

THANSEEM TT

HSE OFFICER

Being a young resourceful HSE OFFICER with almost 6 years' experience, intend to build a career by working with a professionally managed growth oriented organization in a more challenging capacity



DOB ; 03/07/1993

Marital status; single

Religion : Islam

passport no ; M9943990


TRAINING


In plant training in Fertilizers And Chemicals Travancore Ltd, Udyogamandal, Cochin


Fire Prevention and Fire Fighting training from Cochin Shipyard Ltd-2016


Basic Fire watcher and first aid training from National Centre for management and training , Abu Dhabi -2022

CONTACT

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 kochi ,kerala

EDUCATION

2011 - 2014

Maharajas College, Cochin, Kerala

**Bachelor of Science, Physics
Instrumentation**

CERTIFICATIONS

NEBOSH international general certificate-2016

IOSH managing safety -2016

Diploma in industrial and fire safety

PG diploma in industrial instrumentation

SKILLS & CORE COMPETENCIES

Risk assessment and hazard identification

Safety management

Emergency response and disaster management

Permit coordinator

Fire fighting

Task management

MS Office

EXPERIENCE

SMART HOME TECHNOLOGIES Abu Dhabi, as HSE ENGINEER

March 2022- November 2022

2.1 GW AL DHAFRA PV2 INDEPENDENT POWER PROJECT

- Implementing HSE standard as per client and HSE regulation.
- Ensure Tool Box Talks, coordinate with job performer and supervisor
- Identifying & rectifying the workplace unsafe conditions and unsafe acts.
- Reporting the unsafe acts and conditions to management and follow up for the close out.
- Prepare applicable HSE reports
- Verifying permit to work documents and machineries ,equipment's ,,hse checklists
- Verifying and keeping equipment's ,machineries ,operators third party certificates
- Monitor to ensure compliance with standards and procedures.
- Preparing task risk assessment for all activities, implementation and assist in compliance reviews.
- Participating in walk through and HSE Meetings with Safety management.
- Preparing HSE statistics reports for the HSE or management meetings
- Assisting in emergency response and provide first aid treatment.
- Monitoring in Health & Welfare facilities at workplace.

ADVANCED PETRO SERVICES LLC, Abu Dhabi

February 2020 — February 2022 as HSE officer

Client: **BOROUGE (Adnoc shutdown project)**

Procurement and construction for plant modification works for B1TA -TA 2022 at borouge-17 pmps

- Implementing HSE standard as per client and HSE regulation.
- Ensure Tool Box Talks, coordinate with job performer and supervisor
- Identifying & rectifying the workplace unsafe conditions and unsafe acts.
- Reporting the unsafe acts and conditions to management and follow up for the close out.
- Prepare applicable HSE reports
- . Conduct emergency evacuation drills in frequent intervals
- Monitor to ensure compliance with ADNOC standard sand procedures.
- Preparing task risk assessment for all activities, implementation and assist in compliance reviews.
- Participating in walk through and HSE Meetings with Safety management.
- Preparing HSE statistics reports for the HSE or management meetings
- Assisting in emergency response and provide first aid treatment.
- Monitoring in Health & Welfare facilities at workplace.

RF exports (Febin Marine Foods) Chandiroor

**April 2018 —September 2019
as HSE Officer**

- Applying standard safety procedures within the Work place and area of operations
- Monitor and ensure smooth operations of machineries, equipment's, and its legal documentation
- Arrange and conduct internal training for all workers including weekly TBT
- Plant activities monitoring and advice corrective measures
- Monitoring noise, temperature control measures including PPE for workers
- Taking active participation in risk assessment, permit to work, accident/ incident investigations and preparing detailed report
- Carrying out periodic inspections at machine rooms, processing plant, equipment's and Tools
- Periodic inspection and checking of fire pumps, fire extinguishers and smoke detectors
- Monitor and ensure suitable and sufficient welfare measures provided in the site reasonably practicable level
- Actively involved in audits such as BRC, BAP, ASC, IFS, UKAS
- Preparing of safety documentations.
- Actively promoting hazard identification, reporting and elimination of control

**AAG INDIA / UPDATER SERVICES, Kochi
Client: RESERVE BANK OF INDIA**

February 2020 – October 2021 as FIRE & SAFETY SUPERVISOR

- Participate in training, drills in firefighting ,emergency medical care ,disaster response and specialized rescue
- Perform firefighting work ,including preventing , combating and extinguishing fires to protect lives
- Effectively analyze hazardous situations and take appropriate course of action
- Perform general maintenance work of fire equipment and facilities
- Carrying out routine safety walks in office premises
- Operate fire equipment's and tools appropriately

**MARY MATHA CONSTRUCTIONS Pvt
Ltd Cochin**

**October 2017 - January 2018 as Safety
Officer**

**Client: Info Park Cochin, Multi-level CarParking
Project**

- Ensure monitoring daily toolbox talks and conducting safety meetings
- Assisting in carry out periodical inspection of equipment and tools, crane & lifting gear etc. along with concerned competent personal
- Implementing all excavation procedures (permits, checklists, barricading, signages, access etc.)
- Identification of unsafe condition and reporting to the department engineer on time
- Ensure all incident, accident, near miss reported
- Applying standard safety procedures within the work place and area of operations
- Ensure and verify all activities has relevant permits (excavation, work at height, lifting, hot works, confined space permits etc.)
- Monitoring dust, noise, temperature control measures including PPE for worker

AARKAY ERECTORS PVT LTD, cochin

June 2015 — September 2017 as

Officer

Client: Cochin Refinery

- Ensure monitoring daily toolbox talks and conducting safety meetings
- Assisting in carry out periodical inspection of equipment and tools, crane & lifting gear etc. along with concerned competent personal
- Monitor and ensure smooth operations of equipment and legal documentation
- Ensuring fire and electrical safety (hot work permits, availability of fire extinguishers, appropriate housekeeping, and approved electrical power source and appliance)
- Reporting-ensure all incident, accident, near miss reported
- Ensure and verify all activities has relevant permits (work at height, lifting, hot works, and confined space permits etc.)
- Monitoring and testing gas, dust, noise, temperature control measures including PPE for workers