

# AALIYA FAHEEM

North Kalamassery

Ernakulam, Kerala

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8848720328

## CAREER OBJECTIVE

A passionate and enthusiastic nutrition graduate seeking for a job as a Dietitian in reputed health care institution.

To become a positive addition of an organization where I can fully utilise my skills and make a significant contribution to the success of the organization and at the same time my individual growth.

## EDUCATIONAL QUALIFICATION

S.No	Course	School/ College/ Institution	Board/ University	Year of passing	Percentage (%)
1.	M.Sc. Foods and Nutrition	RVS College of Arts and Science	Bharathiyar University	2022	83
2.	B.Sc.Nutrition and Dietetics	RVS College of Arts and Science	Bharathiyar University	2020	78
3.	HSC	IES Public School	CBSE Board	2017	76
4.	SSLC	IES Public School	CBSE Board	2015	90

## AREAS OF INTEREST

- Diet Counseling
- Clinical Nutrition
- Quality Controlling
- Diet Setting
- Recipe Development

## EXPERIENCE

Underwent 6 months Internship in Kovai Medical Centre and Hospital (KMCH), Coimbatore.

Completed 1 month Internship at Ganga Hospital, Coimbatore.

Completed 23 days Internship at Renai Medicity, Ernakulam.

Underwent 1 week Food Processing Internship at K R Bakes, Coimbatore.

Underwent 8 days Food Processing Internship at MILMA Diary, Ernakulam.

## **PROJECTS**

Formulation and Standardisation of Pomegranate Peel Powder incorporated Chakli.

A Study on Nutritional Status of Hypertensive Adult Patients in Coimbatore and Impact of Nutrition Education.

## **DOMAIN SKILLS**

Assessing Patients

Prepare Diet chart

Diet Counseling

Quality Controlling

Safe Food Handling

## **SKILLS**

Adaptability

Communication

Quick learner

Decision making

## **TECHNICAL SKILLS**

MS Word

MS PowerPoint

MS Excel

## **AWARDS**

Completed HACCP and GMP Awareness and Implementation Training Programme.

Completed Certificate, Diploma and Advanced Diploma in Food Processing.

## **ACHIEVEMENTS**

Participated in National Level Webinar on “Natural Poshan with Nutrient Fortified Food” organised by Avinashilingam Institute for Home Science and Higher Education for Women.

Participated in International Webinar on “Food Safety Policies and Regulation” organised by College of Community Science in collaboration with NAHEP.

Participated in International Webinar on “Nutritional Genomics” organised by Seethalakshmi Ramaswami College.

## **EXTRA-CURRICULAR ACTIVITIES**

Awarded second prize in Cooking Competition organized by RVS Institute of Management Studies and Research.

Participated in “Nutri E- Quiz” conducted by various colleges 2020.

## **STRENGTHS**

Patience

Punctuality

Obedience

Determination and Dedication

## **HOBBIES**

Trying new recipes

Listening music

Drawing

## **PERSONAL DETAILS**

Father's Name: K A Pareethu Pillai

Mother's Name: Shimja Pareethu Pillai

Date of Birth: 11.07.1999

Languages Known: English, Malayalam, Tamil and Hindi

## **DECLARATION**

I hereby declare that the above given information is true and correct to the best of my knowledge

Place: Ernakulam

Aaliya Faheem