

PROFESSIONAL REGISTRATION

Name of Council : Karnataka State Nursing council
Registration No : 99645
Registration Date : 29 Dec 2019

KEY SKILLS

- ✓ Excellent communication skills.
- ✓ Good leadership skill
- ✓ Critical thinking
- ✓ Assertiveness

DUTIES AND RESPONSIBILITIES

- ✓ Determination, Dedication and Discipline.
- ✓ Ability to contribute team efforts.
- ✓ Ability to carry out assignments responsibly.
- ✓ Ability to handle difficult and sensitive situations tactfully.
- ✓ Ability to respond well to supervision.
- ✓ Ability to share information with co-workers.
- ✓ Ability to assist with training of new employees as needed.
- ✓ Ability to work and communicate in a positive and cooperative manner with management and supervisory staff, medical staff, co-workers and other healthcare personnel and patients and their families when providing and services, seeking assistance and clarification and resolving problems.,

- ✓ Provide comprehensive nursing care for patients based on scientific approach by planning, implementation and evaluation.
- ✓ Monitoring vital signs.
- ✓ Immediate response to a medicalemergency.
- ✓ Quick assessment on patient needs.
- ✓ Assisting physicians in providing physical assessments and administering treatments.
- ✓ Assisting the physicians in endoscopy, ICD insertion, intubation.
- ✓ Ensuring the proper functions of feeding tubes,ventilators,catheters and other life support equipment.
- ✓ Identify sudden or subtle changes in patient's medical condition.
- ✓ Administration of medications.
- ✓ Assist physicians for different procedures.
- ✓ Proper documentation of nursing care.
- ✓ Meet patients spiritual needs and provide psychological support.
- ✓ Initiate CPR and operate defibrillator.
- ✓ Urinary catheter insertion.
- ✓ Collection of blood samples and IV cannulation.
- ✓ Providing education and support to family members.
- ✓ Responding to life-saving situations ,using nursing standards and protocols of treatment.
- ✓ Treating wounds and providing advanced life support.
- ✓ Consult and coordinate with health care team members about whole patient care plans.
- ✓ Monitor all aspects of patient care including diet and physical activity.

EQEUPMENTS USED AND FAMILIAR WITH

- ✓ Mechanical Ventilators
- ✓ Non- invasive ventilators
- ✓ High flow nasal cannula
- ✓ Cardiac monitor, Pulse oximeter
- ✓ Defibrillator,
- ✓ Syringe pump,Infusionpump,
- ✓ ABGMachine, ECGmachine
- ✓ Glucometer, Nebulizer, SteamInhaler
- ✓ Sterilizers
- ✓ Centralized oxygen and suction devices
- ✓ Laryngoscope, Ambubag
- ✓ Splints and Log roller

EXPERIENCE IN ASSISTING MEDICAL PROCEDURES

- ✓ Endotracheal intubation and ventilator
- ✓ Plural fluid tapping, Ascetic fluid tapping
- ✓ Lumbar Puncture
- ✓ Tracheostomy
- ✓ Arterial line insertion
- ✓ Pigtail insertion
- ✓ Biopsy
- ✓ ICD insertion
- ✓ Suturing
- ✓ CVC insertion, Hemodialysis catheter insertion
- ✓ Endoscopy
- ✓ Naogastric tube insertion
- ✓ Foley's Catheterization
- ✓ Blood transfusion, Plasma exchange.

CERTIFICATES

Haad RN - 3 June 2022
RN - 26 Dec 2019

BLS - 14 Mar 2022
ACLS - 14 Mar 2022

REFERENCE

Sr.Janet - Chief Nursing Officer
Father Muller Medical College Hospital, Kankanady, Mangalore

Mrs.Jyothi Pinto - HR Manager
Father Muller Medical College Hospital, Kankanady, Mangalore
