

Anna James

Mackolil House
Kattappana PO
Idukki, Kerala
India, 685508

+918136926357
annajames5797@gmail.com

A KSMC registered medical doctor with experience in emergency medicine. **ACLS** and **BLS** certified doctor with special interest in **teaching, medical innovation**.
KSMC No - 79933

Experience

St Mary's Hospital / THODUPUZHA, KERALA, INDIA

NABH certified 200 bedded multispeciality hospital

JUNE 2022 - NOVEMBER 2022 / **Casualty Medical Officer** (21 bedded casualty)

- Worked in a team of 2-4 doctors
- Performed initial assessment and advised basic investigations and initial management for patients visiting the casualty
- Managed medical emergencies such as Myocardial Infarction, Unstable arrhythmias, heart failure, stroke, gastrointestinal bleeding, snake bites, sepsis, diabetic ketoacidosis
- Attended surgical and paediatric emergencies, trauma cases
- Performed emergency life saving procedures such as CPR, defibrillation, and intubation
- Attended emergency calls to patients admitted in wards and ICUs

St John's Hospital /KATTAPPANA, KERALA, INDIA

450 bedded multispeciality hospital

MARCH 2021 - MARCH 2022 / **Casualty Medical Officer** (10 bedded casualty)

- Led the multidisciplinary team comprising one doctor, a team of nurses, pharmacists, Ambulance technicians, radiographers, and lab technicians.
- Collected history, Examined and advised basic investigations and performed initial management for patients visiting the casualty
- As the sole attending medical officer, managed a wide range of emergencies such as poisonings, snake bites, trauma, sepsis, electrocution, myocardial infarction, unstable arrhythmias, stroke
- Filled wound certificates, death certificates, clinical documentation.
- Spoke to patients about the condition, discussed management options. This also involved breaking bad news, and DNACPR discussion.

Internship

Jawaharlal Institute of Postgraduate Medical Education and Research (JIPMER) PONDICHERRY, INDIA

INSTITUTE OF NATIONAL IMPORTANCE

DECEMBER 2019 - DECEMBER 2020

- Worked in departments of Medicine (1.5 months), Surgery (1.5 months), Obstetrics and Gynaecology (2 months), Pediatrics and neonatology (1 month), Orthopaedics and PMRC (1 month), Community medicine (2 months), Psychiatry (15 days), Anaesthesiology (15 days), Casualty (15 days), Ophthalmology (15 days), Oto-Rhino-Laryngology (15 days), Dermatology (15 days)
- Performed procedures such as iv cannulation, foley's catheterisation, NG tube insertion, ABGs, venous blood sampling, wound debridement and suturing, foreign body removal, ascitic fluid tapping, throat and wound swabs, assisted in surgeries

Education

Jawaharlal Institute of Postgraduate Medical Education and Research (JIPMER) PONDICHERRY, INDIA

JULY 2015 - NOVEMBER 2019 / MBBS

Medical Innovation

- Participated in **Medtech Hackathon** conducted by IIT Madras HTIC Medtech incubator on May 11-13, 2018 and developed a prototype of an application to assist hearing impaired
- Filed a provisional patent for Capillary refill analysis integrating machine learning and image processing. IPI CBR 4794
- Attended Clinician Innovators' Workshop - AIIMS Delhi, 2018

Teaching Experience

Jawaharlal Institute of Postgraduate Medical Education and Research (JIPMER)

- JULY 2022 - December 2022 / Emergency Medicine Teaching programme for Undergraduate students via webinars
- February to April 2022 / Conducted classes on Sexual Health for over 500 students in 6 schools
- JANUARY 2020 - FEBRUARY 2020 / Mentored 9 third year students in clinical and procedural skills

Volunteer Experience

- Headed the JIPMER chapter of Ashwin Maharaj Foundation (A Non profit organisation providing nutritional support and music therapy for cancer patients)
- Delivered a talk on Non Communicable diseases - Christ college, Puliyanmala, Kerala, India

**Language
Fluency**

English - fluent / IELTS band score 8

Malayalam - fluent

Hindi - Speaking, Reading, Writing

Tamil - Speaking

**Hobbies &
Interests**

Played bass guitar for JIPMER band

Enjoy travelling and adventure sports.