



SONA K VARUGHESE

Kerala, Pathanamthitta

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CAREER OBJECTIVE

Driven and self-motivated professional Nurse searching for a leadership role in a hospital setting. Seeking a role to demonstrate my advanced motivational skills, dedication to efficiency and boosting morale of nursing staff. Enthusiastic beginner Nurse excited to apply my Bachelor of Science in Nursing to a fast-paced emergency room. Bringing my time-management and critical-thinking abilities to a hospital setting.

SYNOPSIS

Study to assess knowledge of ABG Analysis and Interpretation.

SCHOLASTIC

- 2022: Vydehi Institute Of Medical Sciences And Research Centre, Bangalore.
(Rajiv Gandhi University of Health Science, Bengaluru, Karnataka).
- 2018: 12th from Carmel Convent English Medium School, Thadiyoor (CBSE Board).
- 2016: 10th from Carmel Convent English Medium School, Thadiyoor (CBSE Board).

ACCOMPLISHMENT

Clinical competencies in various department of critical care unit for 24 weeks in 1609 bedded Vydehi Multispecialty Hospital.

SKILLS

- Patient Assessment
- IV-Line Placement and Infusions
- Patient safety and Infection Control
- CPR and BLS skills
- Administering Medication
- Maintaining accurate records, reports and medical information of patients
- Monitoring, recording and reporting symptoms of patients
- Preparing patients for examinations and treatments
- Helping patients' caretakers or family members in taking care of patient
- Maintaining the supply of consumables and equipment required
- Administration of medications

- Bedside care and procedures
- Teamwork
- Flexibility
- Leadership
- Critical Thinking
- Time Management

EQUIPMENT USED

- Cardiac monitor
- Suction Apparatus
- Ambubag
- Glucometer
- Oxygen cylinder
- Pulse Oximeter
- Laryngoscope
- Nebulizer
- Steam inhaler
- ECG machine (Manual and Automatic)

INTERESTS

- OT
- ICU
- EMD

LANGUAGES

- English
- Malayalam
- Kannada
- Hindi

DECLARATION

I assure that the above furnished information is true according to the best of my knowledge and belief.

Place: Pathanamthitta, Kerala

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